

Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Avg Nutrients Target
				1	
				<b>Corndog</b>	Calories...758
				BBQ Sandwich	Cholesterol...56 mg
				<b>Chicken</b> Sandwich	Sodium.1327 mg
				<b>Spicy Chicken</b> Sandwich	Sugar 29.7 g
				Pizza	Carbohydrates 100.2 g
				<b>Baked Beans</b>	
				French Fries	
				<b>Juice</b>	
				Mandarin Oranges	
				Cookies	
4	5	6	7	8	
Grilled Chicken Sandwich	Chili	Beef Taco & Chips	Country Fried Steak	<b>Corndog</b>	Calories...809
Cheeseburger	Fish Sandwich	<b>Chicken</b> Sandwich	Pork Roast w/Gravy	BBQ Sandwich	Cholesterol...86 mg
<b>Chicken</b> Sandwich	<b>Chicken</b> Sandwich	<b>Spicy Chicken</b> Sandwich	Combread	<b>Chicken</b> Sandwich	Sodium.1535 mg
<b>Spicy Chicken</b> Sandwich	<b>Chicken Chunks</b>	Pizza	<b>Chicken</b> Sandwich	<b>Spicy Chicken</b> Sandwich	Sugar 39.1 g
Pizza	<b>Roll</b>	French Fries	<b>Chicken Chunks Buffalo</b>	Pizza	Carbohydrates 104.3 g
French Fries	Potato Rounds	Lettuce & Tomato	Pizza	<b>Baked Beans</b>	
Lettuce & Tomato	Green Beans	Corn	Rice / Tomatoes	French Fries	
Fruit Cocktail	Rip Tide Slushie	Mandarin Oranges	Turnips	Peaches	
Applesauce cup	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	<b>Juice</b>	
		<b>Strawberry Cupcake</b>	Pears	Cupcake	
11	12	13	14	15	
Hamburger	Beef Vegetable Soup	Chicken Teriyaki Nuggets	Baked <b>Chicken /Roll</b>		Calories...809
<b>Chicken Chunks</b>	Toasted Cheese Sandwich	Country Fried Steak	<b>Chicken</b> Sandwich		Cholesterol...86 mg
<b>Chicken</b> Sandwich	PB&J Sandwich	<b>Chicken</b> Sandwich	Pizza	<b>Winter Break</b>	Sodium.1535 mg
Pizza	<b>Chicken</b> Sandwich	<b>Chicken Spicy</b> Sandwich	Mashed Potatoes w/Gravy		Sugar 39.1 g
Mac & Cheese	<b>Spicy Chicken</b> Sandwich	Pizza	Seasoned Green Beans		Carbohydrates 104.3 g
<b>Roll</b>	Pizza	Scalloped Potato	<b>Fresh Fruit</b>		
Blackeyed Peas	Lettuce & Tomato	Steamed Broccoli & Cheese	Strawberry Cup		
Carrots	Corn	<b>Roll</b>			
Fruit Cocktail	Diced Pears	<b>Fresh Fruit</b>			
Applesauce cup	<b>Fresh Fruit</b>	Peaches			
18	19	20	21	22	
	Chili	Beef Taco & Chips	Country Fried Steak	<b>Corndog</b>	Calories...809
	Fish Sandwich	<b>Chicken</b> Sandwich	Pork Roast w/Gravy	BBQ Sandwich	Cholesterol...86 mg
<b>Winter Break</b>	<b>Chicken</b> Sandwich	<b>Spicy Chicken</b> Sandwich	Combread	<b>Chicken</b> Sandwich	Sodium.1535 mg
	<b>Chicken Chunks</b>	Pizza	<b>Chicken</b> Sandwich	<b>Spicy Chicken</b> Sandwich	Sugar 39.1 g
	<b>Roll</b>	French Fries	<b>Chicken Chunks Buffalo</b>	Pizza	Carbohydrates 104.3 g
	Potato Rounds	Lettuce & Tomato	Pizza	<b>Baked Beans</b>	



	Green Beans	Corn	Rice / Tomatoes	French Fries	
	Rip Tide Slushie	Manderin Oranges	Turnips	Peaches	
	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	<b>Fresh Fruit</b>	Cupcake	
		<b>Strawberry Cupcake</b>	Pears		
25	26	27	28		
Hamburger	<b>Manager Choice</b>	Chicken Teriyaki Nuggets	Baked <b>Chicken /Roll</b>		Calories...853
<b>Chicken Chunks</b>	<b>on</b>	Country Fried Steak	<b>Chicken</b> Sandwich		Cholesterol...66 mg
<b>Chicken Sandwich</b>	<b>all Lines</b>	<b>Chicken</b> Sandwich	Pizza		Sodium.1306 mg
Pizza		<b>Chicken Spicy</b> Sandwich	Mashed Potatoes w/Gravy		Sugar 58.2 g
Mac & Cheese		Pizza	Seasoned Green Beans		Carbohydrates 134.0 g
<b>Roll</b>		Scalloped Potato	<b>Fresh Fruit</b>		
Blackeyed Peas		Steamed Broccoli & Cheese	Strawberry Cup		
Carrots		<b>Roll</b>			
Fruit Cocktail		<b>Fresh Fruit</b>			
Applesauce cup		Peaches			
Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.					
<b>Georgia Grown</b>		<b>Menu subject to change based on availability.</b>		<b>Locally Grown</b>	
Offered Daily a Salad plate and Bag Lunch					