

Arrow Academy Wellness Policy Assessment Tool

<input type="checkbox"/> Champions <input type="checkbox"/> Harvest <input type="checkbox"/> Liberation <input type="checkbox"/> SOS				
	Fully In Place	Partially In Place	Not in Place	Example/Comment
Nutrition Guidelines				
Campus does not sell competing foods and drinks on campus during the school day including fund raisers.	x			
Campus does not market or advertise food or beverage that does not meet Smart Snack or National School Lunch Program standards.	x			
Wellness Goals				
Students receive education on healthy eating.	x			during PE and Social Studies as it comes up in the curriculum
Nutrition education is integrated into classroom curriculum.	x			With PE
Campuses only allow outside food that has nutrition labeling to be brought into classrooms.	x			
Nutrition staff participates in district provided development training and huddles.	x			Monthly huddles and weekly communication
Positive nutritional messaging and promotion occurs in the cafeteria and the classroom.	x			posters, flyers
Educational nutrition information is shared with families and the general public.	x			monthly menus
Physical Activities				
Campus provides at minimum the required amount of physical activity and physical education to students.	x			
Physical education classes emphasize moderate to vigorous activity.	x			
Teachers incorporate physical activity into the academic curriculum.	x			Brain Gym breaks, morning engagement
Educational fitness information is shared with families and the general public.	x			Family fitness activities
Families are encouraged to be active role models and to include physical activity in family events.	x			
Implementation				
Campus completes an annual assessment of the implementation of the Wellness Policy.		x		

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