



### Education Code:

Under David's Law, Texas public schools will have the authority to address cyberbullying that occurs off-campus. Schools will be required to notify a bullying victim's parents of a bullying incident within three business days after the incident is reported and must notify the parents of an aggressor within a reasonable amount of time. School procedures for reporting bullying incidents must include anonymous reporting for students. Schools will be able to expel students who engage in very serious bullying.

<http://www.davidlegacy.org/davids-law/>

Download a printable PDF summary:

<http://www.davidlegacy.org/wp-content/uploads/2017/10/Davids-Law-One-Pager-R2.pdf>

## HOW TO REPORT

1. [Http://www.kisd.org/tips](http://www.kisd.org/tips)
2. QuickTips Reporting link on [www.kisd.org](http://www.kisd.org)
3. Download QuickTips app for your mobile device (Enter KISD as the location code.)
4. Campus Office – box for anonymous paper submissions

## MORE CONTACT INFO



### KILGORE ISD

301 N. KILGORE ST.  
KILGORE, TX 75662  
PHONE: 903-988-3900

WEB: [WWW.KISD.ORG](http://www.kisd.org)  
QUICKTIPS REPORTING –  
[HTTP://WWW.KISD.ORG/TIPS](http://www.kisd.org/tips)

## SUPPORT ORGANIZATIONS AND HOTLINES

AMERICAN FOUNDATION FOR SUICIDE PREVENTION (OUTSIDE SOURCE):  
(888) 333-2377, [HTTPS://AFSP.ORG/](https://afsp.org/)

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES CHILD WELFARE  
INFORMATION GATEWAY (OUTSIDE SOURCE):  
[HTTPS://WWW.CHILDWELFARE.GOV/](https://www.childwelfare.gov/)

NATIONAL CRIME PREVENTION COUNCIL (OUTSIDE SOURCE):  
[HTTP://WWW.NCPC.ORG/TOPICS/BULLYING](http://www.ncpc.org/topics/bullying)

NATIONAL DOMESTIC VIOLENCE (OUTSIDE SOURCE): HOTLINE (800) 799-  
7233, (800) 787-3224 (TTY) , [HTTP://WWW.THEHOTLINE.ORG/](http://www.thehotline.org/)

MENTAL HEALTH AMERICA (OUTSIDE SOURCE): (800) 969-6642 ,  
[HTTP://WWW.MENTALHEALTHAMERICA.NET/](http://www.mentalhealthamerica.net/)

KIDSPEACE (OUTSIDE SOURCE): (800) 257-3223

NATIONAL RUNAWAY SAFELINE (OUTSIDE SOURCE): (800) 786-2929,  
[HTTPS://WWW.1800RUNAWAY.ORG/](https://www.1800runaway.org/)

NATIONAL VICTIM CENTER (OUTSIDE SOURCE): (202) 467-8700,  
[HTTP://VICTIMSOFCRIME.ORG/](http://victimsofcrime.org/)

TREVOR HELPLINE FOR GAY, LESBIAN AND BISEXUAL YOUTH (OUTSIDE  
SOURCE): (866) 488-7386, [HTTPS://WWW.THETREVORPROJECT.ORG](https://www.thetrevorproject.org)

NATIONAL SUICIDE PREVENTION LIFELINE (OUTSIDE SOURCE): (800) 273-  
8255, [HTTP://WWW.SUICIDEPREVENTIONLIFELINE.ORG/](http://www.suicidepreventionlifeline.org/)

1 IN 5 MINDS (OUTSIDE SOURCE): [HTTP://WWW.1IN5MINDS.ORG/STRONG-  
MINDS-HAPPY-HEARTS](http://www.1in5minds.org/strong-minds-happy-hearts)

# BULLYING

## What is it and how can we stop it?



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[WWW.KISD.ORG](http://www.kisd.org)

KILGORE ISD –  
INFORMATION ON  
BULLYING



## WHAT DOES BULLYING MEAN?

**BULLYING OCCURS WHEN A PERSON IS EXPOSED, REPEATEDLY AND OVER TIME, TO NEGATIVE ACTIONS ON THE PART OF ONE OR MORE OTHER PERSONS, AND HE OR SHE HAS DIFFICULTY DEFENDING HIMSELF OR HERSELF. IT IS AGGRESSIVE BEHAVIOR THAT INVOLVES UNWANTED, NEGATIVE ACTIONS. IT INVOLVES A PATTERN OF BEHAVIOR REPEATED OVER TIME. IT INVOLVES AN IMBALANCE OF POWER OR STRENGTH.**

[https://tea.texas.gov/Texas\\_Schools/Safe\\_and\\_Health\\_y\\_Schools/Coordinated\\_School\\_Health/Coordinated\\_School\\_Health\\_-\\_Bullying\\_and\\_Cyber-bullying/](https://tea.texas.gov/Texas_Schools/Safe_and_Health_y_Schools/Coordinated_School_Health/Coordinated_School_Health_-_Bullying_and_Cyber-bullying/)

## EXAMPLES

### VERBAL BULLYING

**VERBAL BULLYING INCLUDES NAME CALLING, INSULTS, TEASING, INTIMIDATION, HOMOPHOBIC OR RACIST REMARKS, OR VERBAL ABUSE. WHILE VERBAL BULLYING CAN START OFF HARMLESS, IT CAN ESCALATE TO LEVELS WHICH START AFFECTING THE INDIVIDUAL TARGET.**

### CYBERBULLYING (VIA CELL PHONE OR INTERNET)

**CYBER BULLYING CAN BE OVERT OR COVERT BULLYING BEHAVIORS USING DIGITAL TECHNOLOGIES, INCLUDING HARDWARE SUCH AS COMPUTERS AND SMARTPHONES, AND SOFTWARE SUCH AS SOCIAL MEDIA, INSTANT MESSAGING, TEXTS, WEBSITES AND OTHER ONLINE PLATFORMS.**

**CYBER BULLYING CAN HAPPEN AT ANY TIME. IT CAN BE IN PUBLIC OR IN PRIVATE AND SOMETIMES ONLY KNOWN TO THE TARGET AND THE PERSON BULLYING. CYBER BULLYING CAN INCLUDE:**

- **ABUSIVE OR HURTFUL TEXTS EMAILS OR POSTS, IMAGES OR VIDEOS**
- **DELIBERATELY EXCLUDING OTHERS ONLINE**
- **NASTY GOSSIP OR RUMORS**
- **IMITATING OTHERS ONLINE OR USING THEIR LOG-IN**

**TOGETHER  
WE CAN BE  
BULLY FREE!**

<https://www.ncab.org.au/bullying-advice/bullying-for-parents/types-of-bullying/>



## EXAMPLES

### PHYSICAL BULLYING

**PHYSICAL BULLYING INCLUDES HITTING, KICKING, TRIPPING, PINCHING AND PUSHING OR DAMAGING PROPERTY. PHYSICAL BULLYING CAUSES BOTH SHORT TERM AND LONG TERM DAMAGE.**

### SOCIAL BULLYING

**SOCIAL BULLYING, SOMETIMES REFERRED TO AS COVERT BULLYING, IS OFTEN HARDER TO RECOGNIZE AND CAN BE CARRIED OUT BEHIND THE BULLIED PERSON'S BACK. IT IS DESIGNED TO HARM SOMEONE'S SOCIAL REPUTATION AND/OR CAUSE HUMILIATION. SOCIAL BULLYING INCLUDES:**

- **LYING AND SPREADING RUMORS**
- **NEGATIVE FACIAL OR PHYSICAL GESTURES, MENACING OR CONTEMPTUOUS LOOKS**
- **PLAYING NASTY JOKES TO EMBARRASS AND HUMILIATE**
- **MIMICKING UNKINDLY**
- **ENCOURAGING OTHERS TO SOCIALLY EXCLUDE SOMEONE**
- **DAMAGING SOMEONE'S SOCIAL REPUTATION OR SOCIAL ACCEPTANCE.**

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