



September 2018 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>Grades 9-12 Breakfast</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
9-3 LABOR DAY HOLIDAY	9-4 ★ Egg & Cheese Wrap V ★ Fruit- S ★ Fruit Juice ★ Got Milk	9-5 ★ Cinnamon Pancakes or French Toast Trio V ★ Fruit - S ★ Fruit Juice ★ Got Milk	9-6 ★ Beef Chorizo & Cheese Wrap ★ Fruit- S ★ Fruit Juice ★ Got Milk	9-7 ★ Café LA Coffee Cake - V ★ Fruit- S ★ Fruit Juice ★ Got Milk
9-10 ★ Cinnamon Pancakes or French Toast Trio V ★ Fruit- S ★ Fruit Juice ★ Got Milk	9-11 ★ Morning Beef Sausage Sandwich ★ Fruit - S ★ Fruit Juice ★ Got Milk	9-12 ★ Fiesta Bean & Cheese Burrito V ★ Fruit - S ★ Fruit Juice ★ Got Milk	9-13 ★ Egg & Cheese Sandwich V ★ Fruit- S ★ Fruit Juice ★ Got Milk	9-14 ★ Grape Crescent - V ★ Fruit- S ★ Fruit Juice ★ Got Milk
9-17 ★ Crunchy Cereal with String Cheese V ★ Fruit- S ★ Fruit Juice ★ Got Milk	9-18 ★ Egg & Cheese Wrap V ★ Fruit- S ★ Fruit Juice ★ Got Milk	9-19 ★ Cinnamon Pancakes or French Toast Trio V ★ Fruit - S ★ Fruit Juice ★ Got Milk	9-20 ★ Beef Chorizo & Cheese Wrap ★ Fruit- S ★ Fruit Juice ★ Got Milk	9-21 ★ Café LA Coffee Cake - V ★ Fruit- S ★ Fruit Juice ★ Got Milk
9-24 ★ Cinnamon Pancakes or French Toast Trio V ★ Fruit- S ★ Fruit Juice ★ Got Milk	9-25 ★ Morning Beef Sausage Sandwich ★ Fruit- S ★ Fruit Juice ★ Got Milk	9-26 ★ Fiesta Bean & Cheese Burrito V ★ Fruit - S ★ Fruit Juice ★ Got Milk	9-27 ★ Egg & Cheese Sandwich V ★ Fruit- S ★ Fruit Juice ★ Got Milk	9-28 ★ Manager's Choice ★ Fruit- S ★ Fruit Juice ★ Got Milk

All of the Grain/Bread items served are whole grain.
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free
 ★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit
S: Items with an (S) can be saved for later **V**: Vegetarian items