

Breakfast November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Golden Grahams Animal Crackers Pears Milk	2 Mini Wheats WW Toast Peanut Butter Mixed Fruit Milk	3
4	5 Honey Nut Cheerios Pears Cheese Stick Juice Milk	6 English Muffin Peanut Butter Yogurt Craisins Milk	7 Breakfast Burrito Hashbrown Mandarin Oranges Milk	8 Mini Wheats WW Cinnamon Toast, Peaches Juice Milk	9 NO SCHOOL	10
11	12 Golden Grahams WW Toast/Jelly Mixed Fruit Juice Milk	13 Mini Wheats Donut Apple Milk	14 Honey Nut Cheerios, Cinnamon Roll, Pineapple Milk	15 Lucky Charms Yogurt Peaches Milk	16 French Toast Sausage Applesauce Milk	17
18	19 Life Cereal Cheese Stick Pears Juice Milk	20 Golden Grahams Bagel Apple, Juice Milk	21 Pancakes Syrup Ham Peaches Milk	22 NO SCHOOL	23 NO SCHOOL	24
25	26 Lucky Charms WW Cinnamon Toast Juice Milk	27 French Toast Stix Apple Juice Milk	28 Scrambled Eggs & Ham Mandarin Oranges Milk	29 Hot Cereal Craisins Applesauce Milk	30 Golden Grahams Cinnamon Pop Tart Pears Milk	

LUNCH NOVEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Pancakes Ham, Hashbrown Strawberries & Bananas Milk	2 Nachos/Meat Refried Beans Salsa, Sour Cream Celery & Carrots Pineapple, Milk	3
4	5 Soft Shell Taco Lettuce, Tomato Cheese, Salsa Sour Cream, Corn Orange Milk	6 Pulled Pork Sandwich Cottage Cheese Cucumbers & Carrots Apple Milk	7 Chicken & Noodles WW Roll Broccoli & Cheese Grapes Milk	8 Tater Tot Casserole Green Beans Breadstick Mandarine Oranges Milk	9 NO SCHOOL	10
11	12 Cheeseburger Lettuce, Tomato Pickle Tater Tots Peaches Milk	13 Chicken Strips BBQ Sauce Rice Fresh Broccoli Orange Milk	14 Corn Dog Fries Baby Carrots Banana Milk	15 Thanksgiving Dinner	16 Spaghetti Romaine Salad Breadstick Mixed Fruit Milk	17
18	19 Chicken Stir Fry Egg Roll Applesauce Milk	20 Macaroni & Cheese, Meatballs Corn, Apple Milk	21 Turkey & Cheese Sandwich French Fries Lettuce, Pickles Broccoli, Orange Milk	22 NO SCHOOL	23 NO SCHOOL	24
25	Chicken Nuggets Sweet & Sour, Romaine Salad Buttered Noodles, Pears Milk	27 Ham & Scalloped Potatoes Broccoli & Cauliflower Mixed Fruit Milk	28 Hamburger Gravy Mashed Potato Bread/Butter, Baby Carrots, Pineapple Milk	29 Chicken Noodle Soup WW Roll Corn, Applesauce Milk	30 Hamburger Lettuce, Pickles Tomato, Fries Green Beans Mandarine Oranges Milk	