

Somerville ISD

SHAC & Wellness Committee Meeting Minutes

January 28, 2019

Mission:

Somerville ISD School Health Advisory Council is committed to teaching students to achieve personal health and wellness.

Vision:

Increase student health and happiness by developing physical and mental health awareness through education.

Department Updates: Nutrition

Services- Renee Mantey

- Breakfast & Lunch menu now on 4 week schedule
- Offer vs. Serve still being implemented in cafeteria
- New food items – Bacon Ranch Flatbread, Baked Potato for PK-12th, Chef Salad offered all grades, and Chicken Parmesan.
- Future plans for taste testing
- Cafeteria will start compost again for the school garden
- Working with city on recycling cardboard and plastic

Elementary PE & Health Education- Mr. Darryl Ellis

- On a 10 day schedule - PE is held on 8 of the 10 days. Health is twice. Each lasts 50 minutes.
- The Great Body Shop is a The Texas Education Agency approved program being taught.
- High School has added back in a one semester Health class

Counselor Report- Mrs. Idlebird & Mr. Pinkerton

School Health Services- Ashley Rodriguez

- Vision & Hearing screenings completed on PK, KG, 1st, 3rd, 5th, 7th, and all new students.
- Immunizations are current and up to date on all students in elementary & secondary. State Immunization Report due October 27th.

- Spinal Screening to begin in November on 5th & 7th grade girls and 8th grade boys. In compliance with Health and Safety Code, Chapter 37, all children shall undergo screening for abnormal spinal curvature in accordance with the following schedule:
Girls will be screened two times, once at age 10 (or fall semester of grade 5) and again at age 12 (or fall semester of grade 7).
Boys will be screened one time at age 13 or 14 (or fall semester of grade 8).

Employee Wellness- Karla Sparks

- All administrators completed Mental Health First Aide in August 2018
- Mark Ybarra from Region 6 came and trained staff on Mental Health and First Aid

Healthy School Environment/Policy – S. Longoria & J. Wood

- Teachers to keep all doors to classrooms and other rooms locked at all times.
- All doors to campus locked. Visitors enter main entrance to school.
- All visitors having to sign in at front desk and show picture ID before entering the school. Visitors are given a visitor badge.
- Secondary teachers to stand outside classroom between classes to monitor students in hallways.
- School Resource Officer on campus during school hours Monday – Friday.
- Presentation to all secondary students on the harmful effects of vaping.

Family/Community Involvement –

- Picnic Partners at elementary
- Youth sports have been more integrated into school activities
- Bullying presentation given to student and parents by Mr. Ybarra from Region IV.

Future Meeting Dates: February 25th @ 5pm, March 25 @ 5pm, April 29 @ 5pm

Committee reviewed the Wellness Plan

Parent/Community members will be emailed the PowerPoint to discuss in February

Suggestions included:

- More than one field day at elementary

Members:

Renee Mantey
Christina Hernandez
Angela Vela
Stephanie Longoria
Jennifer Wood

Meeting adjourned at 5:50