

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

**Menu Name:** COLEMAN BREAKFAST

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 04/01/2019

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001461 Cinnamon Toast Crunch	Each	41	94	131	7	18.04	1.23
000799 French Toast Sticks w/Syrup	3 sticks	59	221	194	18	39.50	4.12
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001126 Apple Juice	4oz SERVING	71	43	4	9	9.94	0.00
000733 Orange Juice	4oz SERVING	22	13	0	3	2.86	*N/A*
000589 White Milk	each	33	33	41	4	3.96	2.64
000588 Chocolate Milk	each	44	48	44	8	8.36	3.52
Weighted Daily Average			472	414	52	87.09	*11.51
% of Calories					44.1%	73.8%	*9.8%
Weekly Nutrient Guideline			400 - 550	600			

### Tuesday - 04/02/2019

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990045 Marshmallow Mateys	2oz	39	82	148	9	18.33	1.56
001457 Sausage & Biscuit	sandwich	61	160	327	2	17.32	7.38

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

000215 Sliced Pears	1/2CUP	61	52	9	9	12.17	0.61
001126 Apple Juice	4oz SERVING	33	20	2	4	4.62	0.00
000733 Orange Juice	4oz SERVING	44	26	0	5	5.72	*N/A*
000589 White Milk	each	31	31	39	4	3.72	2.48
000588 Chocolate Milk	each	61	67	61	11	11.59	4.88
Weighted Daily Average			438	586	44	73.48	*16.91
% of Calories					40.2%	67.1%	*15.4%
Weekly Nutrient Guideline			400 - 550	600			

Wednesday - 04/03/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990028 Cocoa Puffs	Bowl	20	38	52	2	8.00	1.00
001494 Hachie Breakfast	1 Each	80	195	481	1	20.49	12.57
001448 Applesauce Cup	Each	61	30	0	7	8.54	0.00
001126 Apple Juice	4oz SERVING	22	13	1	3	3.08	0.00
000733 Orange Juice	4oz SERVING	77	46	0	9	10.01	*N/A*
000589 White Milk	each	59	59	74	7	7.08	4.72

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000588 Chocolate Milk	each	31	34	31	6	5.89	2.48
Weighted Daily Average			416	639	35	63.09	*20.77
% of Calories					33.7%	60.7%	*20.0%
Weekly Nutrient Guideline			400 - 550	600			

### Thursday - 04/04/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990099 Honey Scooters	Bowl	20	30	78	3	9.20	1.00
001442 Hot Cakes w/Sausage	Serving	80	208	197	19	35.50	6.20
000103 Mandarin Oranges	1/2 cup	61	57	6	13	14.30	0.60
001126 Apple Juice	4oz SERVING	41	25	2	5	5.74	0.00
000733 Orange Juice	4oz SERVING	55	33	0	7	7.15	*N/A*
000589 White Milk	each	29	29	36	3	3.48	2.32
000588 Chocolate Milk	each	68	75	68	12	12.92	5.44
Weighted Daily Average			457	387	63	88.29	*15.56
% of Calories					55.1%	77.3%	*13.6%
Weekly Nutrient Guideline			400 - 550	600			

### Friday - 04/05/2019

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001449 Cinnamon Roll	cinnamon roll	41	90	94	6	16.19	2.05
001455 Glazed Donut	Each	59	242	177	23	36.58	*2.95
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001126 Apple Juice	4oz SERVING	49	29	2	6	6.86	0.00
000733 Orange Juice	4oz SERVING	37	22	0	4	4.81	*N/A*
000589 White Milk	each	28	28	35	3	3.36	2.24
000588 Chocolate Milk	each	63	69	63	11	11.97	5.04
Weighted Daily Average			500	372	58	84.19	*12.28
% of Calories					46.4%	67.4%	*9.8%
Weekly Nutrient Guideline			400 - 550	600			

### Monday - 04/08/2019

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001461 Cinnamon Toast Crunch	Each	41	94	131	7	18.04	1.23
001515 Muffin, Double Chocolate Chip	4oz muffin	59	218	142	19	35.40	4.13
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001126 Apple Juice	4oz SERVING	71	43	4	9	9.94	0.00
000733 Orange Juice	4oz SERVING	22	13	0	3	2.86	*N/A*

# Base Menu Spreadsheet

## Weighted Values

000589 White Milk	each	33	33	41	4	3.96	2.64
000588 Chocolate Milk	each	44	48	44	8	8.36	3.52
Weighted Daily Average			469	362	53	82.98	*11.52
% of Calories					45.2%	70.8%	*9.8%
Weekly Nutrient Guideline			400 - 550	600			

### Tuesday - 04/09/2019

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990045 Marshmallow Mateys	2oz	45	94	171	10	21.15	1.80
001068 Pancake on a Stick w/Syrup	1 Each	55	176	226	16	26.97	3.31
000215 Sliced Pears	1/2CUP	61	52	9	9	12.17	0.61
001126 Apple Juice	4oz SERVING	33	20	2	4	4.62	0.00
000733 Orange Juice	4oz SERVING	44	26	0	5	5.72	*N/A*
000589 White Milk	each	31	31	39	4	3.72	2.48
000588 Chocolate Milk	each	61	67	61	11	11.59	4.88
Weighted Daily Average			467	507	60	85.95	*13.07
% of Calories					51.4%	73.6%	*11.2%
Weekly Nutrient Guideline			400 - 550	600			

### Wednesday - 04/10/2019

### Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990028 Cocoa Puffs	Bowl	29	55	75	3	11.60	1.45
000869 Breakfast Pizza	slice	71	149	305	6	17.76	7.10
001448 Applesauce Cup	Each	61	30	0	7	8.54	0.00
001126 Apple Juice	4oz SERVING	22	13	1	3	3.08	0.00
000733 Orange Juice	4oz SERVING	77	46	0	9	10.01	*N/A*
000589 White Milk	each	59	59	74	7	7.08	4.72
000588 Chocolate Milk	each	31	34	31	6	5.89	2.48
Weighted Daily Average			387	487	41	63.96	*15.75
% of Calories					42.4%	66.1%	*16.3%
Weekly Nutrient Guideline			400 - 550	600			

Thursday - 04/11/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990099 Honey Scooters	Bowl	38	57	148	6	17.48	1.90
001457 Sausage & Biscuit	sandwich	62	163	332	2	17.61	7.50
000103 Mandarin Oranges	1/2 cup	61	57	6	13	14.30	0.60
001126 Apple Juice	4oz SERVING	41	25	2	5	5.74	0.00
000733 Orange Juice	4oz SERVING	55	33	0	7	7.15	*N/A*
000589 White Milk	each	29	29	36	3	3.48	2.32

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

000588 Chocolate Milk	each	68	75	68	12	12.92	5.44
Weighted Daily Average			438	593	49	78.68	*17.76
% of Calories					44.7%	71.9%	*16.2%
Weekly Nutrient Guideline			400 - 550	600			

### Friday - 04/12/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001449 Cinnamon Roll	cinnamon roll	39	85	90	6	15.40	1.95
990024 Mini Powdered Donuts	3oz	61	165	140	13	25.01	2.44
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001126 Apple Juice	4oz SERVING	49	29	2	6	6.86	0.00
000733 Orange Juice	4oz SERVING	37	22	0	4	4.81	*N/A*
000589 White Milk	each	28	28	35	3	3.36	2.24
000588 Chocolate Milk	each	63	69	63	11	11.97	5.04
Weighted Daily Average			419	331	47	71.83	*11.67
% of Calories					44.9%	68.6%	*11.1%
Weekly Nutrient Guideline			400 - 550	600			

### Monday - 04/15/2019

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001461 Cinnamon Toast Crunch	Each	41	94	131	7	18.04	1.23
000799 French Toast Sticks w/Syrup	3 sticks	59	221	194	18	39.50	4.12
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001126 Apple Juice	4oz SERVING	71	43	4	9	9.94	0.00
000733 Orange Juice	4oz SERVING	22	13	0	3	2.86	*N/A*
000589 White Milk	each	33	33	41	4	3.96	2.64
000588 Chocolate Milk	each	44	48	44	8	8.36	3.52
Weighted Daily Average			472	414	52	87.09	*11.51
% of Calories					44.1%	73.8%	*9.8%
Weekly Nutrient Guideline			400 - 550	600			

**Tuesday - 04/16/2019**

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990045 Marshmallow Mateys	2oz	39	82	148	9	18.33	1.56
001457 Sausage & Biscuit	sandwich	61	160	327	2	17.32	7.38
000215 Sliced Pears	1/2CUP	61	52	9	9	12.17	0.61
001126 Apple Juice	4oz SERVING	33	20	2	4	4.62	0.00
000733 Orange Juice	4oz SERVING	44	26	0	5	5.72	*N/A*
000589 White Milk	each	31	31	39	4	3.72	2.48



# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

000588 Chocolate Milk	each	61	67	61	11	11.59	4.88
Weighted Daily Average			438	586	44	73.48	*16.91
% of Calories					40.2%	67.1%	*15.4%
Weekly Nutrient Guideline			400 - 550	600			

### Wednesday - 04/17/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990028 Cocoa Puffs	Bowl	20	38	52	2	8.00	1.00
001494 Hachie Breakfast	1 Each	80	195	481	1	20.49	12.57
001448 Applesauce Cup	Each	61	30	0	7	8.54	0.00
001126 Apple Juice	4oz SERVING	22	13	1	3	3.08	0.00
000733 Orange Juice	4oz SERVING	77	46	0	9	10.01	*N/A*
000589 White Milk	each	59	59	74	7	7.08	4.72
000588 Chocolate Milk	each	31	34	31	6	5.89	2.48
Weighted Daily Average			416	639	35	63.09	*20.77
% of Calories					33.7%	60.7%	*20.0%
Weekly Nutrient Guideline			400 - 550	600			

### Thursday - 04/18/2019

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990099 Honey Scooters	Bowl	20	30	78	3	9.20	1.00
001442 Hot Cakes w/Sausage	Serving	80	208	197	19	35.50	6.20
000103 Mandarin Oranges	1/2 cup	61	57	6	13	14.30	0.60
001126 Apple Juice	4oz SERVING	41	25	2	5	5.74	0.00
000733 Orange Juice	4oz SERVING	55	33	0	7	7.15	*N/A*
000589 White Milk	each	29	29	36	3	3.48	2.32
000588 Chocolate Milk	each	68	75	68	12	12.92	5.44
Weighted Daily Average			457	387	63	88.29	*15.56
% of Calories					55.1%	77.3%	*13.6%
Weekly Nutrient Guideline			400 - 550	600			

### Friday - 04/19/2019

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000145 NO SCHOOL TODAY							
Weighted Daily Average			0	0	0	0.00	0.00
% of Calories					0%	0%	0%
Weekly Nutrient Guideline			400 - 550	600			

### Monday - 04/22/2019

### Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001461 Cinnamon Toast Crunch	Each	41	94	131	7	18.04	1.23
001515 Muffin, Double Chocolate Chip	4oz muffin	59	218	142	19	35.40	4.13
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001126 Apple Juice	4oz SERVING	71	43	4	9	9.94	0.00
000733 Orange Juice	4oz SERVING	22	13	0	3	2.86	*N/A*
000589 White Milk	each	33	33	41	4	3.96	2.64
000588 Chocolate Milk	each	44	48	44	8	8.36	3.52
Weighted Daily Average			469	362	53	82.98	*11.52
% of Calories					45.2%	70.8%	*9.8%
Weekly Nutrient Guideline			400 - 550	600			

**Tuesday - 04/23/2019**

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990045 Marshmallow Mateys	2oz	45	94	171	10	21.15	1.80
001068 Pancake on a Stick w/Syrup	1 Each	55	176	226	16	26.97	3.31
000215 Sliced Pears	1/2CUP	61	52	9	9	12.17	0.61
001126 Apple Juice	4oz SERVING	33	20	2	4	4.62	0.00
000733 Orange Juice	4oz SERVING	44	26	0	5	5.72	*N/A*

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

000589 White Milk	each	31	31	39	4	3.72	2.48
000588 Chocolate Milk	each	61	67	61	11	11.59	4.88
Weighted Daily Average			467	507	60	85.95	*13.07
% of Calories					51.4%	73.6%	*11.2%
Weekly Nutrient Guideline			400 - 550	600			

### Wednesday - 04/24/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990028 Cocoa Puffs	Bowl	29	55	75	3	11.60	1.45
000869 Breakfast Pizza	slice	71	149	305	6	17.76	7.10
001448 Applesauce Cup	Each	61	30	0	7	8.54	0.00
001126 Apple Juice	4oz SERVING	22	13	1	3	3.08	0.00
000733 Orange Juice	4oz SERVING	77	46	0	9	10.01	*N/A*
000589 White Milk	each	59	59	74	7	7.08	4.72
000588 Chocolate Milk	each	31	34	31	6	5.89	2.48
Weighted Daily Average			387	487	41	63.96	*15.75
% of Calories					42.4%	66.1%	*16.3%
Weekly Nutrient Guideline			400 - 550	600			

### Thursday - 04/25/2019

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990099 Honey Scooters	Bowl	38	57	148	6	17.48	1.90
001457 Sausage & Biscuit	sandwich	62	163	332	2	17.61	7.50
000103 Mandarin Oranges	1/2 cup	61	57	6	13	14.30	0.60
001126 Apple Juice	4oz SERVING	41	25	2	5	5.74	0.00
000733 Orange Juice	4oz SERVING	55	33	0	7	7.15	*N/A*
000589 White Milk	each	29	29	36	3	3.48	2.32
000588 Chocolate Milk	each	68	75	68	12	12.92	5.44
Weighted Daily Average			438	593	49	78.68	*17.76
% of Calories					44.7%	71.9%	*16.2%
Weekly Nutrient Guideline			400 - 550	600			

### Friday - 04/26/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001449 Cinnamon Roll	cinnamon roll	39	85	90	6	15.40	1.95
990024 Mini Powdered Donuts	3oz	61	165	140	13	25.01	2.44
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001126 Apple Juice	4oz SERVING	49	29	2	6	6.86	0.00
000733 Orange Juice	4oz SERVING	37	22	0	4	4.81	*N/A*
000589 White Milk	each	28	28	35	3	3.36	2.24

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

000588 Chocolate Milk	each	63	69	63	11	11.97	5.04
Weighted Daily Average			419	331	47	71.83	*11.67
% of Calories					44.9%	68.6%	*11.1%
Weekly Nutrient Guideline			400 - 550	600			

### Monday - 04/29/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001461 Cinnamon Toast Crunch	Each	41	94	131	7	18.04	1.23
000799 French Toast Sticks w/Syrup	3 sticks	59	221	194	18	39.50	4.12
001331 Apple Slices in Bag	2oz bag	65	20	0	4	4.42	*N/A*
001126 Apple Juice	4oz SERVING	71	43	4	9	9.94	0.00
000733 Orange Juice	4oz SERVING	22	13	0	3	2.86	*N/A*
000589 White Milk	each	33	33	41	4	3.96	2.64
000588 Chocolate Milk	each	44	48	44	8	8.36	3.52
Weighted Daily Average			472	414	52	87.09	*11.51
% of Calories					44.1%	73.8%	*9.8%
Weekly Nutrient Guideline			400 - 550	600			

### Tuesday - 04/30/2019

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Weighted Values

Apr 1, 2019 thru Apr 30, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990045 Marshmallow Mateys	2oz	39	82	148	9	18.33	1.56
001457 Sausage & Biscuit	sandwich	61	160	327	2	17.32	7.38
000215 Sliced Pears	1/2CUP	61	52	9	9	12.17	0.61
001126 Apple Juice	4oz SERVING	33	20	2	4	4.62	0.00
000733 Orange Juice	4oz SERVING	44	26	0	5	5.72	*N/A*
000589 White Milk	each	31	31	39	4	3.72	2.48
000588 Chocolate Milk	each	61	67	61	11	11.59	4.88
Weighted Daily Average			438	586	44	73.48	*16.91
% of Calories					40.2%	67.1%	*15.4%
Weekly Nutrient Guideline			400 - 550	600			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.