













MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>COFFEE CAKES</p> <p>PEACHES FRESH FRUIT</p>	<p>2</p> <p>BREAKFAST CHICKEN PATTY STEAMED RICE</p> <p>FRUIT COCKTAIL ORANGE WEDGE</p>	<p>3</p> <p>FRUIT YOGURT BOWL w/ GRANOLA & TOAST</p> <p>APPLESAUCE JUICE</p>	<p>4</p> <p>PIZZA BAGEL</p> <p>FRESH FRUIT PINEAPPLE</p>
<p>7</p> <p>- FALL BREAK - NO SCHOOL</p>	<p>8</p> 	<p>9</p> 	<p>10</p> 	<p>11</p> 
<p>14</p> <p>CINNAMON ROLL</p> <p>APPLESAUCE JUICE</p>	<p>15</p> <p>APPLESAUCE MUFFIN</p> <p>FRESH FRUIT PEACHES</p>	<p>16</p> <p>TURKEY EGG SLIDERS</p> <p>PINEAPPLE APPLE WEDGE</p>	<p>17</p> <p>PORTUGUESE SAUSAGE STEAMED RICE</p> <p>JUICE FRUIT COCKTAIL</p>	<p>18</p> <p>HAM & CHEESE ROLL</p> <p>PEACHES FRESH FRUIT</p>
<p>21</p> <p>PIG IN A BLANKET OR HAM LINK IN A BUN</p> <p>PINEAPPLE JUICE</p>	<p>22</p> <p>PEPPERONI PIZZA STIX</p> <p>APPLESAUCE FRESH FRUIT</p>	<p>23</p> <p>PORK SAUSAGE PATTY STEAMED RICE</p> <p>PEACHES ORANGE WEDGE</p>	<p>24</p> <p>PAPAYA BREAD (FRUITED BREAD MUFFIN)</p> <p>FRESH FRUIT ORANGE JUICE</p>	<p>25</p> <p>PORTUGUESE SASAUGE STEAM RICE</p> <p>JUICE FRUIT COCKTAIL</p>
<p>28</p> <p>CINNAMON ROLL</p> <p>CANNED OR POUCHED FRUIT FRESH FRUIT</p>	<p>29</p> <p>PORTUGUESE SAUSAGE STEAMED RICE</p> <p>APPLE SAUCE FRESH FRUIT</p>	<p>30</p> <p>PIZZA BAGEL</p> <p>CANNED OR POUCHED FRUIT FRESH FRUIT</p>	<p>31</p> <p>BREAKFAST CHICKEN PATTY STEAMED RICE</p> <p>FRESH FRUIT GRAPE JUICE</p> 	

Kapolei Elementary

LUNCH MENU

October 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 CRISPY NACHOS w/ BEEF & CHEESE JUICE <i>Offer</i> SPINACH & ROMAINE SALAD VEGGIE STICKS w/DIP	2 HOT TURKEY SANDWICH WHIPPED POTATOES <i>Offer</i> APPLE WEDGES STEAMED CARROTS EDAMAME	3 POPCORN CHICKEN STEAMED RICE PEACHES <i>Offer</i> CORN STEAMED CARROTS	4 PEPPERONI PIZZA FRUIT SLUSH <i>Offer</i> VEGGIE STICKS w/ DIP EDAMAME
7 - FALL BREAK - NO SCHOOL	8 	9 	10 	11 
14 HOT DOG IN BUN FRIES <i>Offer</i> VEGGIE STICKS w/ DIP FRUIT SLUSH	15 BEEF STEW STEAMED RICE <i>Offer</i> CORN STEAMED BROCCOLI ORANGE WEDGE	16 KOREAN CHICKEN STEAMED RICE PINEAPPLE <i>Offer</i> SPINACH & ROMAINE SALAD EDAMAME BABY CARROTS	17 CHICKEN PATTY SANDWICH JUICE <i>Offer</i> VEGGIE STICKS w/ DIP BAKED BEANS	18 ROAST PORK STEAMED RICE APPLESAUCE <i>Offer</i> CORN RAINBOW SALAD
21 HAMBURGER STEAK w/ GRAVY STEAMED RICE PEACHES <i>Offer</i> STEAMED CARROTS CORN	22 SWEET & SOUR PORK STEAMED RICE PINEAPPLE <i>Offer</i> RAINBOW SALAD EDAMAME	23 VEGETARIAN PIZZA JUICE <i>Offer</i> SPINACH & ROMAINE SALAD VEGGIE STICKS w/ DIP	24 OVEN BAKED CHICKEN w/ GRAVY WHIPPED POTATOES <i>Offer</i> STEAMED CARROTS EDAMAME APPLE WEDGES	25 BBQ PORK SANDWICH FRIES <i>Offer</i> COLESLAW CANNED OR POUCHED FRUIT
28 CHICKEN PATTY w/ GRAVY STEAMED RICE OR ROLL <i>Offer</i> STEAMED BROCCOLI STEAMED CARROTS APPLE WEDGES	29 SPAGHETTI w/ MEAT SAUCE CANNED OR POUCHED FRUIT <i>Offer</i> SPINACH & ROMAINE SALAD VEGGIE STICKS w/ DIP	30 HAMBURGER OR TERI BURGER FRIES <i>Offer</i> VEGGIE STICKS w/ HUMMUS FRESH FRUIT	31 CHICKEN BROCCOLI STEAMED RICE CANNED OR POUCHED FRUIT <i>Offer</i> CORN STEAMED CARROTS 	

"This Institution is an Equal Opportunity Provider"
 Menus are subject to change without notice

Meals include 1/2 pint of milk