We’ve been talking a lot about character and character development. Now it’s time to link all of that preparation to ourselves as actors. As the picture above says, PART OF BEING AN ACTOR IS BEING AWARE OF HOW WE FEEL AND REACT TO OUR OWN CIRCUMSTANCES.

Be sure to complete ALL of the activities below:

A. Read through the 7 questions above and answer them thoughtfully in complete sentences.

B. Pick a favorite character from a play/musical/story/movie. State who that character is, and answer the following questions about that character:
   1. Who is your character and what play/musical/story/movie are they from?
   2. What emotion does the character Show most often?
   3. What gestures and/or actions does the character use to convey those emotions?
   4. What emotion do you think makes the character feel uncomfortable?
   5. What gestures and/or actions does the character use to convey those emotions?

C. If you could portray this character,
   1. Would you? Yes or no
   2. Why or why not?
   3. What would you do differently to express the emotions you outlined above?