

WHEN TO KEEP A CHILD HOME WITH ILLNESS

It can be hard to know when to send children to school if they tell you that they do not feel well. Here are the guidelines for Lawrence Avenue Elementary.

Please keep your child home and/or contact your child's doctor for:

- Fever greater than 100.4° (taken by mouth). **Do not** give your child Tylenol or Motrin before school and send them.
- Vomiting and/or diarrhea within the last 24 hours. This includes during the night or the morning of school.
- Severe sore throat along with fever and feeling ill for more than 48 hours, or after exposure to Strep throat infection
- Honey-crusted sores around the nose or mouth
- Rashes on skin must be seen by your pediatrician. Note required from your doctor stating rash is not contagious.
- Large amounts of mucous (clear, yellow or green) from their nose.
- Constant coughing.
- If your child is asthmatic and requires nebulizer or inhaler treatments as frequent as every 3, 2, or 1 hour. Do not send them to school. Call your doctor, or take your child to Urgent Care or ER.
- Severe ear pain or fluid draining from the ear
- Severe headache, especially with fever
- Diarrhea and/or having to frequently use the bathroom for bowel movement
- Complaints of dental pain. Swelling of one side of cheek - this could be an abscessed tooth. Call your dentist
- Any eye drainage from eye(s) or red appearance of the white part of their eye(s). See your doctor or Urgent care to rule out contagious bacterial conjunctivitis. Student returns to school with note from health care professional stating drainage or redness is not contagious.

If your child has a fever, it is not a good idea to give them medicine like Tylenol or Advil and send them to school because as soon as the medicine wears off, the fever may return and you will be called to come and pick up your child.

Please keep children home for 24 hours after the fever ends, and/or they have completed 24 hours of medication if (antibiotic) prescribed by your health care provider.

If your child is diagnosed with bacterial conjunctivitis of his or her eye(s), they must receive the prescribed eye drops for 24 hours before returning to school.

If your child is diagnosed with strep throat, they must receive the prescribed antibiotic for 24 hours before returning to school

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Please teach and remind your child to throw away used tissues, cover their mouths when they cough or sneeze with a bent arm into their elbow space. Always wash hands after using the bathroom. Keep their hands away from their face, and to wash hands often with soap and warm water will help keep everyone healthier.

Here's to a healthy and happy school year!