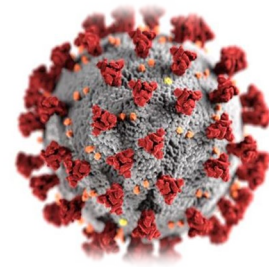


# Coronavirus Disease 2019 (COVID-19) and Schools

## Information for Parents & Students



### What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 was first identified during an investigation into an outbreak in Wuhan, China.

### How serious is the coronavirus?

- It can cause [flu-like symptoms](#) including fever, cough & difficulty breathing.
- The infection is not serious for most people including children.
- The elderly and individuals with chronic medical conditions impacting their immune systems are most susceptible.
- Most people get better with enough rest, water to drink and medicine for pain.

### Have there been cases of COVID-19 in the U.S.?

Yes. The first case of COVID-19 in the United States was reported on January 21, 2020. The current count of cases of COVID-19 in the U.S. is available on CDC's webpage at; <https://www.cdc.gov/coronavirus/2019-ncov/summary.html>.

### Are there cases of COVID-19 in Virginia?

The Virginia Department of health Is monitoring the status of COVID-19 cases in the state and posting that information on their website.







### How likely are you to catch the virus?

- You can only catch it if you have been close to a person who has the virus, within 6 feet.
- It is highly unlikely that an individual who is asymptomatic can infect others with the virus.
- If you have traveled to areas where many people are infected, your chances of catching the virus is higher, i.e. China and any affected areas.
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### Is there a treatment or vaccine?

Most of the current treatment is symptomatic. However, the [National Institutes of Health \(NIH\)](#) has announced that a randomized, controlled clinical trial has begun on potential antiviral treatment and a vaccine.

## HOW CAN YOU STOP CORONAVIRUSES SPREADING?

IF YOU NEED TO COUGH OR SNEEZE			You should wash hands with soap & water			
 CATCH IT WITH A TISSUE	THROW AWAY TISSUE 	KILL IT BY WASHING YOUR HANDS WITH SOAP & WATER 	After sports 	Before Cooking & Eating 	On Arrival at School 	After using the Toilet 
✓ Try not to touch your eyes, nose, and mouth with unwashed hands.	✓ Do not share items that come into contact with your mouth such as cups & bottles	✓ If unwell do not share items such as bedding, dishes, pencils & towels.				

**MOST IMPORTANTLY, PLEASE DON'T SEND YOU CHILD TO SCHOOL IF THEY ARE ILL.**

Washington County Public Schools acknowledges the concern our community has regarding the COVID-19 outbreak and actions taken to prepare for a possible outbreak in our own community. The Virginia Department of Health and the Mount Rogers Health District has released guidance specifically for K-12 school settings,

<http://www.vdh.virginia.gov/content/uploads/sites/13/2020/03/VDH-Childcare-K-12-Guidance.pdf>.

As partners, Washington County Public Schools will work closely with the Mount Rogers Health District to ensure we have the latest information regarding the COVID-19 virus to do our part to protect our students, schools, and community.

### COVID-19 INTERNET RESOURCES

- THE VIRGINIA DEPARTMENT OF HEALTH, CORONAVIRUS DISEASE 2019 (COVID-19) Web page- <http://www.vdh.virginia.gov/surveillance-and-investigation/novel-coronavirus/>
- CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC)- <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- HEALTHYCHILDREN.ORG- <https://www.healthychildren.org/English/health-issues/conditions/chest-lungs/Pages/2019-Novel-Coronavirus.aspx>
- FREQUENTLY ASKED QUESTIONS AND ANSWERS: CORONAVIRUS DISEASE-2019 (COVID-19) AND CHILDREN- <https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/children-faq.html>