

Farmersville ISD

High School Jan 2019 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 1/7/2019 In-Service	Tue - 1/8/2019 Sliced Meat Sandwich Turkey Pot Roast Garlic Breadstick Green Beans Mashed Potatoes Steamed Mixed Veggie Pears Fruited Gelatin FF Mayonnaise Mustard Choice of milk	Wed - 1/9/2019 Tuna Salad Croissant Salisbury Steak Whole Grain Bread Carroteenies/Ranch Scalloped Potatoes Assorted Fruit Rosy Applesauce Macaroni & Cheese Brown Gravy Choice of milk	Thu - 1/10/2019 Breaded Chicken Sand Crispito Burger Lettuce Cup Pinto Beans Steam Corn Bahama Salad Applesauce Cup Spanish Brown Rice Ketchup FF Mayonnaise Mustard Choice of milk	Fri - 1/11/2019 Pizza Pepperoni Hot Dog Leafy Salad Sweet Potato Fries Peaches Fruit Slush Orange Sugar Cookie Ranch Dressing Ketchup Mustard Choice of milk
Mon - 1/14/2019 Hamburger Cheese Burger Bacon Cheeseburger Steak Fingers Whole Wheat Roll Burger Lettuce Cup Steam Broccoli Mashed Potatoes Peaches Sidekick Fruit Cup Country Gravy Ketchup FF Mayonnaise Mustard Choice of milk	Tue - 1/15/2019 Breaded Chicken Sand Grill Cheese Sandwich Burger Lettuce Cup Tomato Soup Fries Leafy Salad Mandarin Oranges Pears Ketchup FF Mayonnaise Mustard Choice of milk	Wed - 1/16/2019 Sliced Meat Sandwich Lasagna Whole Wheat Roll Baked Potato Entree Leafy Salad Green Beans Honey Cinnamon Potat Apple Slices Fruited Gelatin Ranch Dressing FF Mayonnaise Mustard Choice of milk	Thu - 1/17/2019 Meatball Sub Sandwic Chicken Alfredo Brown Sugar Carrots Baked Potato Half Rosy Applesauce Bahama Salad Apple Crisp Garlic Breadstick Choice of milk	Fri - 1/18/2019 Pizza Pepperoni Hot & SpicyFish Sand Leafy Salad French Fries Fresh Oranges Fruit Slush WW Sugar Cookie Ranch Dressing Ketchup FF Mayonnaise Choice of milk
Mon - 1/21/2019 HOLIDAY	Tue - 1/22/2019 Breaded Chicken Sand Crispito Burger Lettuce Cup Pinto Beans Steam Corn Fresh Apples Sour Apple Cry Baby Spanish Brown Rice Salsa Ketchup FF Mayonnaise Mustard Choice of milk	Wed - 1/23/2019 Deli Sandwich Chicken Popcorn Bites Whole Wheat Roll Leafy Salad Green Peas Nutmeg Pears Fruited Gelatin Macaroni & Cheese Ranch Dressing Ketchup FF Mayonnaise Mustard Choice of milk	Thu - 1/24/2019 Tuna Salad Croissant BBQ On Bun Jr/H French Fries Baked Beans Carroteenies/Ranch Applesauce Cup Fruit Ketchup Mustard Choice of milk	Fri - 1/25/2019 Pizza Pepperoni Corn Dog Leafy Salad Sw Potato Waffle Fries Tomato Soup Fruit Slush Mandarin Oranges Orange Sugar Cookie Ranch Dressing Ketchup Mustard Choice of milk
Mon - 1/28/2019 Hamburger Cheeseburger Chicken Nuggets Whole Wheat Roll Burger Lettuce Cup Mashed Potatoes Blackeyed Peas Peaches Sidekick Fruit Cup Country Gravy Ketchup FF Mayonnaise Mustard Choice of milk	Tue - 1/29/2019 Breaded Chicken Sand Asian Day Fried Rice Egg Roll Burger Lettuce Cup Steam Broccoli Brown Sugar Carrots Mandarin Oranges Pears Ketchup FF Mayonnaise Mustard Choice of milk	Wed - 1/30/2019 Deli Sandwich Enchiladas Leafy Salad Pinto Beans Steam Corn Hot Cinnamon Apples Fruited Gelatin Spanish Brown Rice Salsa Ranch Dressing FF Mayonnaise Mustard Choice of milk	Thu - 1/31/2019 Soft Beef Tacos Steak Sandwich Baked Potato Entree Burger Lettuce Cup Diced Tomatoes Roasted Carrots Green Beans Fruit Pineapple Tidbits Macaroni & Cheese Salsa Ketchup FF Mayonnaise Mustard Choice of milk	

This product was funded by USDA. This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.