

### Monday

Fajitas  
Refried Beans  
Chips & Salsa  
Grapes

1

Salad Bar

Pulled Pork  
Coleslaw  
Potato Wedges  
Honeydew

8

Salad Bar

Taco Salad  
Refried Beans  
Cowboy Caviar  
Honeydew

15

Salad Bar

Pepperoni Pizza or  
Cheese Pizza  
Caesar Salad  
Oranges

22

Salad Bar

Tamale  
Spanish Rice  
Taco Salad  
Honeydew

29

Salad Bar

### Tuesday

Grilled Chicken Sandwiches  
Pasta Salad  
Carrot Sticks  
Honeydew

Salad Bar

Chicken Alfredo with a Twist  
Zucchini  
Bread Sticks  
Cantaloupe

Salad Bar

Minestrone Soup & Grilled  
Cheese  
Spinach Salad  
Cantaloupe

Salad Bar

Meatball Subs  
Pesto Pasta Salad  
Broccoli  
Baked Apples

23

Salad Bar

### Wednesday

Hot Dog  
Potato Wedges  
Watermelon Wedges

Salad Bar

Pepperoni Pizza or  
Cheese Pizza  
Caesar Salad  
Oranges

Salad Bar

Baked Potato w/the Fixins'  
or Sub Sandwiches  
Strawberries

Salad Bar

Lasagna  
Roasted Green Beans  
Grapes

Salad Bar

**Ghoulish  
Goodies**

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### Thursday

Pork Roast  
Mashed Potatoes  
Butternut Squash  
Cantaloupe

Salad Bar

Chicken Soft Taco  
Spanish Rice  
Corn on the Cob  
Peaches

Salad Bar

Baked Chicken  
Honey Glazed Carrots  
Pasta Salad  
Whole Wheat Roll  
Pears  
Salad Bar

18

Chicken Strips  
Mashed Potato Bowl  
Caesar Salad  
Cantaloupe

Salad Bar

25

### Friday

Fish Sticks  
Macaroni and Cheese  
Broccoli  
Canned Peaches

Salad Bar

Sloppy Joes  
Potato Salad  
Fresh Melon Bowl

Salad Bar

Corn Dog  
Seasoned French Fries  
Broccoli Salad  
Grapes

Salad Bar

Cheeseburgers  
Chili  
Coleslaw  
Honeydew Melon

Salad Bar

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Applications are available for the Free and Reduced Breakfast and Lunch Program. Applications may be picked up in the school office or are available to fill out online on the district website.

**Breakfast Price:** Paid \$2.25 Reduced \$0.30

**Lunch Price:** Paid \$3.00 Reduced \$0.40

Contact the Food Service Department to resolve any issues with your child's lunch account at 707-725-4461 ext. 3095 or e-mail Regina Salmon: rsalmon@fuhsdistrict.net