

Bakersfield High School Powder Puff—KEEP THIS TOP PAGE!!!

**MANDATORY MEETING FOR ALL PLAYERS/COACHES/CHEERLEADERS:
TUESDAY, APRIL 14TH AT 5:30 PM IN THE CAFETERIA**

Practice Dates: April 14, 15, 16 Practice Time: 5:30–8:00 p.m.

Practice Location: Football teams will practice on Science field /

Cheerleaders will practice in Elm Grove

RALLY & GAME DAY—FRIDAY, APRIL 17TH!

Rally is double 2nd period in the gym—report at 7am.

For the game, gate opens at 6:30 pm; GAME TIME is @ 7:30PM

COST IS \$5.00 AT THE GATE FOR ALL PARTICIPANTS & SPECTATORS

PERMISSION SLIP DEADLINE: TUESDAY, APRIL 14TH!!!

PLEASE READ EVERYTHING CAREFULLY

PLEASE SIGN UP FOR POWDER PUFF USING THE LINK ON THE MAIN PAGE OF THE BHS WEBSITE. THEN, PRINT THIS PERMISSION SLIP PACKET, FILL IT OUT, AND BRING WITH YOU ON APRIL 14TH.

Prior to signing up for this activity, the student is reminded that they must be academically eligible for sports and/or extra-curricular activities. This means that you received a 2.0 GPA or higher and passed a minimum 20 units from your 3rd quarter grades. Grades will be checked prior to practice on April 14.

DO NOT SIGN UP if you think you will be academically ineligible!!! Student's who attempt to participate without academic eligibility will put their entire team, squad, etc., in danger of being disqualified.

Only students currently enrolled in Bakersfield High School regular classes are eligible to participate. No Work Force, Independent Study, etc.

Permission Slips for ALL participants (players, coaches, and cheerleaders) are to be turned in to at the Powder Puff meeting on Tuesday, April 14th!!!

There are two pages of the permission slip—BE SURE TO READ AND SIGN BOTH PAGES!

**TURN IN THIS PERMISSION SLIP PAGE AT THE POWDER PUFF MEETING
ON TUESDAY, APRIL 14TH AT 5:30PM IN THE CAFETERIA!!!**

**Bakersfield High School
Powder Puff Practices/Game/Rally
Permission Slip Page 1—MUST SIGN BOTH SIDES!**

To the Principal of Bakersfield High School:

_____ has my permission to participate in the Powder
(First & Last Name—print neatly)

Puff Football Game, practices, and rally. This activity will consist of practices on April 14, 15, 16 from 5:30 p.m. to 8:00 p.m. on the Science field on the BHS campus. Practices may not be held off campus. The Rally and Game day is on Friday, April 17th. Gate opens at 6:30pm. The Powder Puff game begins at 7:30pm. **Since this activity is a school fundraiser, the cost is \$5.00 at the gate for all participants and spectators.**

Cheerleader practices will be held on the same dates/times listed above in Elm Grove. Routines and attire will be approved by the Activities Director on Thursday, April 16th at 7:30 p.m. All players, coaches and cheerleaders are governed by both school and KHS rules of academic eligibility, sportsmanship, and appropriate attire and behavior. Reminder-NO CROSS DRESSING WILL BE ALLOWED. Student participants and parents must sign that they have read and understand the rules and guidelines on page 2 of this permission slip—BE SURE to go over these rules with your child. Any student who does not follow the rules will not be allowed to participate.

Student's First & Last name (print neatly): _____

Mark one: Cheerleader Player Football Coach Cheer Coach

Current Year in School: ___ 11TH ___ 12TH 6-Digit Student ID# _____

Preferred Jersey or Shirt Size: *(circle one)* Small Medium Large XL 2XL 3XL
(Please Note: Jerseys, Jersey numbers, and Jersey sizes are not guaranteed.)

I hereby give consent for my student, _____,
Please Print Student's Full Name

to receive medical treatment, if necessary, if he/she is injured in any way while participating in the Powder Puff practices, game, rally, and/or other Powder Puff activities.

Printed First & Last Name of Parent/Guardian

Parent/Guardian's Signature

Home Address

Parent's Home Phone

Parent's Cell Phone

Emergency Contact Name/Phone Number: _____

Physician Name/Phone Number: _____ Medication Allergies: _____

POWDER PUFF PLAYER/COACH/CHEERLEADER RULES & POLICIES—PAGE 2

ALL PLAYERS/COACHES/CHEERLEADERS MUST ATTEND THE MANDATORY MEETING ON TUESDAY, APRIL 14TH AT 5:30PM IN THE CAFETERIA. No practice until permission slips are turned in AT THIS MEETING! ALL PARTICIPANTS must be academically eligible from the 3rd quarter grading period with a 2.0 and pass a minimum of 20 units. ALL KHSD POLICIES regarding codes of behavior and sportsmanship are in effect during all practices, rally, and the game.

FOR FOOTBALL PLAYERS/FOOTBALL COACHES:

NO use of gyms in case of bad weather.

NO use of buildings for chalk talks.

NO practice on game day.

NO practice off campus.

NO sneaking players into the game who have NOT practiced or turned in their permission slips.

NO clothing items that do not adhere to school's dress codes (no bandanas, etc.)

Mouth Guards are HIGHLY RECOMMENDED!!!!

NO metal cleats (or metal posts)—rubber cleats okay

NO FIGHTING!

NO ROUGH PLAYS OF ANY KIND—IF YOU CAUSE OR ATTEMPT TO CAUSE BODILY INJURY TO ANOTHER PLAYER, YOU WILL BE REMOVED FROM THE GAME IMMEDIATELY!

GAME DAY ATTIRE:

JUNIOR & SENIOR GIRLS--Jerseys will be checked out at the Thursday night practice to players ONLY. Jerseys may be worn to school on Friday for the rally and for the game that night but must be returned as soon as the game ends the same night. You must bring a change of clothes for Friday night so you can return the jersey immediately after the game. We have a limited supply of jerseys so get your permission slips in early. Jerseys and/or jersey numbers and sizes are not guaranteed. If you do not return your jersey, you will be charged for the replacement cost and a \$50 debt will be added to your student record. If we run out of jerseys, Juniors must wear white and Seniors must wear blue.

FOR CHEERLEADERS/CHEER COACHES:

NO CROSS-DRESSING ALLOWED! This means no wigs, no make-up, and no skirts or dresses. Shorts and tank tops are ok. Two layers of shorts may be required.

Writing on shirts may only say "Juniors", "Seniors", "Class of 20XX", etc. NO INAPPROPRIATE NICKNAMES OR WRITING WILL BE PERMITTED!

NO fake breasts or sexually explicit clothing, accessories, or behavior will be tolerated.

The cheer routine may not exceed three (3) minutes.

CLEAN MOVES ONLY—No suggestive movements such as grabbing one's groin area, pelvic thrusts, or lewd gestures.

CLEAN MUSIC ONLY—All music must be edited to avoid references to drugs, sex, violence, and profanity!

Cheers and dances must be appropriate and family-friendly.

NO FIGHTING OR PLAY FIGHTING with the other squad.

- **IMPORTANT: Routines and attire will be previewed on Thursday, April 16th at 7:30 p.m. in Elm Grove. If you are not present to perform the routine for the Activities Director on this night, you will not be allowed to perform at the rally OR at the game.**

INSURANCE FOR ALL PARTICIPANTS:

Primary coverage is home insurance. District insurance is secondary--\$2500 maximum.

I HAVE READ AND UNDERSTAND THE POWDER PUFF RULES & POLICIES ABOVE.

Student Signature

Parent Signature

Date