

**Student Health Advisory Committee Meeting**  
**Wednesday, February 6, 2019**  
**Agenda**

I. Introductions – Approval of minutes

II. Warm Weather Policy

III. Physicals

IV. Hand Washing Information

V. Measles Information

VI. Tobacco Survey

VII. Safety Audit

VIII. Child Nutrition Update

IX. Campus Updates

**Minutes:**

Meeting was called to order at approximately 3pm by Chris Miller. Scott Moody made a motion to waive the reading of the minutes from the December SHAC meeting. Motion was second by Mary McCarthy. Approved unanimously.

CBISD athletic trainer Amber King discussed district warm weather policy. Policy aligns with UIL standards. Discussed students having proper paperwork including physicals. She walked participants through procedures at practice to track weight loss and steps for hydration. Identified causes of heat related illness and how to watch for it. Discussed procedures if student is suspected of having heat related issues. Went over practice guidelines in regard to daily temperature, what is allowed and not allowed.

Trainer King also discussed upcoming physicals to all CBISD students 6<sup>th</sup> grade and up. These physicals will be free and will be done at CHS on May 1. Schedules will be sent to the elementary schools to get information out to parents. A transportation schedule will be arranged to bus students to and from CHS.

CBISD lead nurse Deborah Kaspar talked about hand washing procedures and gave research backing its effectiveness in deterring illness. Handouts and posters were given to campus administrators to put up around campus to detail the importance of hand washing. Procedures for teaching hand washing at elementary schools were discussed as was the availability of soap dispensers and sanitizer dispensers on each campus.

Nurse Kaspar also gave a report from Brazoria County on measles and the cases breaking out around the state and nation. There have been three reported cases in the Houston area. Two in northern part and one in Galveston County. Symptoms and treatment were discussed. No current measles cases reported in Brazoria County. Immunization remains the number 1 deterrent.

Mr. Miller discussed upcoming Tobacco Survey that will be given to students in grades 7-12.

Cynthia King gave an update on Child Nutrition.

Mary McCarthy discussed the food pantry event that was held at Wild Peach Elementary a couple weeks ago.

Mr. Miller discussed the upcoming Safety audit. Practices and procedures were discussed as well as the timeline.

SHAC meeting was dismissed at 3:45.

