



Coal City Early Childhood Center and Elementary School

March Lunch Menu

Daily Tray Cost: \$2.70



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Mini Corn Dogs Steamed Corn Chocolate Chip Cookie Mixed Fruit Milk – Variety
Average 3/1: Calories: 701 Sodium: 905mg Sat Fat: 5.6g				
4 No School Casimir Pulaski Day	5 Chicken Patty on a Bun Fresh Broccoli/Ranch Peaches Milk – Variety	6 Pizza Boat Zucchini Pears Milk-Variety	7 French Toast Sticks/Syrup Hash brown Sausage Patty Fresh Apple Slices Milk-Variety	8 Deli Ham Sandwich Carrot Sticks/Ranch Grapes Sun Chips Milk-Variety
Average 3/4 – 3/8: Calories: 617 Sodium: 1065 mg Sat Fat: 7.34g				
11 Chicken Wrap Snax Green Beans Peaches Milk – Variety	12 <u>Birthday Celebration</u> Turkey Poor Boy Steamed Corn Pineapple Birthday Cake! Milk – Variety	13 Early Release No Lunch Served	14 Taco in Tortilla Romaine Lettuce/Ranch Fresh Apple Slices Milk-Variety	15 Grilled Cheese Carrot Sticks/Ranch Mixed Fruit Milk – Variety
Average 3/11 – 3/15: Calories: 646 Sodium: 1008mg Sat Fat: 6.2g				
18 Bosco Sticks with Marinara Sauce Red Pepper Strips/Ranch Fresh Grapes Rice Krispy Treat Milk- Variety	19 Mini Corn Dogs Fresh Broccoli/Ranch Pineapple St. Patrick's Green Sherbet Milk – Variety	20 Hamburger on a Bun Baked Beans Green Beans Pears Milk-Variety	21 Chicken Nuggets French Fries Fresh Apple Slices Milk-Variety	22 Pizza Cucumber/Ranch Mandarin Oranges Milk – Variety
Average 3/18-3/22: Calories: 575 Sodium: 1091mg Sat Fat: 6.96g				
25 No School Spring Break	26 No School Spring Break	27 No School Spring Break	28 No School Spring Break	29 No School Spring Break

Low Balance reminders will be sent via email on the last day of the week. *Wow butter is produced in a peanut & tree-nut free environment.