

# Base Menu Spreadsheet

## Weighted Values

Mar 2, 2020 thru Mar 31, 2020

**Menu Name:** TURNER. BREAKFAST Pre - K

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 03/02/2020

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
990209 Cinnamon Chex 1oz	bowl	100	120	6	22.00	1.00
990178 Applesauce	1/4 cup	100	44	8	9.83	0.00
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			324	39	58.83	9.00
% of Calories				48.1%	72.6%	11.1%
Weekly Nutrient Guideline			350 - 500			

### Tuesday - 03/03/2020

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
001457 Sausage & Biscuit	sandwich	100	273	3	29.40	12.10
990182 Mandarin Oranges	1/4 cup	100	48	9	10.66	0.54
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00

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## Weighted Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			481	37	67.07	20.64
% of Calories				30.8%	55.8%	17.2%
Weekly Nutrient Guideline			350 - 500			

### Wednesday - 03/04/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000869 Breakfast Pizza	slice	100	210	9	25.01	10.01
001331 Apple Slices in Bag	2 oz bag	100	30	6	7.00	0.00
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			400	40	59.02	18.01
% of Calories				40.0%	59.0%	18.0%
Weekly Nutrient Guideline			350 - 500			

### Thursday - 03/05/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
001068 Pancake on a Stick *	1 Each	100	320	29	49.00	6.00

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Mar 2, 2020 thru Mar 31, 2020

990182 Mandarin Oranges	1/4 cup	100	48	9	10.66	0.54
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			528	63	86.67	14.54
% of Calories				47.7%	65.7%	11.0%
Weekly Nutrient Guideline			350 - 500			

### Monday - 03/16/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
990209 Cinnamon Chex 1oz	bowl	100	120	6	22.00	1.00
990178 Applesauce	1/4 cup	100	44	8	9.83	0.00
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			324	39	58.83	9.00
% of Calories				48.1%	72.6%	11.1%
Weekly Nutrient Guideline			350 - 500			

### Tuesday - 03/17/2020

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Weighted Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000799 French Toast Sticks w/Syrup	3 sticks	100	390	30	70.02	7.00
990182 Mandarin Oranges	1/4 cup	100	48	9	10.66	0.54
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			598	64	107.69	15.54
% of Calories				42.8%	72.0%	10.4%
Weekly Nutrient Guideline			350 - 500			

### Wednesday - 03/18/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000869 Breakfast Pizza	slice	100	210	9	25.01	10.01
001331 Apple Slices in Bag	2 oz bag	100	30	6	7.00	0.00
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			400	40	59.02	18.01
% of Calories				40.0%	59.0%	18.0%
Weekly Nutrient Guideline			350 - 500			

### Thursday - 03/19/2020

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Weighted Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
001442 Hot Cakes w/Sausage	Serving	100	333	25	57.33	9.33
990182 Mandarin Oranges	1/4 cup	100	48	9	10.66	0.54
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			541	59	95.01	17.87
% of Calories				43.6%	70.2%	13.2%
Weekly Nutrient Guideline			350 - 500			

### Friday - 03/20/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000046 Cheerios	1oz. bowl	100	100	1	20.00	3.00
990178 Applesauce	1/4 cup	100	44	8	9.83	0.00
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			304	34	56.83	11.00
% of Calories				44.7%	74.8%	14.5%
Weekly Nutrient Guideline			350 - 500			

### Monday - 03/23/2020

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Weighted Values

Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
990209 Cinnamon Chex 1oz	bowl	100	120	6	22.00	1.00
990178 Applesauce	1/4 cup	100	44	8	9.83	0.00
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			324	39	58.83	9.00
% of Calories				48.1%	72.6%	11.1%
Weekly Nutrient Guideline			350 - 500			

### Tuesday - 03/24/2020

### Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
001457 Sausage & Biscuit	sandwich	100	273	3	29.40	12.10
990182 Mandarin Oranges	1/4 cup	100	48	9	10.66	0.54
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			481	37	67.07	20.64
% of Calories				30.8%	55.8%	17.2%
Weekly Nutrient Guideline			350 - 500			

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## Wednesday - 03/25/2020

## Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000869 Breakfast Pizza	slice	100	210	9	25.01	10.01
001331 Apple Slices in Bag	2 oz bag	100	30	6	7.00	0.00
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			400	40	59.02	18.01
% of Calories				40.0%	59.0%	18.0%
Weekly Nutrient Guideline			350 - 500			

## Thursday - 03/26/2020

## Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
001068 Pancake on a Stick *	1 Each	100	320	29	49.00	6.00
990182 Mandarin Oranges	1/4 cup	100	48	9	10.66	0.54
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00

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Mar 2, 2020 thru Mar 31, 2020

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			528	63	86.67	14.54
% of Calories				47.7%	65.7%	11.0%
Weekly Nutrient Guideline			350 - 500			

### Friday - 03/27/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000046 Cheerios	1oz. bowl	100	100	1	20.00	3.00
990178 Applesauce	1/4 cup	100	44	8	9.83	0.00
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			304	34	56.83	11.00
% of Calories				44.7%	74.8%	14.5%
Weekly Nutrient Guideline			350 - 500			

### Monday - 03/30/2020

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
990209 Cinnamon Chex 1oz	bowl	100	120	6	22.00	1.00

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## Weighted Values

990178 Applesauce	1/4 cup	100	44	8	9.83	0.00
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			324	39	58.83	9.00
% of Calories				48.1%	72.6%	11.1%
Weekly Nutrient Guideline			350 - 500			

## Tuesday - 03/31/2020

## Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
000799 French Toast Sticks w/Syrup	3 sticks	100	390	30	70.02	7.00
990182 Mandarin Oranges	1/4 cup	100	48	9	10.66	0.54
001487 Orange Juice	4.23oz box	100	60	13	15.01	0.00
000589 White Milk	each	100	100	12	12.00	8.00
Weighted Daily Average			598	64	107.69	15.54
% of Calories				42.8%	72.0%	10.4%
Weekly Nutrient Guideline			350 - 500			

	Cals <sup>1</sup> (kcal)	Sugars (g)	Carb (g)	Protn (g)
Weighted Averages	429	46	71.49	14.46
% of Calories		42.9%	66.7%	13.5%

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Weighted Values

Mar 2, 2020 thru Mar 31, 2020

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*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE:** *The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*