

# JANUARY LUNCH MENU - 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7 NO SCHOOL	8 Mortadella/ Turkey sandwich Chips, lettuce, tomato, pickles, Fruit	9 Lahmajun/ Cheese boreg Green salad, Cucumbers, Yogurt/Fruit	10 <b>PSC meeting</b> Bulgur pilaf/ chicken Yogurt/ Cucumber/ Tomato/Fruit	11 Cheese Pizza Green salad Fruit	12
13	14 Oven baked chicken strips/ tenders, broccoli, chips, tomato Fruit	15 Karmir Pilaf/ w/ground beef cabbage salad Fruit	16 Soft Taco Tortilla chips Salsa & cheese Tomato, lettuce Corn & Black Beans salad Fruit	17 Green Bean stew/rice Yogurt/ Cucumber Fruit	18 Cheese pizza Celery, Carrots, Ranch dip Fruit	19
20	21 NO SCHOOL <b>Martin Luther King Jr. Day</b>	22 Luleh kebob sandwich Salad shirazi Fruit	23 Lentil Soup French rolls Corn on the cob Fruit	24 <b>PSC meeting</b> Regular Chicken/Rice or Teriyaki chicken/Rice Steamed veggies/Fruit	25 Cheese pizza Caesar salad Fruit	26
27	28 Hamburger Chips, lettuce, tomato, pickles Carrots, celery ranch dip Fruit	29 Athletic Picture Day 1st-4th grades Pasta/meat Green salad Fruit	30 Athletic Picture Day 5th-8th grades Oven baked chicken strips/ tenders, broccoli, chips, tomato, fruit	31 Pea stew/meat Rice Yogurt, cucumber Fruit		