



**Dear Parents:**

**In an attempt to provide a healthy environment for our students and staff we would like to give parents guidelines to use when they are deciding whether to send their possibly ill child to school.**

**Please follow these guidelines BEFORE sending your child to school:**

- 1. When the discharge from your child's nose is green, KEEP THEM HOME until it returns to clear and/or they have been placed on the appropriate medications.**
- 2. If your child is placed on an antibiotic to treat an illness, your child MUST STAY HOME UNTIL ON MEDICATION FOR 24 HOURS.**
- 3. If your child is running a temperature of 100 degrees or higher the in the evening, KEEP THEM HOME THE NEXT DAY. Children must be fever free for 24 hours without medication before returning to school.**
- 4. When your child has two or more loose to watery stools in last 24 hours, KEEP YOUR CHILD HOME. They may return when the stool is of normal consistency.**
- 5. If you suspect your child is becoming ill, DO NOT GIVE THEM TYLENOL OR MOTRIN AND THEN SEND THEM TO SCHOOL.**
- 6. If you think or suspect your child is ill, KEEP THEM HOME. When a child is in the school setting they will be expected to participate in all their normal activities unless otherwise advised by their doctor.**
- 7. If your child has been diagnosed with allergies that cause your child to have a runny nose and/or other conditions, PLEASE GIVE THEM THE APPROPRIATE MEDICATIONS AS PRESCRIBED BY THEIR DOCTOR.**
- 8. If your child vomits after 6p.m. the preceding evening, KEEP THEM HOME UNTIL THEY ARE ABLE TO TOLERATE THEIR REGULAR DIET.**
- 9. If your child is seen in the emergency room for a serious injury and/or illness, WE MUST HAVE A DOCTOR'S RELEASE BEFORE THEIR RETURN TO SCHOOL. This doctor's release should include any changes that need to be made in the child's normal activities at school.**
- 10. Pinkeye (conjunctivitis) evidenced by tears, redness of eye and eyelid lining, and discharge of the eye (the eye being stuck shut in the morning). Child must be on prescribed medication for 24 hours before returning to school.**
- 11. PLEASE, take the time to update the phone numbers on your child's emergency contact card. IN CASE OF AN EMERGENCY OR WHEN YOUR CHILD IS ILL WE NEED TO BE ABLE TO CONTACT SOMEONE OTHER THAN YOURSELF TO HAVE YOUR CHILD PICKED UP.**
- 12. Students are not allowed to carry medications while at school. ALL MEDICATIONS must have the appropriate paperwork on file with the nurse.**

**Thank you for assisting us in providing a healthy environment for the students and staff at our school.**

**Sincerely,**

**School Nurse**

4531-HS (8/10)