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REMINDER: RESERVED PARKING STALLS

All marked stalls, Reserved, Principal, Vice Prinicipal and Staff are **Reserved 24 hours every day**. Please refrain from parking in these stalls during events. Mahalo!

FRESHMEN - SOPHOMORE BANQUET, SATURDAY, MARCH 2ND

The Freshman-Sophomore Banquet will be held on March 2, 2019. The banquet will be from 5:30pm to 10:00 pm at Hale Koa Hotel. Doors will open at 5:00pm, with the event to begin at 5:30pm, and dinner will be at 6:00pm. We will be collecting forms and money from January 28 through February 1 behind the library. Table sign-ups will be on February 11-13 behind the library. The total cost for the banquet is \$45.00. Refunds will be in room A303 on February 4th and 5th.

LITERATURE FESTIVAL MEETING, WEDNESDAY JANUARY 16TH

Calling all writers, film-makers, poets, musicians and artists: There's a meeting this Wednesday, January 16th, in C103 during lunch for those interested in running a student-led or faculty-led session during this year's Literature Festival to take place Feb. 21 and 22 during the first three periods of each day.

If you or your group is interested but cannot make the meeting, email smurayama@kaiserhs.k12.hi.us to reserve your spot.

MEET SELINA GUJAN, TEACHER'S ASSISTANT FROM SWITZERLAND

Students might see a new face walking around campus, say Aloha to Selina Gujan (pronounced Ju-yan), who came all the way from the University of Zurich to study teaching here at Kaiser for the next month. She is studying English, therefore, part of her curriculum is to go to an English speaking country. Selina is thrilled to be here, as some of her colleagues are studying in England and Ireland and they are stuck in a foot of snow! Her goals while here at Kaiser is to learn new teaching methods, improve her language skills and learn more about our Hawaiian Culture. E Komo Mai, Selina! Click here for picture: [Selina Guyan](#)

WIKI AND ALTERNATE LUNCH RETURNS!

Thank you for your patience, Cougars. In February, the Alternate Lunch Menu will return! In addition, for those who missed breakfast, or can't wait for lunch a Wiki (snack during 1st recess) will also be served.

WINTER GUARD DANCE-A-THON FUNDRAISER LED BY ZUMBA INSTRUCTORS!

Enjoy a great afternoon workout with Zumba dancing! Please support the Winter Guard on Sunday, February 10th from 3:00-5:00pm at the Kaiser High School Cafeteria, as they raise funds for equipment needed to compete in the Winter Guard International Regional Competition in Denton, TX.

\$10.00 tickets available from any Winter Guard member, at the door, or call Audrey at 808-383-5499. Raffle prizes! Fun for everyone! Click here for flyer: [Winter Guard Zumba](#)

CLASS OF 2022 – CPK FUNDRAISER, TUESDAY, JANUARY 29th

Please support the Freshman Class as they begin raising money for Freshman Sophomore Banquet. Enjoy fresh pizza at California Pizza Kitchen on Monday, January 29th. Don't want to dine-in? Get your pizza to go with their excellent takeout service. Call them at 808 737 9446 to place your order!

Bring THIS flyer when you arrive! [CPK Flyer](#). We appreciate all your support.

We hope you have a wonderful New Year!

PSAT TEST SCORES

For students who took the PSAT in October, your test scores will be ready to be picked up in H101, on January 14th and 15th. You may pick them up during non-instructional time only. Then make time to attend one of informational sessions to go over and interpret your results on January 17th during lunch and after school. Here, you will pick up important tools to help you prepare for the SAT. Sorry, January 18th sessions are cancelled due to no school.

QUARTER 2/SEMESTER 1 REPORT CARD DISTRIBUTION

Target date for Quarter 2/ Semester 1 report card distribution is Wednesday, January 16, 2019 during Period 1.

PROJECT GRADUATION ANNOUNCEMENTS:

PG 2019 CAR WASH SIGN UP!

Project Grad 2019 participants, sign up for a Car Wash shift today! Car Wash will be held on Saturday, January 26th at the Chevron station near Times Supermarket. There are two shifts 9 - 11:30am and 11:30 - 2:00pm. Grab your family and friends - have fun while raising funds for Project Graduation 2019.

Click here to sign up: [PG2019 Car Wash](#)

SANDY BEACH CLEAN-UP UPDATE

Mahalo to all parents and students who came out this past Saturday morning to clean Sandy Beach and fundraise for Project Grad! Great job on a Win-Win project. Click here for group photo: [PG 2019 Sandy's](#)

Sign up above for the Car Wash!

PROJECT GRADUATION CLASS OF 2019

December 22nd through graduation - \$300.00

Download your registration form here: [ProjectGrad 2019](#). Forms are also available at the front office. Please fill them out completely and return with your payment to the front office.

Parents... please email kaiserprojectgrad2019@gmail.com if you would like to join the committee and to stay informed.

COLLEGE AND CAREER ANNOUNCEMENTS:

UNITED STATES MARINE CORPS VIST

Learn about different Marine Corps scholarship and education opportunities, job opportunities, along with other benefits that the Marine Corps has to offer. Learn how the Marine Corps can help you achieve your goals.

2 Sessions;

Thursday, January 17, 2019 (B Day) 10:15-10:47

Thursday, January 17, 2019 (B Day) 11:30-12:10

Sign up on [Naviance](#)

COLLEGE FIT PRESENTATION: FINDING THE RIGHT ACADEMIC SOCIAL AND FINANCIAL FIT

Hawaii Kai Library, Monday, January 28th at 5:00pm

This presentation will help to guide students and their families to make informed decisions about finding the right fit for college. This free presentation is suitable for high school students and their families. Younger students and families are also welcome to attend. Click here for more information: [College Fit](#)

SCHOLARSHIPS

Seniors, and not just for Seniors, now is the time to start thinking about scholarships and getting ready for their deadlines. Please click here: [Scholarships](#) to view the many opportunities which are available to you.

CONTESTS

HAWAI'I BICYCLE LEAGUE

Calling All Artists! Design a Hawai'i Bicycle League T-Shirts & Jersys to Win Cash Prizes.

Deadline to enter: **January 18, 2019**. For more information and contest rules, please click here: [HBL Design Contest](#)

20TH ANNUAL DR. MARTIN LUTHER KING PEACE POETRY CONTEST

The International Peach Poem Project started on Maui in 1996 by volunteer teachers, writers and artists. A 6-year-old girl wrote the first lines of the Peace Poem and it has grown to more than 160,000 lines of poetry from over 120 nations. If you would like to be a part of this living, growing peace poem, please click on the following for more information: [Peace Poem](#).

Deadline – February 15, 2019

CANCER UNWRAPPED WRITING CONTEST

Experiencing a cancer diagnosis can cause a storm of emotions. Whether cancer has made you feel angry, sad, lonely, or even grateful, we want to hear about it. The Cancer Unwrapped Teen Writing Contest invites high school students to submit essays about their experience with cancer for the opportunity to win cash prizes. Since the contest began in 2006, we have received more than 2,900 submissions and handed out over \$135,000 in prize money.

Click [here](#) or the graphic to apply. See the flyer for more information.

Deadline - April 15, 2019

KAISER HS ATHLETICS ANNOUNCEMENTS

CLICK HERE FOR [PARTICIPATION/PARENT CONSENT FORM](#):

CLICK HERE FOR [PHYSICAL EXAM/CONCULSSION RISK ACK FORM](#)

CLICK HERE FOR [PARENT ATHLETE HANDBOOK](#)

CLICK HERE FOR [KAISER ATHLETICS WEBSITE](#)

VARSITY BASEBALL TRYOUTS, MONDAY, FEBRUARY 4TH

Tryouts for the Varsity Baseball Team will begin on Monday, February 4th at 3:00 pm. Please report to the baseball field dressed and ready to go at 3:00 pm.

Wear baseball pants, baseball cap, and cleats and bring your own fielding glove.
If you have a batting helmet and a bat, you may bring those as well, but you can borrow if you don't have these items.

Tryouts will run from February 4th - 6th.

There will be a parent meeting on Friday, February 8, 2019 at 5:30 pm for parents of players who make the team.

Any questions or concerns, please contact Wendy Shigeta at: ws96825@gmail.com

VARSITY GIRLS SOFTBALL TRYOUTS, MONDAY JANUARY 28TH

Girls interested in trying out for the Varsity Softball team should meet at the softball field on January 28th at 3:00pm Bring your glove and either cleats or athletic shoes. Tryouts will run from January 28th to the 30th, from 3:00 – 5:30pm.

Do not buy new equipment until tryouts are over.

For more information please call Coach Mitch at 306-3610. You will need to have your physical form and participation form completed.

JV BOYS WIN AT OIA JV PADDLING CHAMPIONSHIPS!

Congratulations to JV Boys team as they raced to the finished and took 1st place with a time of 4:05.34!
JV Girls placed 7th and Mixed JV placed 8th.

Varsity Girls Paddling still remains undefeated and placed 1st this past weekend. Boys Vars placed 3rd and Mixed Varsity took 1st. All Varsity teams qualified for the OIA Championships next week.

JV SWIM OIA CHAMPIONSHIPS UPDATE

JV Swim held their championships this past Saturday. Congratulations Lady Cougars for placing 2nd and Cougars placed 3rd overall! Here are some notable performances:

Girls 200 Yard Relay – 2nd Place; Shayna Gakiya, Emma Chung, Claudia Galaida and Sorren Motaraghi

Girls 200 Yard Freestyle – 1st Sorren Motaraghi, 3rd – Emma Chung, 4th – Keira Johnson, 5th Kristen Johnson

Girls 100 Yard Freestyle – 3rd – Emma Chung, 6th Kristen Johnson

Girls 500 Yard Freestyle – 3rd Claudia Galaida, 5th Sorren Motaraghi, 6th Shayna Gakiya and 8th Zara Komo

Boys 500 Yard Freestyle – 1st Sam Delgadillo, 7th Thomas Osa

Boys 100 Yard Butterfly – 3rd Sam Delgadillo

Girls 100 Yard Butterfly – 6th Keira Johnson

Girls 200 Yard Freestyle Relay – 2nd Place; Keira Johnson, Kristen Johnson, Zara Komo and Lindsey Fujimori

Girls 100 Yard Backstroke – 2nd – Shayna Gakiya, 10th Elana Ingwers

Girls 100 Yard Breaststroke – 3rd Claudia Galaida, 7th Lindsey Fujimori, 9th Presley Jacobsen

Girls 400 Yard Freestyle Relay – 2nd Place; Emma Chung, Shayna Gakiya, Claudia Galadia, Sorren Motarahgi

Way to go, Cougars!

For full results, Click here: [OIA JV SWIM](#)

FOOTBALL - ALL DII HAWAI'I TEAM

The football All Hawai'i team has been named.

Congratulations to Mason Yoshino (WR) for being selected 1st Team, All Hawai'i Team!

Also, Congratulations to the following Cougars for being named Honorable Mention:

Koa Tom (QB) , Noah Matsumoto (OU) , Joseph Chin (DL), Kaolulo Sua (DL), Hunter Yamada (DB), Ethan Domen (DU), Kyler Halvorsen (K), Dre Falls (AP), Jesse Strode (AP) and Coach Tim Seaman

LADY COUGARS BASKETBALL UPDATE – OIA PLAYOFFS

Come on out to Kaiser Gym on Wednesday, Jan. 16th at 6:00pm. Lady Cougars finished 3rd in the East and they face Nanakuli for their first OIA playoff game. Go Lady Cougars!

LADY COUGAR SOCCER – OIA PLAYOFFS

After a tremendous regular season, our Lady Cougars ended up 2nd in the East Division and 8th in the overall Scoring Live Power Rankings (ranking of all leagues combined, OIA, ILH and outer island). Today they start their OIA Playoff journey against Aiea. Game starts at 5:30pm at Mililani High School. Go Lady Cougars and bring the game home!

JV girls fell to a tough Campbell team 1 – 3 last Thursday. Mahalo for a great season JV Lady Cougars!

BOYS SOCCER UPDATE

Vs. Kalaheo, won 2 – 1; JV won 7- 0

Cougar Stadium. Come on out to cheer on our JV Boys Soccer as they face Campbell in the 1st round of the OIA Playoffs. JV Boys ended their regular season with a Tie for 1st place in the East Division. Let's go Cougars!

With their win over Kalaheo this past weekend with two goals from Kyler Halvorsen, Cougars ended their season in 1st place. Congrats Cougars on an Amazing season! Their bid to the OIA Championship starts next Monday.

BOYS BASKETBALL UPDATE

Vs. Anuenue, won 62 - 28

UPCOMING ATHLETIC EVENTS

Tuesday, January 15

Boys Basketball vs. Castle @ Castle, 5:30pm

Wednesday, January 16

JV Baseball vs. Moanalua @ Kaiser, 3:00pm

Girls Basketball vs. Nanakuli @ Kaiser, 6:00pm **OIA Playoffs**

JV Boys Soccer vs. Campbell @ Kaiser, 7:00om **OIA Playoffs**

Friday, January 18

JV Wrestling Championships @ Radford, 4:30pm

Boys Basketball vs. Kaimuki @ Kaimuki 5:30pm

KAISER COMPLEX ANNOUNCEMENTS:

BELLA PROJECT DRESS, SATURDAY JANUARY 26TH

Registration is now open for the Spring 2019 dress giveaway. Open for high school students only and this event is not just for prom.

Do you want to go to prom in the dress of your dreams, but simply cannot find an affordable dress? High school students face challenges every day, and going through this important rite of passage should not be an additional stress. The Bella Project truly believes that every high school woman deserves to feel

beautiful on the day of her prom, and we are here to make your dreams come true. We are here to make you the “bella of the ball” – for free! Click on the link to register: [Bella Project Dress](#)

HONOLULU DISTRICT SCIENCE & ENGINEERING FAIR: SEEKING JUDGES

The Honolulu District Science and Engineering Fair will be held on Saturday, February 16, 2019 at Farrington High School. We anticipate approximately 300 student projects from grades 6-12 this year. We are seeking approximately 125 judges across 22 categories to identify approximately 50 projects that will proceed to the state and international fairs. Your support and partnership with the Honolulu District Science and Engineering Fair is what makes it possible for our children to explore and discover new understandings in the science and engineering field. On behalf of the teachers, parents, and most importantly our students, thank you for considering this opportunity.

Category list: <http://tinyurl.com/ISEFcategories2019>

Judge registration: <http://tinyurl.com/JudgeRegistrationHonSEF>. Deadline, Friday, January 12, 2019. If you have colleagues and friends who might be interested in serving as a judge, please feel free to share this information with them.

For more information: fkkestem@fkk.k12.hi.us.

KAISER HIGH SCHOOL FARMER'S MARKET

Farmer’s market returns today and every Tuesday, from 4:00 until sunset. Come on out for tasty treats at the Farmer’s Market held in the Kaiser High School parking lot.

IMPORTANT UPCOMING DATES (Click here for link to [KHS CALENDAR](#))

- Jan 16 Report Card Distribution, Period 1
- Jan 16 Friends of Kaiser PTSA, 6:00pm in the Admin Conference Room
- Jan 17 SCC Meeting, 5:00pm in the Library
- Jan 18 Planning and Collaboration Day – No Students
- Jan 21 Holiday – Martin Luther King Day – No School
- Feb 5 Kaiser High Blood Drive
- Feb 6 Class of 2021, IBMYP Personal Project Due
- Feb 11 Teachers’ Institute Day – No Students
- Feb 18 President’s Day Holiday – No School
- Feb 20 ACT Testing

Feb 21 – 22 Literature Festival

Mahalo,

Ann Olson

Parent Community Network Coordinator (PCNC)

Henry J. Kaiser High School

An International Baccalaureate World School,

AVID Certified, Advanced Placement and Dual Credit School

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