

Corpus Christi Athletics

2018-2019

Corpus Christi Athletics Philosophy

The Athletics program at Corpus Christi School provides its student athletes with an opportunity to participate in a quality extra-curricular sports program which upholds the philosophy of the school, our Catholic community and that of the Catholic Youth Organization (C.Y.O.). Corpus Christi Athletics strives to develop and improve basic skills and teach healthy physical habits towards the common goals of successful teamwork, respect for others, competitive achievement and an overall positive experience for all participants. It is the mission of Corpus Christi Athletics to teach fair play and good sportsmanship, to help each individual athlete set and evaluate achievable goals and to build individual self-worth through the encouragement of coaches and teammates and the sense of belonging to a group who share a common goal. Through Athletics we will encourage and nurture leadership and personal responsibility and channel the competitive spirit of our student athletes and coaches towards the accomplishment of collective goals which foster the development of the whole person in mind, body and spirit. It is the goal of Corpus Christi School and its coaches to establish and maintain an Athletics program which is fun for all its student athletes, promotes the ongoing opportunity for daily physical exercise and continues our mission as a school to build unity and school spirit within our community.

Catholic Youth Organization (CYO) Philosophy

The mission of the CYO is to provide organized athletic opportunities to youth in a Catholic environment. With this mission in mind, the policies, procedures, rules and regulations set forth in the CYO Governing Manual (available on their website at www.cyola.org) are based on the following philosophical objectives:

- Provide a wholesome outlet for a student athlete's physical energy while strengthening the student athlete's spiritual and social values.
- To build a community that 1.) strives to image Christ and 2.) instills the Christian sportsmanship in the lifestyles of the participants.
- To center the athletic program for the youth and for the youth's development of physical skills, social skills, emotional and mental growth and spiritual strength.
- To help form well-rounded youth by fostering good health habits, teaching the positive value of athletic participation and showing the necessity of practice, hard work and time management.
- To recognize the vital role the coach plays in the development of the youth and to train the coaches as youth ministry leaders under the Archdiocesan required coaching certification program, Play Like A Champion Today.
- To teach all the participants (School Administrators, Coaches, Student Athletes and Spectators), the proper attitude towards winning, losing and competing with dignity.
- To develop Catholic community, school spirit, team spirit and personal acceptance.
- To train, instruct and follow athletic/sports rules.

Varsity Sports

Varsity Sports are offered for students in 7th and 8th Grade levels. Lower grade level participation on Varsity Sports teams shall only be made in cases whereby 7th and 8th Grade participation is too low to establish a team to practice and compete at the Varsity level within the CYO. Decisions related to the participation of lower grade level students at the Varsity level shall be at the sole discretion of the Athletic Director and the Principal. Varsity Sports are the highest level of interscholastic sports offered at Corpus Christi School, and teams will practice and be coached to compete at such a level throughout the season. Student athletes and their families should understand that playing time and the individual roles of each athlete at the Varsity level are at the discretion of the coach. Emphasis at the Varsity level will be placed on team strategy, competition, preparedness, and the value of teamwork. An important goal of Varsity sports is to begin the preparation for student athletes to participate in high school sports. Corpus Christi School maintains a “no-cut” policy when it comes to student participation and the goal of our coaches at the Varsity level will be to develop teams whereby the maximum number of student athletes earn an opportunity to compete in as many games as possible while keeping the team competitive throughout the season.

IMPORTANT NOTE - All student athletes and their parents should understand playing time during the regular season and the playoffs is NOT guaranteed at the Varsity Level. Student athletes and their parents should NOT expect players to be given playing time simply due to consistent participation in practice and attendance at games. While coaches will do their best to get as many players as possible into games, the individual and collective skills of our student athletes, the level of competition and the game strategy will dictate how players are utilized. Playing time will be solely at the discretion of the coach.

Junior Varsity Sports

Junior Varsity Sports are offered for students in 5th and 6th Grade levels. Junior Varsity sports are both competitive and developmental. Junior Varsity sports are the transitional level between elementary school sports participation and Varsity Sports. Student athletes and their families should understand that playing time and the individual roles of each athlete at the Junior Varsity level are at the discretion of the coach. Emphasis at the Junior Varsity level will be placed on participation, foundational skills development, individual improvement, the enjoyment of the game and the value of teamwork. Strategy and competitiveness will certainly play a role in the development of our Junior Varsity teams, while striking the right balance between competition and participation will be a priority. Corpus Christi School maintains a “no-cut” policy when it comes to student participation and the goal of our coaches at the Junior Varsity level will be to maintain a focus on the development of each student athlete and the team as whole during practice and through balanced opportunity for student athletes to gain competitive experience in the maximum number of games.

Corpus Christi Athletics - Student Athlete Code of Conduct

As a student athlete at Corpus Christi, I understand that participation in a sport is a privilege and not a right. I agree to the following *Code of Conduct* and I will strive to:

1. Respect one's self, opponents, officials, coaches, teammates and spectators at all times.
2. Listen to and learn from the coaches.
3. Work hard to improve my skills and to help my team.
4. Come to practice ready to participate in your CCS P.E. uniform.
5. Follow all the rules set by the coach, the school, the sport/league and the Archdiocese.
6. Be a good sport. Demonstrate good sportsmanship towards your opponents and your teammates.
7. Cooperate with coaches, teammates, officials and opponents.
8. Respect the judgement of officials. Never argue or show disrespect to the officials or opposing coaches or spectators. I understand only my coach should ask an official for clarification of a call or a rule.
9. Welcome our opponents prior to the start of competition and congratulate our opponents at the end of competition.
10. Help a teammate or an opponent up from the field of play who has fallen or has been hurt.
11. Accept both victory and defeat with pride and honor.
12. Thank coaches and officials for their time and help in providing us with the opportunity to compete.
13. Attend all practices and games. Notify the coach in advance if I am not able to attend a scheduled event or will only be available to participate for a limited time due to late arrival or early departure.
14. Come prepared with the proper equipment ready for both practices and games. A full team uniform is required to play in a game.
15. You understand that "bench personnel" are just as important to the team as players in the game. You agree to support and cheer for the members of BOTH teams; never criticize a teammate or an opposing player; and stay positive.
16. Remember that school rules and policies regarding behavior apply to all student athletes participating in Corpus Christi Athletics.
17. Respect school property at all venues at all time.
18. Return all school property, including uniforms, to the coach or Athletic Director by the due date in good condition.
19. Play hard each minute you are in a game. CCS Wildcats win with pride and lose with honor.
20. Represent CCS with pride at all times. Your actions and behavior while in a Corpus team uniform are an extension of your school. It is an honor to be a "Wildcat".

STUDENT-ATHLETE SIGNATURE: _____

PRINT NAME _____ DATE: _____

Corpus Christi Athletics - Parent Code of Conduct

As a parent of a student-athlete at Corpus Christi School, I understand the attendance at an athletic event is a privilege and not a right. I agree to the following *Code of Conduct* and I will strive to:

1. Encourage good sportsmanship, effort and teamwork for student athletes, coaches and spectators.
2. Support the school, the coaches and the goals of each sport's team.
3. Reinforce the importance of fair play, good sportsmanship, respect for self and respect for others while participating in all athletic events.
4. Let the coach guide and instruct my child during practices and competition.
5. Compliment and encourage participants. Never ridicule or yell at a child for a mistake or for losing.
6. Learn the rules of the sport to better understand and appreciate why certain situations take place.
7. Respect the judgments of the officials as well as the efforts of the coach by refraining from yelling, arguing, gesturing or inciting other spectators to such behavior.
8. Use positive cheers which praise our team without antagonizing our opponents.
9. Refrain from "coaching from the stands" and yelling instructions or directions to student athletes during competition.
10. Keep winning and losing in perspective and help my child to do the same. Support effort and both team and player performance above outcome.
11. Support all efforts to remove unsportsmanlike behavior from Corpus Christi athletic events.
12. Attend games and support our athletes, our school and our community.
13. Help provide transportation when possible to get our teams to their scheduled venues for games.
14. Communicate in advance with coaches when players will be absent, late or must leave early from practices and games. Encourage punctuality and preparedness when student athletes arrive for events.
15. Stay off the playing area at all times.
16. Submit all required participation and medical forms.
17. Help ensure that your child(ren) is in their full team uniform for games, and has the CCS PE uniform to wear at all team practices. Participation is contingent on students being in uniform.
18. Honor your financial commitment for Athletics participation in the agreed time frame.
19. Ensure that all school property, including uniforms, is returned by the due date in good condition to the coach or the Athletic Director.

PARENT SIGNATURE: _____

PRINT NAME: _____ DATE: _____

STUDENT ATHLETE NAME(S): _____