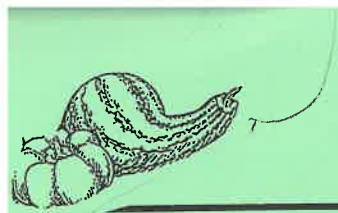


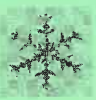






ENOSBURG FALLS/ MIDDLE HIGH SCHOOL DECEMBER 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3-Dec Fr Toast Stix & syrup, Bagels, Cereal <i>HAPPY HANNUKAH</i>  Deli Bar OR Fish STICKS w/ Cheese, Potato Wedges, Tri-color p Buttered Corn Choice of 2 fruits	4-Dec Cinnamon Bun, or Bagel, or Cereal + yogurt, Juice, Melon Deli Bar OR Corn Dogs, fries, Broccoli & Cheese, Sliced Cucumbers Choice of 2 fruits	5-Dec Sausage patty & cheese on WW Biscuit cereal & Yogurt, Bagel, Banana, Juice Deli Bar OR Spaghetti & Meat sauce, <i>Delicata Squash Smiles</i> Caesar Salad, Garlic Stick Choice of 2 fruits	6-Dec Whl grain choc chip muffin, bagel, Cereal, cinnamon toast, juice, berries Deli Bar OR Chicken Fingers Mashed Potatoes Green Beans, Carrot Sticks Choice of 2 fruits	7-Dec Cinnamon Bun or Bagel, or Cereal + yogurt, Juice, Melon Deli Bar OR Pulled Pork on Sub Roll Spiral Fries, Baked Beans Maple-glazed Carrots Choice of 2 fruits
10-Dec Egg & Cheese Bagel, bagel or Cereal + Yogurt, grapes Deli Bar OR Goulash, Whole Grain Roll, Broccoli & Chese Romaine & tomatoes Choice of 2 fruits	11-Dec Cinnamon pound cake+ yogurt, bagel, cereal & Toast, juice, berries Deli Bar OR Pizza OR Chicken & Biscuits Rice Pilaf Zucchini Casserole Choice of 2 fruits	12-Dec Sausage patty & cheese on WW Biscuit cereal & Yogurt, Bagel, Banana, Juice Deli bar OR Minestrone Soup, Meatball grinder, <i>Butternut Squash, Caesar Salad</i> Choice of 2 fruits	13-Dec Yogurt Parfait w/ berries, bagel, Cereal, cinnamon toast, juice, berries Christmas Holiday Dinner Roast Turkey, Stuffing, Mashed Potatoes, Ambrosia, Homebaked Rolls, Cranberry Sauce, Veg Tray Peppermint Stick Ice Cream, Fruit	14-Dec Sausage & cheese on Whl Gr Bagel, bagel or cereal & yogurt juice, fruit Deli Bar OR Enosburger Bar + Cheese, French Fries, Baked beans, Cole Slaw Choice of 2 fruits
17-Dec Pancake & Sausage on a stick, bagel, Cereal & Toast, juice, berries Pizza OR deli bar OR Sloppy Joes, Baked Potato bar, Peas, Mesclun Salad Choice of 2 Fruits	18-Dec Pumpkin Bread + yogurt, Bagel, cereal & toast, Juice, Fruit Deli Bar OR Cheese Quesadilla, Brown Rice Pilaf, Corn Niblets, Veggie Tray/Ranch dip, Choice of 2 Fruits	19-Dec Sausage & cheese on Whl Grain Bagel, cereal & Yogurt, bagel, Juice Strawberries Deli Bar OR Lunch-a-round Pizza, Broccoli & Cheese, Caesar Salad, Choice of 2 fruits	20-Dec Oatmeal or cereal & yogurt parfait, bagel, juice, melon Deli bar OR Chicken Nuggets, French Fries, Garden Salad Choice of 2 fruits	21-Dec <i>WINTER SOLSTICE</i>  Deli Bar Chocolate Chip Cookie Choice of 2 fruits
24-Dec  NO SCHOOL	25-Dec  MERRY CHRISTMAS! FELIZ NAVIDAD!	26-Dec  HAPPY KWANZAA	27-Dec  NO SCHOOL	28-Dec  NO SCHOOL

Milk served with all meals: fat free choc OR Strawberry or 1% Menu subject to change Chef's salad offered daily if ordered by 9 am. Sandwich bar offered daily
 This Institution is an Equal Opportunity Provider

