



A+ Charter Schools, Inc. October



Mon	Tue	Wed	Thu	Fri
<p>1 Chile/Cheese Nacho / Rounds or Breaded Beef Patty/ Bun</p> <p>Refried Beans Carrots Coins Pineapple 100% Fruit Juice Assorted Fresh Fruit Ketchup, Jalapeño , Salsa , Choice of Milk</p>	<p>2 Chicken Burrito or Taco Sticks</p> <p>Pinto Beans Mixed Vegetables Mango Caliente Juice Cup Assorted Fresh Fruit PC. Salsa, Jalapeno, Choice of Milk</p>	<p>3 Spaghetti/Meat Sauce or Chicken Nuggets</p> <p>Fresh Garden Salad Corn Fruit Cocktail Assorted Fresh Fruit Breadstick Ketchup, Ranch Dressing Choice of Milk</p>	<p>4 Baked Chicken w Roll or BBQ Chicken Patty /Bun</p> <p>Celery Sticks/Ranch Sweet Puffs Congealed Salad Assorted Fresh Fruit PC. Ketchup, Mustard Choice of Milk</p>	<p>5 Fish Patty Sandwich or Steak Fingers w/Roll</p> <p>Broccoli w/Cheese Sauce French Fries Waldorf Salad Peaches Assorted Fresh Fruit Tartar Sauce, Ketchup</p>
<p>8 Spicy Chicken Patty/bun or Spaghetti w/Meat sauce Breadstick</p> <p>9</p> <p>Potato Smiles Green Beans 100% Fruit Juice Sliced Peaches Assorted Fresh Fruit Ketchup, Mayo Choice of Milk</p>	<p>9 Hot Dog or Hot Ham & Cheese /Sun Chips</p> <p>Sweet Thing Potatoes Spinach And Strawberry Salad Applesauce Cups Mandarin Orange Assorted Fresh Fruit Ketchup, Mustard, Mayo Choice of Milk</p>	<p>10 Chicken Tenders w/Roll or Fish Sandwich</p> <p>Baby Carrots/Ranch Dressing French Fries Red Congealed Pineapple Salad Assorted Fresh Fruit Ketchup, Tartar Sauce Choice of Milk</p>	<p>11 Baked Potatoes /Cheese Taco Sticks</p> <p>Pinto Beans Corn Corn Bread Sparkling Pears Assorted Fresh Fruit Jalapeño , Salsa Choice of Milk</p>	<p>12 Cheese/Pepperoni Pizza or Beef Patty /Bun</p> <p>Burger Salad Carrots Coins Mango Caliente Juice Cup Rosy Applesauce Assorted Fresh Fruit Jalapeño , Salsa Choice of Milk</p>
<p>15</p> <p>No School</p> 	<p>16 Oven Fried Chicken or Chile Cheese Dogs/bun</p> <p>Carrot Coins Whip Potatoes Mandarin Orange Assorted Fresh Fruit Honey Wheat Rolls Ketchup Choice of Milk</p>	<p>17 Quesadilla or Beef Tamales</p> <p>Pinto Beans Peas and Carrots Spanish Rice Pineapple Tidbits Assorted Fresh Fruit Jalapeño , Salsa Choice of Milk</p>	<p>18 Spicy Chicken Sandwich Chicken Tenders/Dinner Roll</p> <p>Fresh Veggie Cup w/Ranch Baked Fries Ambrosia Peaches Assorted Fresh Fruit Ketchup Choice of Milk</p>	<p>19 Chicken Burrito or Taco Sticks</p> <p>Mexican Corn Mixed Vegetables Mango Caliente Juice Cup Fruit cocktail Assorted Fresh Fruit PC. Salsa, Jalapeno, Choice of Milk</p>
<p>22 Spaghetti/Meat Sauce or Steak Fingers</p> <p>Green Beans Carrots Rosy Applesauce Assorted Fresh Fruit Garlic Bread Sticks Ketchup Choice of Milk</p>	<p>23 Salisbury Steak w/ Breadstick or Pizza</p> <p>Spinach Apricots Tossed Salad Canned Fruit Assorted Fresh Fruit Ketchup, Brown Gravy Choice of Milk</p>	<p>24 General TSO Chicken bowl w Brown Rice or Chicken Nuggets/Dinner Roll</p> <p>Steamed Broccoli Corn Congealed Salad Assorted Fresh Fruit Ketchup Choice of Milk</p>	<p>25 Chile/Cheese Nacho / Rounds or Breaded Beef Patty/Bun</p> <p>Pinto Beans Mixed Vegetables Mango Caliente Juice Cup Assorted Fresh Fruit Ketchup, Jalapeño , Salsa , Choice of Milk</p>	<p>26 Cheeseburger or Chicken Patty/ Bun</p> <p>Sweet Potato Fries Burger Salad Assorted Fresh Fruit Sparkling Pears Ketchup, Mustard ,Mayo Choice of Milk</p>
<p>29 Chile/Cheese Nacho / Rounds or Breaded Beef Patty/Bun</p> <p>Refried Beans Mixed Vegetables Pineapple Assorted Fresh Fruit Ketchup, Mustard , Jalapeño , Salsa , Choice of Milk</p>	<p>30 Chicken Burrito or Taco Sticks</p> <p>Pinto Beans Mixed Vegetables Mango Caliente Juice Cup Assorted Fresh Fruit PC. Salsa, Jalapeno, Choice of Milk</p>	<p>31 Spaghetti/Meat Sauce or Chicken Nuggets</p> <p>Fresh Garden Salad Corn Pears Chillin' Bat Juice Cup Assorted Fresh Fruit Breadstick Ketchup, Ranch Dressing Choice of Milk</p> 	<p>1 Baked Chicken w Roll or BBQ Chicken Patty /Bun</p> <p>Celery Sticks/Ranch Sweet Puffs Congealed Salad Assorted Fresh Fruit PC. Ketchup, Mustard Choice of Milk</p>	<p>2 Fish Patty Sandwich or Steak Fingers w/Roll</p> <p>Broccoli w/Cheese Sauce French Fries Tossed Salad Mandarin Orange Assorted Fresh Fruit Tartar Sauce, Ketchup Choice of Milk</p>

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