

THINK [CA]

Gustine Middle School Gustine High School September

Our menus are aligned with the USDA's Healthier U.S. School Challenge.

A meal includes an entrée, fruit and vegetable selection.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** Low-fat or fat-free milk is included with all meals.

Daily Special
Classic Cheeseburger



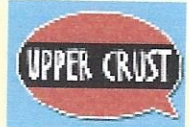
- M** Bacon Cheeseburger
- T** BBQ Pulled Turkey Sandwich
- W** Chicken Parmesan Sandwich
- T** Spicy Chicken Sandwich
- F** Crispy Fish Sandwich

Daily Special
Spinach Salad



- V**
- M** Chicken Caesar Salad w/Roll
- T** Crispy Chicken Salad w/Roll
- W** Taco Salad w/Tortilla Chips
- T** Chef Salad w/Roll
- F** Asian Chicken Salad w/Roll

Daily Special
Pepperoni Pizza



- M** Sausage Pizza
- T** Hawaiian Pizza
- W** Taco Pizza
- T** Cheese Pizza
- F** Supreme Pizza

Daily Special
Turkey & Cheddar Sub



- M** Grilled Cheese Sandwich
- T** Tuna Salad Sandwich
- W** American Sub
- T** Buffalo Wrap
- F** Chicken Caesar Wrap

Daily Special



- M** Cheese Nachos
- T** Orange Chicken w/Rice
- W** Spicy Chicken Tenders w/Roll
- T** Teriyaki Beef w/Rice
- F** Baked Potato w/Broccoli & Cheese & Roll

- LOCAL
- CLEAN
- FRESH
- VEGETARIAN

We use menu identifiers in the café to help students recognize **Local, Clean, Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates options that are made from scratch.

This institution is an equal opportunity provider.

CHOOSE TO EAT WELL



Nutrition information available upon request.

