

Trebein Monthly

January 2019

Inspiring Today, Preparing For Tomorrow

TrebeinNews@gmail.com

A LETTER FROM MRS. WALK, PRINCIPAL

Dear Trebein Families,

As we begin a new year, I look forward with excitement and hope for a bright future for our students, our school, our community, and our world. The young people I work with each day give me confidence in their ability to problem solve and in their commitment to treating each other with compassion. These skills will surely help our children as they become our future leaders.

Trebein staff continues our book study of *The Seven Habits of Highly Effective People*. We are now on Habit 4: Think Win-Win. In order to establish effective interdependent relationships, we must commit to creating situations that are mutually beneficial and satisfying to each party. In solving for Win-Win, two factors must be considered: courage and consideration. Another important factor in solving for Win-win situations is maintaining an Abundance Mentality or the belief that there's plenty out there for everyone. To achieve Win-Win, keep the focus on results, not methods; on problems, not people. Lastly, the spirit if Win-Win can't survive in an environment of competition. As an organization, we need to align our reward system with our goals and values.

Thank you for sharing your children with us!



HAPPY NEW YEAR

JANUARY HIGHLIGHTS!

- 9th: Character Education (wear your grade level shirt!)
- 15th: PTO Meeting, 7pm in the IMC (free child care available!)
- 16th: PTO recap, 9am at Fairfield Commons Starbucks/Play Area
- 16th: Stock the Breakroom
- 21st: NO SCHOOL
- 26th: Family School Dance (Denim and Lace Western Theme!)

SCHOOL CLINIC

NEWS:



Common illnesses and district policies:

While school is a place to grow, learn, and be social – it’s also a place to share things that aren’t worth sharing. I’m talking about GERMS! While all of this is completely unpreventable, we can decrease the spread of these by incorporating the standard precaution guidelines that we all know and love.

[Good \(adequate\) hand washing](#)

[Good \(adequate\) cough/sneeze etiquette](#)

[Disinfect affected areas](#)

Being sick is not fun, but we all (adults and children alike) must push through it and get on with our day – and school work. Staying adequately hydrated (water, water, water), proper nutrition, and getting plenty of sleep at night will help your body heal. Most of these viruses are things we can handle during the school day with positive encouragement and a lot of sympathy. However, there are a handful of illnesses that DO warrant staying home from school. The common ones we’re seeing thus far this year include:

Strep Throat – infection of throat and/or tonsils caused by group A Streptococcus bacteria.

Symptoms include fever, headache, stomach ache, and/or sore throat (though majority of sore throats are caused by a virus).

School policy on Strep Throat – if tested positive, the student **MUST** be on antibiotic treatment for 24 hours before being able to return to school.

Gastroenteritis (aka the stomach bug/flu) – viral infection of the digestive/intestinal tract. Usually lasts 24-48 hours. Symptoms include vomiting, diarrhea (watery, not just loose/softer, stool), and sometimes fever.

School policy on vomiting (caused by virus) – may not return to school until 24 hours without an episode of vomiting, 2 diarrheas, and/or fever – without medication.

Pink Eye (conjunctivitis) – irritation of the eye (itchiness/inflammation), accompanied by lid swelling, drainage from the eyes, and sensitivity to light. Can be either viral or bacterial (clear/watery drainage vs. mucous/purulent drainage usually distinguishes the two).

School policy on conjunctivitis – exclusion during active period of infection (depending on how well the student can keep hands from touching eyes), or 24 hours after antibiotics (IF it’s bacterial).

Influenza (A or B) – Usually comes on suddenly; symptoms include fever, cough, sore throat, runny nose, body aches, headache, chills, and fatigue. Individuals are most contagious the first 3-4 days after their illness begins.

School policy on influenza – exclusion from school for (at least) 3 days after diagnosis or at school nurse discretion.

With all (listed above or otherwise) illnesses, students must be symptom free (no vomit, diarrhea, or fever) for 24 hours – without the use of medications – before returning to school. Despite what your practitioner may suggest regarding when your child should return, school policy supersedes their recommendation.

Help us keep Trebein a safe learning environment!

Please remember that ALL visitors:

- Must enter only through the main entrance.
- Must report to the office immediately upon entering the building during school hours.
- Must sign in and receive a visitor's badge.
- Must sign out before leaving the building.



Trevor Merrill, a 3rd grader at Trebein Elementary, was nominated by his teacher, Mrs. Hoh, to receive the SHINE Award. He was chosen for going above and beyond in showing good character. He will be honored at a special board meeting in the future. Way to go, Trevor!!!



Have you visited the Trebein website lately? It's FULL of great information, important dates, and LOADS of fun pictures of our students working and playing hard! Check it out today!

<https://trebein.gocreek.org/>

EVERYBODY COUNTS

Dear Parents,

Each year at Trebein Elementary, the PTO presents a program called Everybody Counts to every one of our classes. This program teaches students about disabilities and the value of all people. The goal of Everybody Counts is to help the kids learn about disabilities, value each person that has a disability, and to create a culture where everyone feels comfortable with the differences they see in each other.

For some perspective, according to a US Census Bureau report, 1 out of 26 American families raise children with a disability and 1 out of 9 kids receive special education services in school. Engaging our children in meaningful conversation and activities where they can learn about disabilities is important for everyone. Often, parents think that their children do not notice differences at such an early age, but the truth is they do. Even in kindergarten, children notice kids who color in the lines better than others, who don't speak as well, and who take a longer time to learn a lesson. As they progress to older grades, sometimes the differences are even more obvious. Parents and professionals from the Pacer Center have found that "When there's an obvious difference and no one is talking about it, children become confused and think there must be something 'bad' about it. When the children understood that the disability was not bad, but just different, many were eager to help." Knowledge is power, and when we teach children that differences are what make each individual unique, it helps them to accept people with diverse abilities. As a result, this helps our children value everyone by including people with disabilities in their lives and activities.

As a part of Everybody Counts, each grade teaches students about a different disability so that as they get older, they learn about a wide variety of different conditions. At Trebein, the subjects are taught, as follows:

Kindergarten: speech challenges

2nd grade: hearing challenges

4th grade: genetic & cognitive disabilities

1st grade: vision challenges

3rd grade: motor/physical disabilities

5th grade: learning disabilities

We encourage you to continue these conversations about disabilities and how Everybody Counts with your children at home. For ideas about how you can talk to you children, please see the tips on the next page. If you have any questions about Everybody Counts, please feel free to contact the PTO Committee at trebeineverybodycounts@gmail.com. If you'd like to volunteer, check current opportunities here: <https://www.signupgenius.com/go/70A0B4AAAAB2BA6F58-trebein>

Thank you!

Trebein's Everybody Counts PTO Committee

5 Tips for Talking with Your Children about Disabilities

Be open about differences. Talk with your children about some of the many differences between people. Some people are really athletic, whereas others are very artistic. Some people are very tall, while others are shorter. Some people have light colored eyes and others have darker eyes. Some people like the beach, while others prefer to hike in the woods. There are so many differences around us, that when you start to talk about them you will realize that everyone is different, but still alike in very important ways.

Focus on similarities. Sure, John might have some difficulty with his speech and Sarah might not, but maybe they both love soccer. Or, perhaps they have the same favorite food. There are many ways to emphasize similarities, even when there are obvious differences. Remember that people with disabilities are people first, which means they are more alike than different.

Encourage conversation. Make sure your children know that it's OK to be curious. Most people with disabilities and their loved ones would much rather you get to know them than be afraid to talk to them. If your children have questions, you can direct them to the school guidance counselor.

Know your child is listening to you and learning from your actions. When you come across a person with a disability, your kids will learn from you about how you interact with them. Do you treat people with disabilities the same as you would treat other people? Do you have friends with disabilities? Do you include people with disabilities in your life? Do you encourage your children to participate in activities with children with disabilities? Remember that disabilities can be physical and/or intellectual. The best way to become more comfortable with people with disabilities is to get to know them!

Don't allow jokes or bullying. Everybody Counts. Explain to your children that making fun of someone for how they look, or act, or talk, or move, is inappropriate and insensitive. Don't allow the use of hurtful words, like the "r-word". Instead, encourage your children to say something positive and focus on similarities instead of making fun of differences. For example, if you see someone in a wheelchair, rather than saying, "That person's legs don't work well, so s/he needs a wheelchair," try saying, "That wheelchair helps that person move around, just like your legs help you move around."



Important
Information

Attendance Information

If your child will be absent, arrive late, or needs to be dismissed early, please notify our secretary rachel.weidner@gocreek.org and our office assistant kathy.salley@gocreek.org

Also, please add both the secretary and office assistant to your distribution list when you notify teachers of absences, late arrivals, and early dismissals. When calling the **absence line (458-2300 option #1)** to report an absence or late arrival, you will need to provide the following information: Your child's name, teacher and reason for the absence or late arrival.



**UPCOMING
VOLUNTEER
OPPORTUNITIES!**

Please help us stock the staff workrooms with goodies!

<https://www.signupgenius.com/go/20F044BA8AC2EA5FA7-teacher3>

Denim & Diamonds Family Dance

January 26th

<https://www.signupgenius.com/go/20f044ba8ac2ea5fa7-letitglow>

The School Carnival

February 9th!

Adult volunteers

<http://www.signupgenius.com/go/20f044ba8ac2ea5fa7-carnival3>

Teen volunteers

<http://www.signupgenius.com/go/20f044ba8ac2ea5fa7-carnival2>

YEE HAW! Looking to Giddy Up away from these days of cold winter frights? Come join us for our annual family dance and help put some Country Charm back into these cold winter nights.

Put on your cowboy boots & western wear, don your dazzling diamonds, and join us for our:



Family Dance Party



**Saturday,
January 26th, 2019
6:30-8:30pm
Trebein Watering Hole
(AKA Cafeteria)**



Music Courtesy of KA Entertainment

Square Dancing

Campfire Refreshments

General Store (bandanas, sheriff badges, tiaras)

Photo Opportunities

Please RSVP by January 21st, 2019

To reserve your tickets please fill out the form below and return to the school.

Admission is \$5 per family or FREE with a food donation to Feed the Creek.

Name: _____ Teacher's

Name: _____

Number of family members: _____ Phone: _____



Trebein
Spirit Wear
is available
online at
[TuffyBrooks.com!](http://TuffyBrooks.com)



The Ohio Department of Education has granted the 2018 Overall A Award to the following schools in our district: Ankeney Middle School, Jacob Coy Middle School, Shaw Elementary School, **Trebein Elementary School**, and Valley Elementary School.

The award validates an overall summative grade of A these schools received on their 2018 Ohio School Report Card. This honor highlights the high academic standards Beaver Creek City Schools are known for and maintain. Through classroom leadership, student achievement, and a curriculum that prepares young minds for challenges of tomorrow, our district is fulfilling its promise to [inspire, lead, and empower.](#)

Trebein Elementary School PTO

CARNIVAL

FUN FOR THE WHOLE FAMILY

Saturday, February 9th

10 am to 2 pm

- *Games *Cake Walk *Photo Booth**
- *Food *Cotton Candy *Magic**
- *Balloon Animals *Face Painting**



MORE DETAILS COMING SOON!!!

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Feed the Creek is an on-going mission with the Beavercreek school system to provide food for students in need on the weekends. Feed the Creek recently installed a "little free pantry" near the main entrance of our school. The idea is simple: Need an item? Take an item. Identical boxes have been placed at all Beavercreek elementary schools.



Article by Kieran (5th Grade Wolf Pack Journalist)

Anne Frank once said, "No one has ever become poor by giving." As you might already know, Trebein Elementary has been following her advice by supporting One Bistro - a "pay as you can afford" restaurant in Xenia. The 5th grade Wolf Pack PBIS Group is doing a lot of fun activities associated with One Bistro. On Wednesday, December 19th, they sponsored a Pajama and Movie Day as a fundraiser for One Bistro. All students and staff had the option of donating a dollar (or whatever they could afford) to wear their pajamas during the movie. We raised \$867.75 dollars for One Bistro!

Throughout the year, Trebein will hold more activities to support One Bistro. However, you do not have to wait until another event happens to help this wonderful cause. To find out how you can volunteer or donate, go to <https://onebistro.org>.



PTO Contact Information:

Trebein PTO
1728 Dayton-Xenia Rd
Xenia OH 45385

Executive Board Members:

President

Kim Goodnough
TrebeinPresident@gmail.com

Vice-President

Ami Lewis
TrebeinVicePresident@gmail.com

Treasurer

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Historian

Kristen Van Wert
TrebeinHistorian@gmail.com

[Facebook.com/TrebeinPTO](https://www.facebook.com/TrebeinPTO)

Next PTO Meetings:

January 15th
7:00 pm and
January 16th
9:00 am

What IS Character Ed?

The first Wednesday of each month is Character Ed Day. We ask that each student wear their grade level shirt (the one with their graduation year on the back) or a shirt their grade level color.

It is not required, but is a part of a program run by Mrs. Tate, our school counselor. She uses these Wednesdays to help our students build character by introducing lessons that focusing on trustworthiness, respect, responsibility, fairness, caring and citizenship.

The class color will be the same for all of a student's years at Trebein. When the fifth graders move on to middle school their color becomes the next kindergarten class' color. While the program is run by Mrs. Tate the shirts are ordered through the PTO. We will usually order at the beginning and end of each year giving the kindergarteners a chance to get their shirts and others a chance to replace shirts that are worn out or too small. The colors are:

K = Blue	3 rd = Purple
1 st = Red	4 th = Green
2 nd = Orange	5 th = Yellow

Teachers also sometimes ask that the shirts be worn for field trips or other events because it's an easy way to identify our students and show a little school spirit! 😊

If you have anything you'd like to contribute to the newsletter, please email us at:

TrebeinNews@gmail.com.

We are also open to suggestions!! 😊