

September



High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day Student / Staff Holiday	3 Lucky Charms Sausage & Biscuit Banana Apple Juice Orange Juice White Milk Chocolate Milk	4 Cocoa Puffs Hachie Breakfast Strawberry Craisins Apple Juice Orange Juice White Milk Chocolate Milk	5 Honey Nut Cheerios Hot Cakes w/Sausage Applesauce Apple Juice Orange Juice White Milk Chocolate Milk	6 Lucky Charms Cinnamon Roll Fresh Apple Apple Juice Orange Juice White Milk Chocolate Milk
9 Cinnamon Toast Crunch Waffle w/ Bacon Applesauce Apple Juice Orange Juice White Milk Chocolate Milk	10 Lucky Charms Pancake on a Stick Banana Apple Juice Orange Juice White Milk Chocolate Milk	11 Cocoa Puffs Strawberry&Cream Pancakes Strawberry Craisins Apple Juice Orange Juice White Milk Chocolate Milk	12 Honey Nut Cheerios Chicken Biscuit Applesauce Apple Juice Orange Juice White Milk Chocolate Milk	13 Lucky Charms Cinnamon Roll Fresh Apple Apple Juice Orange Juice White Milk Chocolate Milk
16 Cinnamon Toast Crunch French Toast Sticks w/Syrup Applesauce Orange Juice Apple Juice White Milk Chocolate Milk	17 Lucky Charms Sausage & Biscuit Banana Apple Juice Orange Juice White Milk Chocolate Milk	18 Cocoa Puffs Hachie Breakfast Strawberry Craisins Apple Juice Orange Juice White Milk Chocolate Milk	19 Honey Nut Cheerios Hot Cakes w/Sausage Applesauce Apple Juice Orange Juice White Milk Chocolate Milk	20 Lucky Charms Cinnamon Roll Fresh Apple Apple Juice Orange Juice White Milk Chocolate Milk
23 Cinnamon Toast Crunch Waffle w/ Bacon Applesauce Apple Juice Orange Juice White Milk Chocolate Milk	24 Lucky Charms Pancake on a Stick Banana Apple Juice Orange Juice White Milk Chocolate Milk	25 Cocoa Puffs Strawberry&Cream Pancakes Strawberry Craisins Apple Juice Orange Juice White Milk Chocolate Milk	26 Honey Nut Cheerios Chicken Biscuit Applesauce Apple Juice Orange Juice White Milk Chocolate Milk	27 Lucky Charms Cinnamon Roll Fresh Apple Apple Juice Orange Juice White Milk Chocolate Milk
30 Cinnamon Toast Crunch French Toast Sticks w/Syrup Applesauce Orange Juice Apple Juice White Milk Chocolate Milk			<p>Pick 3! Choose ½ cup of fruit or vegetable Plus at least</p>	

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High School Lunch Menu

<p>Line # 1 Will change the first 2 weeks of September then Will become a Nacho / Taco Line.</p>	<p>Buffalo Wings BBQ Chicken Wings Bread stick Garden Salad w/Ranch Roasted Corn Baked Beans Fresh Apple Banana Fresh Orange Fresh Pears Chocolate Milk White Milk</p>	<p>Beef and Broccoli w/ Fried Rice Chicken and Broccoli w/ Fried Rice Sriracha Chicken Egg Roll Broccoli and Carrots Baked Beans Fresh Apple Banana Fresh Orange Fresh Pears Chocolate Milk White Milk</p>	<p>Taco Salad w/ choice of Meat Cheesy Nachos w/ Choice of Meat Taco Meat HS Shred Chicken HS Shred Beef HS 6 Layer Dip Sour Cream Shredded Lettuce Diced Tomatoes Shredded Cheese Salsa Ranchera Jalapeno Peppers Fresh Apple Banana Fresh Pears Fresh Plums Fresh Orange Chocolate Milk White Milk</p>	<p>Taco Salad w/ choice of Meat Cheesy Nachos w/ Choice of Meat Taco Meat HS Shred Chicken HS Shred Beef HS 6 Layer Dip Sour Cream Shredded Lettuce Diced Tomatoes Shredded Cheese Salsa Ranchera Jalapeno Peppers Fresh Apple Banana Fresh Pears Fresh Plums Fresh Orange Chocolate Milk White Milk</p>
<p>Pick 3! Choose ½ cup of fruit or vegetable Plus at least 2 other food groups</p>	<p>Line # 2 4 Meat Pizza 4 Cheese Pizza Dominos Pepperoni Pizza Garden Salad w/Ranch Roasted Corn Baked Beans Fresh Apple Banana Fresh Pears Ranch Chocolate Milk White Milk</p>	<p>Line # 3 & 4 Chicken Nuggets Hot & Spicy Nuggets Popcorn Chicken Chicken Tenders Mashed Potatoes w/ Gravy Garden Salad w/Ranch Baked Beans Honey Wheat Roll Apple Banana Pears Orange BBQ Sauce Cup Ketchup Cup Chocolate Milk White Milk</p>	<p>Line # 5 Bacon Cheeseburger Steak on Bun Crispy Chicken Sandwich Spicy Chicken Sandwich Potato, Fries Crinkle Cut 3/8" Leaf Lettuce Tomatoes Sliced Onion Pickle Spear Baked Beans Banana Fresh Apple Fresh Plum Ketchup Cup Mustard Packet Chocolate Milk White Milk</p>	<p>Line # 6 Taco Salad w/ choice of Meat Cheesy Nachos w/ Choice of Meat Taco Meat HS Shred Chicken HS Shred Beef HS 6 Layer Dip Sour Cream Shredded Lettuce Diced Tomatoes Shredded Cheese Salsa Ranchera Jalapeno Peppers Fresh Apple Banana Fresh Pears Fresh Plums Fresh Orange Chocolate Milk White Milk</p>

This institution is an equal opportunity provider.

