



***San Lorenzo Unified School District
Health & Wellness Advisory Council***

Date: Wednesday, December 19, 2018

Time: 3:45 p.m. to 5:00 p.m.

Location: Adult School, Room A

Invitees: Amy Capurro, Aaron Frietas, Sam Medina, Kyla Sinegal, Ann Wehrlie, Moira Dean, Patty Tikotsky, Don Carpenter, Claudia McDonagh, Doug Marr, Laura Low, Kristian Hinz, Kevin Berkowitz, Sandra Frost, Kate Casale, Wendy Green, Julie Wolfe, Vee Thomsak, Damion Mitchell, Linda Preminger, Rachel Lerman, Barbara Wellman, Terri Kaneko, Melinda Stahr, Douglas Spalding, Cara Levin

AGENDA

- I. Co-Facilitators Amy Capurro, Director of Special Services & Rachel Gekas, Director of Child Nutrition**
 - a. Welcome & New Introductions

- II. Revisit Group Norms**
 - a. Think outside the box
 - b. Problem solve, identify barriers & take action
 - c. Respect for individuals creative thinking
 - d. Assume positive intent
 - e. Start & end on time; follow agenda items
 - f. Goal-oriented, clear next steps
 - g. Have fun!

- III. Review Plan**

- IV. Discuss Structure of Future Meetings**

- V. Prioritize Next Steps**

- VI. Future Meeting Dates:**
 - January – Subcommittee Meeting
 - February 28, 2019 – Council Meeting
 - March – Subcommittee Meeting
 - March 21, 2019 – Council Meeting
 - April – Subcommittee Meeting
 - April 23, 2019 – Council Meeting
 - May 16, 2019 – Council Meeting
 - June – TBD – Board Meeting Presentation