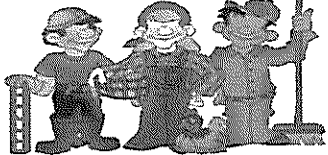
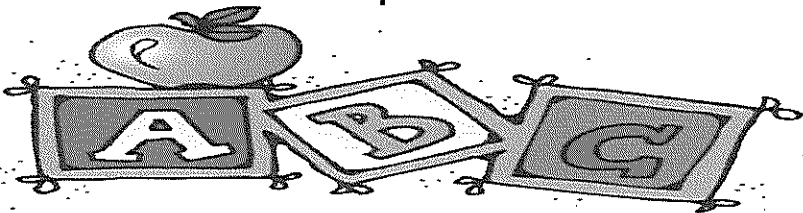



Nanaikapono Elementary

BREAKFAST & LUNCH MENU

September-19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LABOR DAY  2	CINNAMON ROLL ORANGE WEDGES 100% APPLE FRUIT JUICE ***** Hot Dog in WG Bun Potato Round Veggie Sticks Fruit Slushy 3	Turkey Egg Sliders Peaches Honeydew Melon ***** Korean Chicken & Rice Spinach Romaine Salad Edamame and Carrots Pineapple Chunks 4	Portuguese Sausage Steamed Rice Apple Wedge, Pine Chunks ***** Chicken Patty Sandwich Veggie Sticks Baked Beans Orange Wedges 5	Applesauce Muffin Oranges Mixed Fruits ***** Roast Pork w/ Gravy Steamed Rice Rainbow Salad Apple Wedge 6
Ham Link in a Bun Orange Wedges Peaches ***** Sweet and Sour Pork Steamed Rice Rainbow Salad w/ Edamame Fruit Slushy 9	Pepperoni Pizza Stix Mixed Fruit Apple Wedges ***** Hamburger Steak w/ Gravy Whipped Potato Steamed Corn, Carrot Orange Wedges 10	Pork Sausage Patty Steamed Rice Cantaloupe, Pine Chunks ***** Cheese Pizza Spinach Romaine Salad Veggie Sticks Cantaloupe 11	Papaya Bread Strawberry Peaches ***** Oven Baked Chicken Steamed Rice, Roll Carrots, Edamame Apple Wedge 12	Portuguese Sausage Steamed Rice Honeydew, Mixed Fruit ***** Bbq Pulled Pork Sandwich Potato Wedge Coleslaw Pineapple Chunks 13
Cinnamon Roll Pineapple Chunks Orange Wedges ***** Spaghetti w/ Meat Sauce Spinach and Romaine Salad Carrot Peaches 16	Portuguese Sausage Steamed Rice Peaches, Apple Wedge ***** Chicken Patty w/ Gravy Steamed Rice Broccoli, Carrot Apple Wedges 17	Pizza Bagel Mixed Fruits Orange Wedges ***** Teri Burger Veggie Sticks w/ Hummus Curley Fries Honeydew Melon 18	Breakfast Chicken Patty Biscuits and Gravy Strawberry, Pineapple Chunks ***** Chicken Broccoli Steamed Rice Corn, Carrots Peaches 19	Plain Bagel w/ Cream Cheese Orange Wedge, Peaches ***** Turkey Ham Sandwich Veggie Sticks Edamame Cantaloupe 20
Pepperoni Pizza Stix Orange Wedges Pineapple Chunks ***** Tuna Salad Sandwich Veggie Sticks Potato Wedges Fruit Juice Slushy 23	Plain Bagel w/ Cream Cheese Mixed Fruits Strawberry ***** Golden Chicken Tenders Steamed Rice Broccoli & Corn Cantaloupe 24	Pancakes w/ Syrup Peaches Honeydew Melon ***** Chicken Pasta Florentine Rainbow Salad Apple wedges 25	Gingerbread Cake, Yogurt Apple Wedges Mixed Fruit ***** Sloppy Joe Broccoli & Celery Sticks Baked Beans Orange Wedges 26	Southern Pork Links Steamed Rice Orange Wedge, Peaches ***** Cheese Pizza Spinach and Romaine Salad Edamame, Carrots Pineapple Chunks 27
Fruit Yogurt Bowl w/ Granola Pineapple Chunks Peaches ***** Popcorn Chicken Steamed Rice Broccoli & Carrot Orange Wedges 30			START THE DAY RIGHT EAT BREAKFAST!!! ***** ALTERNATE BREAKFAST SERVED CEREAL WG TOAST FRUIT OF THE DAY AND JUICE	

"This Institution is an Equal Opportunity Provider"

Menus are subject to change without notice

Meals include 1/2 pint of milk