

Penelope 2019 School Menu PK-12

	Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Breakfast</i></p> <p>Feb.4-8</p>	French Toast, Rich's Applesauce Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Syrup	Scrambled Eggs Buttered Toast, WG Raisins Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Jelly	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Syrup	Biscuit WG Pork Sausage Patty Bananas Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Jelly	Cinnamon Roll, WG Cinn. Toast Crunch Honeynut Cheerios Coco Puffs Apples JUICE: Orange, Apple, Grape MILK: 1% Low Fat White Chocolate FF
<p><i>Breakfast</i></p> <p>Feb.11-15</p>	Waffles, WG Cinn. Toast Crunch Honeynut Cheerios Coco Puffs Pineapple Tidbits JUICE: Orange, Apple, Grape MILK: 1% Low Fat White Chocolate FF Syrup	Breakfast Burrito W/Ham Salsa Raisins JUICE: Orange, Apple, or Grape MILK: 1% Lowfat White Chocolate FF	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Syrup	Biscuit WG Pork Sausage Patty Diced Pears Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Jelly	Muffin, Blueberry Cinn. Toast Crunch Coco Puffs Honeynut Cheerios Fruit Cocktail JUICE: Orange, Apple, or Grape MILK: 1% Lowfat White Chocolate FF
<p><i>Breakfast</i></p> <p>Feb.18-22</p>	French Toast, Rich's Applesauce Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Syrup	Scrambled Eggs Buttered Toast, WG Raisins Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Jelly	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Syrup	Biscuit WG Pork Sausage Patty Pineapple Tidbits Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Jelly	Cinnamon Roll, WG Cinn. Toast Crunch Honeynut Cheerios Coco Puffs Apples, fresh JUICE: Orange, Apple, Grape MILK: 1% Low Fat White Chocolate FF
<p><i>Breakfast</i></p> <p>Feb.25-Mar.1</p>	Oatmeal Buttered Toast Pineapple Tidbits JUICE: Orange, Apple, Grape MILK: 1% Low Fat White Chocolate FF Syrup	Breakfast Burrito W/Ham Salsa Raisins JUICE: Orange, Apple, or Grape MILK: 1% Lowfat White Chocolate FF	Pancakes, WG Cheese Stick Peaches Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Syrup	Biscuit WG Pork Sausage Patty Mandarin Oranges Orange Juice Apple Juice Grape Juice MILK: 1% Low Fat White Chocolate FF Jelly	Muffin, Cinn. Toast Crunch Coco Puffs Honeynut Cheerios Fruit Cocktail JUICE: Orange, Apple, or Grape MILK: 1% Lowfat White Chocolate FF

This institution is an equal opportunity provider and employer.

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	Monday	Tuesday	Wednesday	Thursday	Friday
Feb.4-8 <i>Lunch</i>	Ground Beef & Macaroni w/ Mexican Seasoning Garlic Breadstick Corn Carrot Sticks Garden Salad Mixed Fruit Apples, fresh MILK: 1% Lowfat White Chocolate FF Ranch Dressing	Chicken Nuggets Dinner Roll Mashed Potato/Gravy Green Beans Oranges, fresh Strawberries MILK: 1% Lowfat White Chocolate FF Catsup	Cheeseburgers Lettuce & Tomato Salad Sweet Potato Fries Celery Sticks Bananas Diced Peaches MILK: 1% Lowfat White Chocolate FF Catsup Mustard	Alfredo Rotini w/ Chicken Garlic Breadstick Green Beans Garden Salad Mandarin Oranges Pineapple Tidbits MILK: 1% Lowfat White Chocolate FF Ranch Dressing	Hot Dog on Bun Chili/Hot Dog Sauce Baked Beans Garden Salad Broccoli Florets Applesauce Mandarin Oranges MILK: 1% Lowfat White Chocolate FF Ranch Dressing Catsup Mustard
Feb.11-15 <i>Lunch</i>	Soft Beef Tacos Pinto Beans Garden Salad Apples, fresh Pineapple Tidbits MILK: 1% Lowfat White Chocolate FF Ice Cream Sandwich	Breaded Chicken Patty Dinner Roll Mashed Potatoes/Gravy Glazed Carrots Broccoli Florets Applesauce Diced Peaches MILK: 1% Lowfat White Chocolate FF Catsup	Cheeseburger Lettuce & Tomato Salad Potato Wedges Bananas Mandarin Oranges MILK: 1% Lowfat White Chocolate FF Catsup Mustard	Beef Nachos Refried Beans Garden Salad Celery Sticks Pineapple Tidbits Oranges MILK: 1% Lowfat White Chocolate FF Ranch Dressing	Turkey Subs w/cheese Lettuce & Tomato Salad Cucumber Slices Rosy Applesauce Oranges MILK: 1% Lowfat White Chocolate FF Reduced Fat Nacho Cheese Chips Mustard Salad Dressing
Feb.18-22 <i>Lunch</i>	Corn Dogs Baked Beans Garden Salad Broccoli Florets Diced Peaches Apple, fresh MILK: 1% Lowfat White Chocolate FF Catsup Mustard	Turkey Roast Dinner Roll Mashed Potato/Gravy Broccoli w/ Cheese Glazed Carrots Apples, fresh Pineapple Tidbits MILK: 1% Lowfat White Chocolate FF	Cheeseburgers Lettuce & Tomato Salad Sweet Potato Fries Celery Sticks Bananas Mandarin Oranges MILK: 1% Lowfat White Chocolate FF Catsup Mustard	Chicken Fajitas/Cheese/Tortillas Spanish Rice Pinto Beans Garden Salad Apricots Diced Pears MILK: 1% Lowfat White Chocolate FF Chocolate Pudding FF	Pepperoni Pizza WG Baked Beans Salad Mixed Fruit Applesauce MILK: 1% Lowfat White Chocolate FF Ranch Dressing
Feb.25-Mar.1 <i>Lunch</i>	Sloppy Joe on Bun Ranch Style Beans Garden Salad Broccoli Florets Peaches Applesauce MILK: 1% Lowfat White Chocolate FF Ranch Dressing	Salisbury Steak Dinner Roll Mashed Potatoes/Gravy Broccoli & Cheese Spicy Butternut Squash Apples, fresh Pineapple Tidbits MILK: 1% Lowfat White Chocolate FF	Cheeseburgers Lettuce & Tomato Salad Curly Fries Carrot Sticks Bananas Diced Pears MILK: 1% Lowfat White Chocolate FF Catsup Mustard Sugar Cookie	Chicken & Cheese Quesadilla Refried Beans Cucumbers, sliced Strawberries Mixed Fruit MILK: 1% Lowfat White Chocolate FF Ranch Dressing	Grilled Chicken on Bun Lettuce & Tomato Salad Corn on Cob Mandarin Oranges Apple, fresh MILK: 1% Lowfat White Chocolate FF Catsup Mustard Salad Dressing