



El Capitan Middle School

PLAN A

FOGGY DAY BELL SCHEDULES

Regular Schedule 2:20 Release			Minimum Schedule 1:05 Release		
1 st block	7:45 – 8: 35	50	1 st Block	7:45 – 8: 35	50
2 nd block	8:40 – 9:30	50	2 nd Block	8:40 – 9:30	50
Break	9:30 – 9:40	10	Break	9:30 – 9:40	10
1 st Bell	9:40	----	1 st Bell	9:40	----
Per 1	9:44 – 10:19	35	Per1	9:45-10:11	26
Per 2	10:23 – 10:58	35	Per 2	10:15-10:41	26
Per 3	11:02 – 11:37	35	Per 3	10:45 - 11:11	26
Per 4	11:41 – 12:16	35	Per 4	11:15-11:41	26
Lunch All	12:16 – 1:01	45	Per 5	11:45-12:10	25
Per 5	1:05 – 1:40	35	Lunch All	12:10-12:35	25
Per 6	1:44 – 2:20	36	Per 6	12:39-1:05	26
			Teacher Lunch	1:10-1:55	45

Eagles, Soar to Success!

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El Capitan Middle School

PLAN B

FOGGY DAY BELL SCHEDULES

Regular Schedule 2:20 Release			Minimum Schedule 1:05 Release		
1 st Block	7:45 – 8:37	52	1 st Block	7:45 – 8:37	52
2 nd Block	8:41 – 9:33	52	2 nd Block	8:41 – 9:33	52
3 rd Block	9:37– 10:29	52	3 rd Block	9:37 – 10:29	52
Break	10:29-10:39	10	Break	10:29-10:39	10
1st Bell	10:39	----	1st Bell	10:39	----
Per 1	10:43-11:09	26	Per 1	10:43-10:59	16
Per 2	11:13-11:38	25	Per 2	11:03-11:19	16
Per 3	11:42-12:07	25	Per 3	11:23-11:39	16
Per. 4	12:11-12:36	25	Per 4	11:43-11:59	16
Lunch	12:36-1:21	45	Per 5	12:03-12:20	17
Per 5	1:25-1:50	26	Lunch Students	12:20-12:45	25
Per 6	1:54-2:20	26	Per 6	12:49-1:05	16
			Teacher Lunch	1:05-1:50	45

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El Capitan Middle School
Central Unified School District

FOGGY DAY - PLAN CID (1 Lunch)
BELL SCHEDULES

Plan CID Foggy Day Schedule 2:20 Release			Plan CID Minimum 1:05 Release		
1st Block	7:45 -8:37	52	1st Block	7:45 -8:40	55
2nd Block	8:41- 9:34	53	2nd Block	8:44 -9:37	52
BREAK	9:34 -9:44	10	BREAK	9:37 -9:47	10
3rd Block	9:48 -10:37	49	3rd Block	9:51 -10:39	48
4th Block	10:41-11:30	49	4th Block	10:43 -11:30	47
Break	11:30-11 :40	10	Break	11:30-11:40	10
1stBell	11:40		1stBell	11:40	
Per 1	11:44-11:59	15	Per 1	11:44 - 12:00	16
Per 2	12:03 -12:18	15	Per 2	12:04 - 12:20	16
Per 3	12:22 - 12:37	15	Per 3	12:24 - 12:40	16
Lunch	12:37-1:22	45	Lunch Students	12:40 - 1:05	25
Per 4	1:26 - 1:41	15	Student Release	1:05	
Per 5	1:45 -2:00	15	Subsequent Min Day Plan C/D's will rotate 1st ¹ three classes		
Per 6	2:04 -2:20	16			

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