

LUMBERTON MIDDLE SCHOOL

MARCH 2020

MON

2 Pork Roast
Steak Fingers
Mashed Potatoes
Green Beans
Gravy/Cornbread
B: MINI PANCAKES + BACON

TUES

3 Chicken & Sausage Gumbo
Beef Tips w/Gravy
Rice/TX Toast
Seasoned Corn
Steamed Broccoli
B: BREAKFAST TACO

WED

4 Tangerine Chicken
Teriyaki Meatballs
Rice/Cookie
Carrots
Side Salad w/Ranch
B: SAUSAGE BISCUIT W/CHEESE

THURS

5 Beef Nachos
Chicken Enchiladas
Beans
Salsa
B: YOGURT PARFAIT

FRI

6 Cheeseburger
Chicken Sandwich
Potato Smiles
Celery w/Ranch
B: MINI DONUTS

9 Spicy Chicken Sandwich
Chicken Fried Steak
Sandwich/Gravy
Mashed Potatoes
Green Beans
B: COWGIRL BREAD

10 Oven Fried Chicken
BBQ Rib Sandwich
Sweet Potato Bake
Steamed Broccoli
Cookie
B: CHEESE BITES

11 Chicken Alfredo
Grilled Ham & Cheese Sandwich
Side Salad w/Ranch
Seasoned Corn
B: COCOA CHERRY BAR + CHEESE STICK

12 Beef Nachos
Crispitos
Beans
Salsa
B: BREAKFAST PIZZA

13 Cheeseburger
BBQ Pork Sandwich
Tater Tots
Baby Carrots w/Ranch
B: BANANA BREAD

16 Chicken Rings
Steak Fingers
Mashed Potatoes
Green Beans
Gravy/Roll
B: MINI PANCAKES + BACON

17 Chicken & Sausage Gumbo
Beef Tips w/Gravy
Rice/TX Toast
Seasoned Corn
Steamed Broccoli
B: BREAKFAST TACO

18 Tangerine Chicken
General Tso Chicken
Carrots
Rice/Cookie
Side Salad w/Ranch
B: SAUSAGE BISCUIT W/CHEESE

19 Beef Nachos
Chicken Nachos
Beans
Salsa
B: YOGURT PARFAIT

20 Cheeseburger
Chicken Sandwich
Potato Smiles
Cucumbers w/Ranch
B: MINI DONUTS

23 Oven Fried Chicken
Steak Fingers
Mashed Potatoes
Gravy/TX Toast
B: COWGIRL BREAD

24 Chicken & Sausage Jambalaya
Mini Corn Dogs
Sweet Potato Bake
Broccoli/Cookie
B: CHEESE BITES

25 Meatball Sub
Chicken Parm Sandwich
Seasoned Corn
Side Salad w/Ranch
B: COCOA CHERRY BAR + CHEESE STICK

26 Walking Tacos
Crispitos
Beans
Salsa
B: BREAKFAST PIZZA

27 Cheeseburger
BBQ Pork Sandwich
Tater Tots
Baby Carrots w/Ranch
B: BANANA BREAD

30 Pork Roast
Steak Fingers
Mashed Potatoes
Green Beans
Gravy/Cornbread
B: MINI PANCAKES + BACON

31 Chicken & Sausage Gumbo
Beef Tips w/Gravy
Rice/TX Toast
Seasoned Corn
Steamed Broccoli
B: BREAKFAST TACO

Milk and fruit are offered with meals.
Students must choose a minimum of 3 components;
1 must be 1/2 cup fruit or 1/2 cup vegetable to be considered a reimbursable meal.

Student Breakfast \$1.50, Reduced \$0.30
Student Lunch \$3.00, Reduced \$0.40
Staff Breakfast \$2.20, Lunch \$3.75
Visitor Breakfast \$2.40, Lunch \$3.95

PIZZA LINE

Pepperoni Pizza
Seasoned Corn
Cucumbers or
Celery w/Ranch

Bosco Sticks
Marinara Sauce
Beans

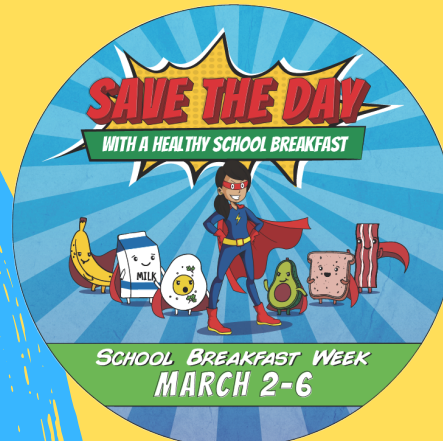
French Bread Pizza
Baby Carrots
w/Ranch
Steamed Broccoli

Pepperoni Pizza
Marinara Sauce
Potato Smiles

Baked Potato
BBQ Pulled Pork
Dinner Roll

A LA CARTE ITEMS

| | | | |
|------------------------|--------|----------------------|--------|
| Cheese Stick | \$0.25 | Rice Krispie | \$0.75 |
| Roll/Breadstick | \$0.50 | Cereal | \$0.75 |
| Fruit Roll Up | \$0.50 | Cocoa Cherry Bar ... | \$0.90 |
| CheeZ-It's/Juice | \$0.50 | Fries/Tots | \$0.90 |
| Milk/Capri Sun | \$0.50 | Switch | \$1.00 |
| Chips/Pop Tarts | \$0.65 | Extra Meat | \$1.00 |
| Grandma's Cookies .. | \$0.65 | Ice Cream | \$1.00 |
| Fruit Snacks | \$0.65 | Bottled Water | \$1.00 |
| Chewy Bar | \$0.65 | Uncrustable | \$1.10 |
| Hershey's Cookie | \$0.75 | Beef Jerky | \$1.85 |
| Fruit/Veggie | \$0.75 | Entrée | \$2.30 |



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