

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
 Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W1/D4 - Fr. Toast w/ Sausage/Cheeseburger :17208 - ServingDate: 01/03/2019</b>																	
Cheeseburger - ILR1389 (1 burger)	0	316.91	12.44	4.83	0.00	52.59	605.74	30.03	3.60	5.33	20.17	1.42(M)	29.48 (M)	0.00(M)	0.00(M)	(M)	(M)
Chicken Caesar Salad - ILR1241 (1 salad)	0	141.88	5.25	1.46	0.00	44.30	319.95	7.73	2.39	1.36	15.88	3.75	94.30	9923.65	4.56	107.79 (M)	0.66(M)
Ham & Cheese Sandwich - ILR1184 (1 sandwich)	0	280.52	10.30	4.99	0.00	45.20	987.92	30.26	2.40	6.69	19.65	1.44(M)	40.00 (M)	0.00(M)	0.00(M)	(M)	(M)
Turkey Sausage Patty - ILR1188 (2 patty)	0	120.00	9.00	3.00	0.00	70.00	160.00	0.00	0.00	0.00	12.00	0.72	40.00	0.00	0.00	(M)	(M)
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	0.00	140.00	29.00	3.00	4.00	7.00	1.44	14.10	0.00	0.01	(M)	(M)
French Toast Sticks - ILR1435 (4 stick.)	0	263.92	10.15	2.03	0.00	0.00	304.52	38.57	3.04	9.14	6.09	1.85	34.51	22.33	0.00	(M)	(M)
Applesauce - ILR1264 (1/2 c.)	0	51.00	0.00	0.00	0.00	0.00	2.00	14.00	1.00	11.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Diced Peaches - SR1196 (1/2 c.)	0	57.95	0.04	0.00	0.00	0.00	5.27	15.24	1.71	13.53	0.83	0.36	7.90	501.75	4.74	-4.25(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Tater Tots - ILR1016 (8 tots)	0	90.00	3.50	0.00	0.00	0.00	170.00	14.00	1.00	0.00	1.00	0.36	0.00	0.00	1.20	(M)	(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W1/D4 - Fr. Toast w/ Sausage/Cheeseburger :17208 - ServingDate: 01/03/2019</b>																	
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	117.75	0.00	0.00	0.00	0.00	39.25	29.16	0.00	19.63	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W1/D5 - Tony's Cheese Pizza/Turkey Melt :17208 - ServingDate: 01/04/2019</b>																	
American Sub Sandwich - ILR1127 (1 sandwich)	0	286.18	9.50	4.30	0.02	44.37	1014.77	30.85	2.29	7.40	20.07	1.54(M)	51.98 (M)	0.00(M)	0.00(M)	21.50 (M)	0.89(M)
Hot Turkey & Cheese Melt - ILR1145 (1 sandwich)	0	286.27	8.49	2.71	0.00	47.42	753.01	28.85	2.60	5.21	23.13	1.72	127.29	132.30	0.47	(M)	(M)
Cheese Pizza Square - SR1024 (1 slice)	0	310.00	11.00	4.00	0.00	15.00	480.00	35.00	4.00	8.00	16.00	2.70	250.00	500.00	0.00	(M)	(M)
Crispy Chicken Salad - ILR1235 (1 salad)	0	316.87	18.38	6.09	0.00	40.25	570.31	19.19	4.73	2.67	22.28	2.98(M)	62.25 (M)	11088.75(M)	19.72 (M)	163.47 (M)	1.18(M)
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	0.00	70.00	14.00	2.00	2.00	3.00	0.51	6.40	0.00	0.00	(M)	(M)
Pineapple Tidbits - SR1495 (1/2 c.)	0	63.20	0.00	0.00	0.00	0.00	0.00	16.43	1.26	13.90	0.00	0.00	25.28	0.00	0.00	-13.03 (M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17

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Site: ALL  
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W1/D5 - Tony's Cheese Pizza/Turkey Melt :17208 - ServingDate: 01/04/2019</b>																	
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Diced Pears - ILR1463 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	5.00	16.00	2.00	12.00	0.00	0.21	7.26	0.00	2.02	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Glazed Carrots can - ILR1269 (1/2 c.)	0	45.15	0.00	0.00	0.00	0.00	293.91	10.22	2.13	5.80	0.01	0.02(M)	1.34(M)	0.26(M)	2.10(M)	0.02(M)	0.00(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W2/D1 - Chicken Tenders/Chili Bowl w/ Goldfish :17208 - ServingDate: 01/07/2019</b>																	
Chicken Tenders - ILR1376 (3 strips)	0	230.00	12.00	2.50	0.00	55.00	430.00	16.00	2.00	0.00	16.00	1.80	20.00	100.00	1.20	(M)	(M)

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Site: ALL  
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W2/D1 - Chicken Tenders/Chili Bowl w/ Goldfish :17208 - ServingDate: 01/07/2019</b>																	
Build A Pizza FH - ILR1636 (1 ea.)	0	427.24	22.64	9.77	0.00	36.68	865.62	37.93	3.68	6.20	24.02	1.80(M)	434.20 (M)	400.83 (M)	0.06(M)	(M)	(M)
Peppi Pizza Salad - ILR1131 (1 salad)	0	186.26	10.54	5.68	0.00	30.07	531.38	5.46	1.34	1.50	17.46	2.17	1479.01	7072.49	11.85	95.44 (M)	0.66(M)
Chili con carne - ILR1385 (1/2 c.)	0	230.29	8.15	4.00	0.00	43.66	356.51	16.83	6.96	4.84	16.70	0.43(M)	7.32(M)	415.69 (M)	4.07(M)	0.17(M)	0.15(M)
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	0.00	70.00	14.00	2.00	2.00	3.00	0.51	6.40	0.00	0.00	(M)	(M)
Cheddar Goldfish Crackers - ILR1508 (1 pkg.)	0	100.00	4.00	0.50	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Mixed Fruit - ILR1468 (4 oz.)	0	54.00	0.00	0.00	0.00	0.00	4.50	13.50	0.90	10.80	0.00	(M)	(M)	(M)	(M)	(M)	(M)
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Canned Pineapple - ILR1008 (1/2 c.)	0	54.30	0.10	0.01	0.00	0.00	0.91	14.08	1.18	12.90	0.46	0.25	14.48	45.25	8.51	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Crinkle Cut Oven Fries - ILR1478 (4 oz.)	0	137.01	4.74	0.53	0.00	0.00	168.63	22.13	1.05	0.00	2.11	0.38	0.00	0.00	3.79	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)

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<b>SIL Winter 19 K8 CH Lunch W2/D1 - Chicken Tenders/Chili Bowl w/ Goldfish :17208 - ServingDate: 01/07/2019</b>																	
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	117.75	0.00	0.00	0.00	0.00	39.25	29.16	0.00	19.63	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W2/D2 Baked Pasta/Walking Taco :17208 - ServingDate: 01/08/2019</b>																	
Cheesy Baked Penne Pasta - ILR1724 (6 Ounce serv)	0	322.74	14.09	6.14	0.01	33.16	395.15	34.24	3.85	4.49	17.80	0.10(M)	238.47 (M)	213.98 (M)	1.17(M)	147.89 (M)	0.17(M)
Peanut Butter and Jelly Sandwich - ILR1176 (1 sandwich)	0	372.82	17.90	3.28	0.00	0.00	457.28	41.90	4.40	14.00	12.24	1.44(M)	40.00 (M)	0.00(M)	0.00(M)	(M)	(M)
Walking Taco - ILR1913 (1 pie)	0	341.11	17.81	6.85	0.00	34.10	642.26	31.54	2.88	0.09	15.03	1.34(M)	38.35 (M)	84.73 (M)	0.34(M)	25.39 (M)	0.03(M)
Sunbutter & Jelly Sandwich - ILR1174 (1 sandwich)	0	372.82	18.90	2.28	0.00	0.00	417.28	40.90	6.40	14.00	12.24	1.44(M)	40.00 (M)	0.00(M)	0.00(M)	(M)	(M)
Chef Salad - SR1082 (1 salad)	0	142.93	8.58	3.66	0.00	111.64	281.73	3.91	1.28	1.56	12.23	1.27	120.72	5642.37	10.69	103.14 (M)	0.67(M)
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	0.00	70.00	14.00	2.00	2.00	3.00	0.51	6.40	0.00	0.00	(M)	(M)
Applesauce - ILR1264 (1/2 c.)	0	51.00	0.00	0.00	0.00	0.00	2.00	14.00	1.00	11.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Diced Peaches - SR1196 (1/2 c.)	0	57.95	0.04	0.00	0.00	0.00	5.27	15.24	1.71	13.53	0.83	0.36	7.90	501.75	4.74	-4.25(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W2/D2 Baked Pasta/Walking Taco :17208 - ServingDate: 01/08/2019</b>																	
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Buttery Corn - ILR1232 (1/2 c.)	0	109.46	2.47	0.38	0.00	0.00	32.50	23.34	3.11	4.67	3.11	0.00(M)	0.00(M)	41.67(M)	0.00(M)	(M)	(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - SR1004 (1 pump)	0	40.00	0.00	0.00	0.00	0.00	320.00	10.00	0.00	8.00	0.00	0.00	0.00	200.00	2.40	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W2/D3 - Grilled Cheese/Tomato Soup/Chick Parm Sandwich :17208 - ServingDate: 01/09/2019</b>																	
Chicken Parmesan - ILR1426 (1 burger)	0	420.71	16.52	3.71	0.00	28.75	856.47	44.13	6.08	6.24	22.61	11.76	84.89	214.31	2.38	0.00(M)	0.00(M)
Chicken Parmesan - ILR1684 (1 burger)	0	434.30	16.61	3.40	0.00	28.75	882.60	49.11	6.47	6.91	22.48	12.15	255.41	214.31	2.38	0.00(M)	0.00(M)
Grilled Cheese - ILR1682 (1 sandwich)	0	299.82	12.03	6.36	0.00	30.38	904.78	28.95	2.40	7.05	17.39	1.44(M)	40.00 (M)	0.00(M)	0.00(M)	(M)	(M)
Italian Sub Sandwich - ILR1170 (1 sandwich)	0	290.80	11.05	3.48	0.00	58.95	1001.78	28.84	2.29	3.86	19.43	2.55	446.80	411.61	1.30	(M)	(M)
Fiesta Salad - ILR1914 (1 salad)	0	191.65	9.64	5.49	0.00	34.10	449.63	12.26	3.80	2.14	15.11	2.14(M)	47.98 (M)	7226.26 (M)	7.19(M)	116.34 (M)	0.61(M)
Tortilla Chips - SR1065 (1 1/2 oz.)	0	206.18	8.84	1.47	0.00	0.00	169.36	29.45	2.94	0.00	2.94	0.00	29.45	0.00	0.00	(M)	(M)
Diced Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	0.00	0.00	3.94	12.75	1.58	9.56	0.34	0.29	8.87	5.91	1.58	(M)	(M)
Dried Cranberries - ILR1265 (1 oz.)	0	86.94	0.00	0.00	0.00	0.00	1.89	23.63	1.89	20.79	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Fiesta Refried Beans - ILR1069 (1/2 c.)	0	31.48	1.22	0.81	0.00	4.05	81.03	3.19	1.23	1.03	1.75	0.01(M)	0.66(M)	0.00(M)	0.04(M)	0.01(M)	0.01(M)
Tomato Soup - ILR1729 (1/2 c.)	0	36.58	0.46	0.23	0.00	0.00	189.25	7.32	0.46	4.57	0.46	0.17	1.78	182.90	2.74	59.14 (M)	0.06(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W2/D3 - Grilled Cheese/Tomato Soup/Chick Parm Sandwich :17208 - ServingDate: 01/09/2019</b>																	
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Salsa pouch - ILR1457 (1 Ounce serv)	0	10.00	0.00	0.00	0.00	0.00	35.00	2.00	1.00	1.00	0.00	(M)	(M)	(M)	(M)	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W2/D4 -Chick Brocc Teriyaki w/Rice/Corn Dog :17208 - ServingDate: 01/10/2019</b>																	
Corn Dog - SR1023 (1 corn dog)	0	240.00	8.00	2.50	0.00	40.00	390.00	30.00	5.00	5.00	9.00	1.80	80.00	(M)	(M)	(M)	(M)
Ham & Cheese Sandwich - ILR1757 (1 sandwich)	0	272.82	9.40	4.03	0.00	45.00	837.28	27.40	2.40	5.00	18.24	1.80(M)	40.00 (M)	0.00(M)	0.60(M)	(M)	(M)
Chicken Caesar Salad - ILR1241 (1 salad)	0	141.88	5.25	1.46	0.00	44.30	319.95	7.73	2.39	1.36	15.88	3.75	94.30	9923.65	4.56	107.79 (M)	0.66(M)
Teriyaki Chicken - ILR1168 (4 oz.)	0	182.18	2.23	0.02	0.00	42.52	365.41	25.77	1.47	20.96	14.75	3.03	26.65	353.24	50.58	50.63 (M)	0.49(M)
Teriyaki Chicken - SR1515 (5 nugget)	0	493.00	23.25	3.88	0.00	38.75	910.00	46.80	4.65	21.55	25.80	2.79	0.00	155.00	0.00	(M)	(M)
Brown Rice - ILR1455 (1 c.)	0	216.00	2.00	0.00	0.00	0.00	10.00	44.00	4.00	0.00	6.00	(M)	(M)	(M)	(M)	(M)	(M)
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	0.00	140.00	29.00	3.00	4.00	7.00	1.44	14.10	0.00	0.01	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17



# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W2/D4 -Chick Brocc Teriyaki w/Rice/Corn Dog :17208 - ServingDate: 01/10/2019</b>																	
Mixed Fruit - ILR1468 (4 oz.)	0	54.00	0.00	0.00	0.00	0.00	4.50	13.50	0.90	10.80	0.00	(M)	(M)	(M)	(M)	(M)	(M)
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Baked Apples - ILR1388 (3/8 c.)	0	55.62	1.38	0.56	0.00	0.00	16.86	11.07	0.78	9.86	0.03	0.09	10.02	64.60	0.03	0.08(M)	0.03(M)
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Sweet Potato Fries - ILR1018 (1/2 c.)	0	120.00	4.50	0.50	0.00	0.00	180.00	17.00	3.00	5.00	2.00	0.36	20.00	3500.00	2.40	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Sweet Potato Fries - ILR1763 (1/2 c.)	0	150.00	8.00	2.00	0.00	0.00	125.00	19.00	3.00	3.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
 Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W2/D5 - Fish Sticks/Pepperoni Pizza :17208 - ServingDate: 01/11/2019</b>																	
American Sub Sandwich - ILR1127 (1 sandwich)	0	286.18	9.50	4.30	0.02	44.37	1014.77	30.85	2.29	7.40	20.07	1.54(M)	51.98 (M)	0.00(M)	0.00(M)	21.50 (M)	0.89(M)
Fish Sticks - ILR1662 (4 sticks)	0	208.90	9.95	1.99	0.00	39.79	397.89	21.88	0.00	0.00	11.94	(M)	(M)	(M)	(M)	(M)	(M)
Pepperoni Pizza Square - SR1025 (1 slice)	0	334.60	13.19	4.82	0.00	20.01	562.92	35.09	4.00	8.09	17.00	2.73	250.00	500.46	0.00	(M)	(M)
Crispy Chicken Salad - ILR1235 (1 salad)	0	316.87	18.38	6.09	0.00	40.25	570.31	19.19	4.73	2.67	22.28	2.98(M)	62.25 (M)	11088.7 5(M)	19.72 (M)	163.47 (M)	1.18(M)
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	0.00	70.00	14.00	2.00	2.00	3.00	0.51	6.40	0.00	0.00	(M)	(M)
Applesauce - ILR1264 (1/2 c.)	0	51.00	0.00	0.00	0.00	0.00	2.00	14.00	1.00	11.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Canned Pineapple - ILR1008 (1/2 c.)	0	54.30	0.10	0.01	0.00	0.00	0.91	14.08	1.18	12.90	0.46	0.25	14.48	45.25	8.51	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Canned Peas - ILR1796 (1/2 c.)	0	59.00	0.00	0.00	0.00	0.00	140.00	11.00	4.00	4.00	4.00	(M)	(M)	(M)	(M)	(M)	(M)
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.0 6	1.89	(M)	(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Gravy, Pepper (Country, Biscuit) - SR2091 (1/4 c.)	0	42.86	2.42	2.19	0.00	0.00	179.41	4.57	0.08	0.00	0.37	0.06	6.30	2.21	0.02	52.15	0.69

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W2/D5 - Fish Sticks/Pepperoni Pizza :17208 - ServingDate: 01/11/2019</b>																	
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W3/D1 - Chicken Nuggets/Meatball Sub :17208 - ServingDate: 01/14/2019</b>																	
Crispy Chicken Nuggets - SR1367 (5 nugget)	0	259.49	14.97	2.50	0.00	24.95	399.21	15.97	2.99	1.00	15.97	1.80	0.00	99.80	0.00	(M)	(M)
Meatball Sub - ILR1312 (1 sandwich)	0	302.64	11.93	3.81	0.00	45.06	598.95	31.53	2.74	6.83	17.20	2.66(M)	441.61 (M)	361.61 (M)	0.00(M)	(M)	(M)
Peppi Pizza Salad - ILR1131 (1 salad)	0	186.26	10.54	5.68	0.00	30.07	531.38	5.46	1.34	1.50	17.46	2.17	1479.01	7072.49	11.85	95.44 (M)	0.66(M)
Turkey & Cheese Sandwich - ILR1181 (1 sandwich)	0	254.58	8.08	3.04	0.00	33.43	780.64	28.04	4.00	5.03	20.18	1.44(M)	40.00 (M)	0.00(M)	0.00(M)	(M)	(M)
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	0.00	70.00	14.00	2.00	2.00	3.00	0.51	6.40	0.00	0.00	(M)	(M)
Blueberries - ILR1366 (1/2 c.)	0	40.00	1.00	0.00	0.00	0.00	1.00	10.00	2.00	7.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Frozen Sliced Strawberries - ILR1418 (1/2 c.)	0	115.20	0.00	0.00	0.00	0.00	0.00	29.44	3.84	21.76	0.00	(M)	(M)	(M)	(M)	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W3/D1 - Chicken Nuggets/Meatball Sub :17208 - ServingDate: 01/14/2019</b>																	
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Buttery Corn - ILR1232 (1/2 c.)	0	109.46	2.47	0.38	0.00	0.00	32.50	23.34	3.11	4.67	3.11	0.00(M)	0.00(M)	41.67(M)	0.00(M)	(M)	(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W3/D2 - Nacho's/Hot Dog :17208 - ServingDate: 01/15/2019</b>																	
Double Berry Parfait - ILR1742 (1 parfait)	0	177.60	1.25	0.50	0.00	2.50	53.00	39.22	2.92	28.38	3.50	0.00(M)	100.00(M)	500.00(M)	0.00(M)	(M)	(M)
Original Hot Dog - ILR1118 (1 serving (1))	0	264.50	10.99	2.81	0.00	59.26	512.98	27.48	2.29	3.61	13.10	2.86	148.76	0.00	0.00	(M)	(M)
Perfect Pineapple Parfait - ILR1147 (1 ea.)	0	134.02	0.81	0.51	0.00	2.50	53.07	28.32	0.74	22.09	3.79	0.16	109.07	528.35	5.33	(M)	(M)
Peanut Butter and Jelly Sandwich - ILR1176 (1 sandwich)	0	372.82	17.90	3.28	0.00	0.00	457.28	41.90	4.40	14.00	12.24	1.44(M)	40.00(M)	0.00(M)	0.00(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W3/D2 - Nacho's/Hot Dog :17208 - ServingDate: 01/15/2019</b>																	
Scratch Beef Nacho - ILR1903 (1 ea.)	0	378.79	20.53	7.86	0.00	44.62	814.55	32.72	2.88	1.19	15.63	0.83	260.33	515.50	0.34	25.39 (M)	0.03(M)
Sunbutter & Jelly Sandwich - ILR1174 (1 sandwich)	0	372.82	18.90	2.28	0.00	0.00	417.28	40.90	6.40	14.00	12.24	1.44(M)	40.00 (M)	0.00(M)	0.00(M)	(M)	(M)
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	0.00	100.00	17.00	1.00	4.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Applesauce - ILR1264 (1/2 c.)	0	51.00	0.00	0.00	0.00	0.00	2.00	14.00	1.00	11.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Diced Peaches - SR1196 (1/2 c.)	0	57.95	0.04	0.00	0.00	0.00	5.27	15.24	1.71	13.53	0.83	0.36	7.90	501.75	4.74	-4.25(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Glazed Carrots can - ILR1269 (1/2 c.)	0	45.15	0.00	0.00	0.00	0.00	293.91	10.22	2.13	5.80	0.01	0.02(M)	1.34(M)	0.26(M)	2.10(M)	0.02(M)	0.00(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W3/D2 - Nacho's/Hot Dog :17208 - ServingDate: 01/15/2019</b>																	
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W3/D3 - BBQ Pulled Pork/Chick Pztty:17208 - ServingDate: 01/16/2019</b>																	
BBQ Pulled Pork - ILR1046 (1 ea.)	0	414.41	11.91	4.31	2.00	100.00	1115.86	35.01	2.60	4.32	28.13	1.42	29.48	200.00	6.00	(M)	(M)
Chicken Patty - ILR1115 (1 ea.)	0	386.41	14.91	2.81	0.00	25.00	703.86	41.01	5.60	4.32	20.13	11.41	29.48	0.00	0.00	0.00(M)	0.00(M)
Chicken Patty - ILR1672 (1 ea.)	0	386.41	14.91	2.81	0.00	25.00	703.86	41.01	5.60	4.32	20.13	11.41	29.48	0.00	0.00	0.00(M)	0.00(M)
Italian Sub Sandwich - ILR1170 (1 sandwich)	0	290.80	11.05	3.48	0.00	58.95	1001.78	28.84	2.29	3.86	19.43	2.55	446.80	411.61	1.30	(M)	(M)
Fiesta Salad - ILR1914 (1 salad)	0	191.65	9.64	5.49	0.00	34.10	449.63	12.26	3.80	2.14	15.11	2.14(M)	47.98 (M)	7226.26 (M)	7.19(M)	116.34 (M)	0.61(M)
Tortilla Chips - SR1065 (1 1/2 oz.)	0	206.18	8.84	1.47	0.00	0.00	169.36	29.45	2.94	0.00	2.94	0.00	29.45	0.00	0.00	(M)	(M)
Diced Apricots - ILR1470 (1/2 c.)	0	54.87	0.00	0.00	0.00	0.00	9.14	12.80	0.00	10.06	0.00	(M)	(M)	(M)	(M)	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Raisins - ILR1471 (1 Box)	0	113.12	0.00	0.00	0.00	0.00	3.97	29.77	0.99	22.82	0.99	(M)	(M)	(M)	(M)	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W3/D3 - BBQ Pulled Pork/Chick Pztty:17208 - ServingDate: 01/16/2019</b>																	
Baked Beans - ILR1026 (1/2 c.)	0	119.46	0.94	0.00	0.00	0.00	171.80	22.73	4.75	7.66	6.62	0.02(M)	2.35(M)	32.05 (M)	0.84(M)	2.02(M)	0.01(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W3/D4 - Orange Chicken w/Rice/Cheeseburger :17208 - ServingDate: 01/17/2019</b>																	
Cheeseburger - ILR1389 (1 burger)	0	316.91	12.44	4.83	0.00	52.59	605.74	30.03	3.60	5.33	20.17	1.42(M)	29.48 (M)	0.00(M)	0.00(M)	(M)	(M)
Chicken Caesar Salad - ILR1241 (1 salad)	0	141.88	5.25	1.46	0.00	44.30	319.95	7.73	2.39	1.36	15.88	3.75	94.30	9923.65	4.56	107.79 (M)	0.66(M)
Ham & Cheese Sandwich - ILR1184 (1 sandwich)	0	280.52	10.30	4.99	0.00	45.20	987.92	30.26	2.40	6.69	19.65	1.44(M)	40.00 (M)	0.00(M)	0.00(M)	(M)	(M)
Orange Chicken - ILR1745 (4 oz.)	0	235.20	2.36	1.18	0.00	43.71	519.92	22.78	0.00	21.58	10.63	0.12(M)	2.52(M)	9.00(M)	0.44(M)	(M)	(M)
Orange Chicken - ILR1191 (4 oz.)	0	339.95	16.20	2.70	0.00	27.00	545.32	35.28	3.24	18.08	16.20	2.04	2.10	115.48	0.37	(M)	(M)
Brown Rice - ILR1455 (1/2 c.)	0	108.00	1.00	0.00	0.00	0.00	5.00	22.00	2.00	0.00	3.00	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W3/D4 - Orange Chicken w/Rice/Cheeseburger :17208 - ServingDate: 01/17/2019</b>																	
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	0.00	140.00	29.00	3.00	4.00	7.00	1.44	14.10	0.00	0.01	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Diced Pears - ILR1463 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	5.00	16.00	2.00	12.00	0.00	0.21	7.26	0.00	2.02	(M)	(M)
Strawberries - ILR1365 (1/2 c.)	0	122.00	0.17	0.01	0.00	0.00	4.01	33.05	2.41	(M)	0.68	0.76	14.00	31.00	52.80	(M)	(M)
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)
Steamed Broccoli - SR1028 (1/2 c.)	0	26.46	0.11	0.02	0.00	0.00	11.13	5.06	2.84	1.39	2.93	0.58	31.92	955.38	37.89	84.83	0.70
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)



# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W3/D4 - Orange Chicken w/Rice/Cheeseburger :17208 - ServingDate: 01/17/2019</b>																	
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Pancake & Waffle Syrup - SR1158 (2 tbsp.)	0	117.75	0.00	0.00	0.00	0.00	39.25	29.16	0.00	19.63	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W3/D5 - Tony's Cheese Pizza/Popcorn Chicken Bowl :17208 - ServingDate: 01/18/2019</b>																	
American Sub Sandwich - ILR1127 (1 sandwich)	0	286.18	9.50	4.30	0.02	44.37	1014.77	30.85	2.29	7.40	20.07	1.54(M)	51.98 (M)	0.00(M)	0.00(M)	21.50 (M)	0.89(M)
Cheese Pizza Square - SR1024 (1 slice)	0	310.00	11.00	4.00	0.00	15.00	480.00	35.00	4.00	8.00	16.00	2.70	250.00	500.00	0.00	(M)	(M)
Crispy Chicken Salad - ILR1235 (1 salad)	0	316.87	18.38	6.09	0.00	40.25	570.31	19.19	4.73	2.67	22.28	2.98(M)	62.25 (M)	11088.75(M)	19.72 (M)	163.47 (M)	1.18(M)
Popcorn Chicken Bowl - ILR1023 (1 bowl)	0	420.30	19.12	5.32	0.00	25.00	650.07	46.92	6.01	3.85	18.27	2.13(M)	24.10 (M)	102.07 (M)	6.99(M)	135.51 (M)	0.73(M)
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	0.00	70.00	14.00	2.00	2.00	3.00	0.51	6.40	0.00	0.00	(M)	(M)
Applesauce - ILR1264 (1/2 c.)	0	51.00	0.00	0.00	0.00	0.00	2.00	14.00	1.00	11.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Pineapple Tidbits - SR1495 (1/2 c.)	0	63.20	0.00	0.00	0.00	0.00	0.00	16.43	1.26	13.90	0.00	0.00	25.28	0.00	0.00	-13.03 (M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
 Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W3/D5 - Tony's Cheese Pizza/Popcorn Chicken Bowl :17208 - ServingDate: 01/18/2019</b>																	
Seasoned Mashed Potatoes - ILR1512 (1/2 c.)	0	110.09	3.00	1.57	0.00	0.75	354.75	17.79	1.69	1.37	2.05	0.37	35.28	101.26	7.38	94.66 (M)	0.71(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W4/D2 - Cheese Filled Bosco w/ sauce/Chili Cheese Fritos :17208 - ServingDate: 01/22/2019</b>																	
Bosco Stick - ILR1035 (2 ea.)	0	300.00	10.00	5.00	0.00	30.00	440.00	34.00	2.00	2.00	20.00	2.16	400.00	400.00	0.00	(M)	(M)
Chili Cheese Frito Pie - ILR1251 (1 pie)	0	350.12	15.48	5.37	0.00	31.20	514.32	36.98	6.20	2.34	14.44	0.72(M)	31.89 (M)	200.65 (M)	1.97(M)	0.08(M)	0.07(M)
Peanut Butter and Jelly Sandwich - ILR1176 (1 sandwich)	0	372.82	17.90	3.28	0.00	0.00	457.28	41.90	4.40	14.00	12.24	1.44(M)	40.00 (M)	0.00(M)	0.00(M)	(M)	(M)
Sunbutter & Jelly Sandwich - ILR1174 (1 sandwich)	0	372.82	18.90	2.28	0.00	0.00	417.28	40.90	6.40	14.00	12.24	1.44(M)	40.00 (M)	0.00(M)	0.00(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W4/D2 - Cheese Filled Bosco w/ sauce/Chili Cheese Fritos :17208 - ServingDate: 01/22/2019</b>																	
Chef Salad - SR1082 (1 salad)	0	142.93	8.58	3.66	0.00	111.64	281.73	3.91	1.28	1.56	12.23	1.27	120.72	5642.37	10.69	103.14 (M)	0.67(M)
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	0.00	70.00	14.00	2.00	2.00	3.00	0.51	6.40	0.00	0.00	(M)	(M)
Applesauce - ILR1264 (1/2 c.)	0	51.00	0.00	0.00	0.00	0.00	2.00	14.00	1.00	11.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Blueberries - ILR1366 (1/2 c.)	0	40.00	1.00	0.00	0.00	0.00	1.00	10.00	2.00	7.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Garlic Green Beans - ILR1233 (1/2 c.)	0	24.93	0.35	0.14	0.00	0.00	177.76	4.17	2.56	1.26	1.32	0.03(M)	1.39(M)	16.02 (M)	0.06(M)	0.04(M)	0.02(M)
Spaghetti sauce, meatless, LS, COMM POUCH [110177] for dipping - ILR1529 (2 oz.)	0	36.29	1.81	0.45	0.00	0.00	56.70	4.54	0.45	2.72	0.45	(M)	(M)	(M)	(M)	(M)	(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W4/D2 - Cheese Filled Bosco w/ sauce/Chili Cheese Fritos :17208 - ServingDate: 01/22/2019</b>																	
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W4/D3 - Macaroni-n-Cheese w/1G Roll/Chick Patty :17208 - ServingDate: 01/23/2019</b>																	
Chicken Patty - ILR1115 (1 ea.)	0	386.41	14.91	2.81	0.00	25.00	703.86	41.01	5.60	4.32	20.13	11.41	29.48	0.00	0.00	0.00(M)	0.00(M)
Italian Sub Sandwich - ILR1170 (1 sandwich)	0	290.80	11.05	3.48	0.00	58.95	1001.78	28.84	2.29	3.86	19.43	2.55	446.80	411.61	1.30	(M)	(M)
Mac & Cheese - ILR1339 (1 #6 scoop)	0	364.27	18.13	9.70	0.00	59.19	867.47	31.43	2.54	3.97	18.85	0.00	437.33	843.27	0.00	(M)	(M)
Fiesta Salad - ILR1914 (1 salad)	0	191.65	9.64	5.49	0.00	34.10	449.63	12.26	3.80	2.14	15.11	2.14(M)	47.98 (M)	7226.26 (M)	7.19(M)	116.34 (M)	0.61(M)
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	0.00	70.00	14.00	2.00	2.00	3.00	0.51	6.40	0.00	0.00	(M)	(M)
Tortilla Chips - SR1065 (1 1/2 oz.)	0	206.18	8.84	1.47	0.00	0.00	169.36	29.45	2.94	0.00	2.94	0.00	29.45	0.00	0.00	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Frozen Sliced Strawberries - ILR1418 (1/2 c.)	0	115.20	0.00	0.00	0.00	0.00	0.00	29.44	3.84	21.76	0.00	(M)	(M)	(M)	(M)	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Sweet Potato Fries - ILR1018 (1/2 c.)	0	120.00	4.50	0.50	0.00	0.00	180.00	17.00	3.00	5.00	2.00	0.36	20.00	3500.00	2.40	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W4/D3 - Macaroni-n-Cheese w/1G Roll/Chick Patty :17208 - ServingDate: 01/23/2019</b>																	
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Garlic Green Beans - ILR1233 (1/2 c.)	0	24.93	0.35	0.14	0.00	0.00	177.76	4.17	2.56	1.26	1.32	0.03(M)	1.39(M)	16.02 (M)	0.06(M)	0.04(M)	0.02(M)
Sweet Potato Fries - ILR1763 (1/2 c.)	0	150.00	8.00	2.00	0.00	0.00	125.00	19.00	3.00	3.00	1.00	(M)	(M)	(M)	(M)	(M)	(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W4/D4 - Soft Taco/Turkey &amp; Gravy w/Noodles :17208 - ServingDate: 01/24/2019</b>																	
Ham & Cheese Sandwich - ILR1757 (1 sandwich)	0	272.82	9.40	4.03	0.00	45.00	837.28	27.40	2.40	5.00	18.24	1.80(M)	40.00 (M)	0.00(M)	0.60(M)	(M)	(M)
Chicken Caesar Salad - ILR1241 (1 salad)	0	141.88	5.25	1.46	0.00	44.30	319.95	7.73	2.39	1.36	15.88	3.75	94.30	9923.65	4.56	107.79 (M)	0.66(M)
Beef Soft Taco - ILR1909 (2 each taco)	0	498.65	28.17	13.22	0.00	72.17	928.05	31.48	2.07	2.14	26.16	2.77	435.99	145.57	0.54	40.62 (M)	0.04(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W4/D4 - Soft Taco/Turkey &amp; Gravy w/Noodles :17208 - ServingDate: 01/24/2019</b>																	
Scratch Beef Soft Beef Taco - ILR1901 (2 each taco)	0	403.65	20.38	10.48	0.00	54.35	853.78	32.20	2.04	2.09	25.28	2.27(M)	130.00 (M)	94.73 (M)	0.34(M)	25.39 (M)	0.03(M)
Turkey & Gravy - ILR1177 (4 oz.)	0	110.90	5.25	1.41	0.00	32.49	407.48	4.05	0.00	0.71	11.30	0.00(M)	1.78(M)	0.00(M)	0.00(M)	59.14 (M)	0.06(M)
Mexican Chicken - ILR1511 (1/2 c.)	0	123.97	4.05	1.22	0.00	44.55	233.81	4.54	1.42	1.42	14.58	0.58(M)	0.00(M)	60.00 (M)	0.00(M)	(M)	(M)
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	0.00	140.00	29.00	3.00	4.00	7.00	1.44	14.10	0.00	0.01	(M)	(M)
Noodles - ILR1268 (1/2 c.)	0	108.95	1.44	0.04	0.00	0.00	3.55	21.00	2.00	0.00(M)	3.00	0.00	3.55	0.00	0.00	118.28 (M)	0.12(M)
Dried Cranberries - ILR1265 (1 oz.)	0	86.94	0.00	0.00	0.00	0.00	1.89	23.63	1.89	20.79	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Mixed Fruit - ILR1468 (4 oz.)	0	54.00	0.00	0.00	0.00	0.00	4.50	13.50	0.90	10.80	0.00	(M)	(M)	(M)	(M)	(M)	(M)
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Fiesta Refried Beans - ILR1069 (1/2 c.)	0	31.48	1.22	0.81	0.00	4.05	81.03	3.19	1.23	1.03	1.75	0.01(M)	0.66(M)	0.00(M)	0.04(M)	0.01(M)	0.01(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
 Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W4/D4 - Soft Taco/Turkey &amp; Gravy w/Noodles :17208 - ServingDate: 01/24/2019</b>																	
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W4/D5 - Tony's Pepperoni Pizza/Grilled Cheese &amp; Tomato Soup :17208 - ServingDate: 01/25/2019</b>																	
American Sub Sandwich - ILR1127 (1 sandwich)	0	286.18	9.50	4.30	0.02	44.37	1014.77	30.85	2.29	7.40	20.07	1.54(M)	51.98 (M)	0.00(M)	0.00(M)	21.50 (M)	0.89(M)
Grilled Cheese Sandwich - ILR1171 (1 sandwich)	0	340.32	20.13	10.40	0.00	50.63	1330.03	24.90	2.40	3.00	15.37	1.44	343.75	607.50	0.00	(M)	(M)
Cheese Pizza Square - SR1024 (1 slice)	0	310.00	11.00	4.00	0.00	15.00	480.00	35.00	4.00	8.00	16.00	2.70	250.00	500.00	0.00	(M)	(M)
Pepperoni Pizza Square - SR1025 (1 slice)	0	334.60	13.19	4.82	0.00	20.01	562.92	35.09	4.00	8.09	17.00	2.73	250.00	500.46	0.00	(M)	(M)
Crispy Chicken Salad - ILR1235 (1 salad)	0	316.87	18.38	6.09	0.00	40.25	570.31	19.19	4.73	2.67	22.28	2.98(M)	62.25 (M)	11088.7 5(M)	19.72 (M)	163.47 (M)	1.18(M)
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	0.00	70.00	14.00	2.00	2.00	3.00	0.51	6.40	0.00	0.00	(M)	(M)
Applesauce - ILR1264 (1/2 c.)	0	51.00	0.00	0.00	0.00	0.00	2.00	14.00	1.00	11.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
 Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W4/D5 - Tony's Pepperoni Pizza/Grilled Cheese &amp; Tomato Soup :17208 - ServingDate: 01/25/2019</b>																	
Canned Pineapple - ILR1008 (1/2 c.)	0	54.30	0.10	0.01	0.00	0.00	0.91	14.08	1.18	12.90	0.46	0.25	14.48	45.25	8.51	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Buttery Corn - ILR1232 (1/2 c.)	0	109.46	2.47	0.38	0.00	0.00	32.50	23.34	3.11	4.67	3.11	0.00(M)	0.00(M)	41.67(M)	0.00(M)	(M)	(M)
Tomato Soup - ILR1729 (1/2 c.)	0	36.58	0.46	0.23	0.00	0.00	189.25	7.32	0.46	4.57	0.46	0.17	1.78	182.90	2.74	59.14(M)	0.06(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)



# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
 Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W5/D1 - Popcorn Chicken/General Tso's Chick w/Rice :17208 - ServingDate: 01/28/2019</b>																	
General Tso's Chicken - ILR1059 (4 ounces (1))	0	382.30	15.00	2.50	0.00	25.00	1060.40	46.24	3.00	31.24	15.00	1.80	0.00	251.20	4.54	(M)	(M)
Peppi Pizza Salad - ILR1131 (1 salad)	0	186.26	10.54	5.68	0.00	30.07	531.38	5.46	1.34	1.50	17.46	2.17	1479.01	7072.49	11.85	95.44 (M)	0.66(M)
Popcorn Chicken - SR1413 (12 piece)	0	253.34	15.20	2.53	0.00	25.33	385.07	16.21	3.04	1.01	15.20	1.82	0.00	101.33	0.00	(M)	(M)
Turkey & Cheese Sandwich - ILR1181 (1 sandwich)	0	254.58	8.08	3.04	0.00	33.43	780.64	28.04	4.00	5.03	20.18	1.44(M)	40.00 (M)	0.00(M)	0.00(M)	(M)	(M)
Dinner Roll - SR1010 (1 roll.)	0	80.00	1.50	0.00	0.00	0.00	70.00	14.00	2.00	2.00	3.00	0.51	6.40	0.00	0.00	(M)	(M)
Steamed Brown Rice - SR1098 (1/2 c.)	0	117.19	0.69	0.00	0.00	0.00	2.03	25.51	1.38	0.00	2.76	0.50	2.03	0.00	0.00	52.57 (M)	0.07(M)
Pineapple Tidbits - SR1495 (1/2 c.)	0	63.20	0.00	0.00	0.00	0.00	0.00	16.43	1.26	13.90	0.00	0.00	25.28	0.00	0.00	-13.03 (M)	(M)
Beef Soft Taco - ILR1456 (4 oz.)	0	54.00	0.00	0.00	0.00	0.00	4.50	12.60	0.90	11.70	0.00	(M)	(M)	(M)	(M)	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Seasoned Peas - ILR1019 (1/2 c.)	0	102.35	0.51	0.21	0.00	0.00	234.47	18.29	6.61	6.57	6.59	0.02(M)	1.44(M)	23.01 (M)	0.07(M)	0.02(M)	0.02(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W5/D1 - Popcorn Chicken/General Tso's Chick w/Rice :17208 - ServingDate: 01/28/2019</b>																	
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W5/D2 - Spaghetti &amp; Meatsauce w/.5 garlic toast/Nacho :17208 - ServingDate: 01/29/2019</b>																	
Double Berry Parfait - ILR1742 (1 parfait)	0	177.60	1.25	0.50	0.00	2.50	53.00	39.22	2.92	28.38	3.50	0.00(M)	100.00 (M)	500.00 (M)	0.00(M)	(M)	(M)
Spaghetti sauce w/ meat - ILR1226 (1 #6 scoop)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Very Strawberry Parfait - ILR1153 (1 ea.)	0	150.94	0.75	0.50	0.00	2.50	52.45	32.52	1.70	23.63	3.50	0.00(M)	99.91 (M)	499.56 (M)	0.00(M)	(M)	(M)
Peanut Butter and Jelly Sandwich - ILR1176 (1 sandwich)	0	372.82	17.90	3.28	0.00	0.00	457.28	41.90	4.40	14.00	12.24	1.44(M)	40.00 (M)	0.00(M)	0.00(M)	(M)	(M)
Scratch Beef Nacho - ILR1903 (1 ea.)	0	378.79	20.53	7.86	0.00	44.62	814.55	32.72	2.88	1.19	15.63	0.83	260.33	515.50	0.34	25.39 (M)	0.03(M)
Sunbutter & Jelly Sandwich - ILR1174 (1 sandwich)	0	372.82	18.90	2.28	0.00	0.00	417.28	40.90	6.40	14.00	12.24	1.44(M)	40.00 (M)	0.00(M)	0.00(M)	(M)	(M)
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	0.00	100.00	17.00	1.00	4.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Garlic Toast - ILR1190 (1 slice)	0	122.21	6.52	2.42	0.00	0.00	204.81	13.04	1.27	1.52	2.75	0.77	20.64	253.13	0.01	0.05(M)	0.03(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
 Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W5/D2 - Spaghetti &amp; Meatsauce w/.5 garlic toast/Nacho :17208 - ServingDate: 01/29/2019</b>																	
Spaghetti - ILR1267 (1/2 c.)	0	98.92	1.21	0.20	0.00	0.00	3.55	21.04	2.89	0.96	3.54	1.34	14.30	0.00	0.00	118.28 (M)	0.12(M)
Diced Apricots - ILR1470 (1/2 c.)	0	54.87	0.00	0.00	0.00	0.00	9.14	12.80	0.00	10.06	0.00	(M)	(M)	(M)	(M)	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Baked Apples - ILR1388 (3/8 c.)	0	55.62	1.38	0.56	0.00	0.00	16.86	11.07	0.78	9.86	0.03	0.09	10.02	64.60	0.03	0.08(M)	0.03(M)
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Buttery Corn - ILR1232 (1/2 c.)	0	109.46	2.47	0.38	0.00	0.00	32.50	23.34	3.11	4.67	3.11	0.00(M)	0.00(M)	41.67 (M)	0.00(M)	(M)	(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W5/D2 - Spaghetti &amp; Meatsauce w/.5 garlic toast/Nacho :17208 - ServingDate: 01/29/2019</b>																	
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
<b>SIL Winter 19 K8 CH Lunch W5/D3 - pancakes w/Sausage/Grilled or BBQ Chicken Sandwich :17208 - ServingDate: 01/30/2019</b>																	
BBQ Grilled Chicken Sandwich - ILR1800 (1 ea.)	0	169.08 (M)	1.91(M)	0.31(M)	0.00(M)	0.00(M)	464.86 (M)	31.11 (M)	2.60(M)	3.89(M)	6.13(M)	1.42(M)	29.48 (M)	113.33 (M)	3.40(M)	(M)	(M)
Grilled Chicken Sandwich - ILR1743 (1 ea.)	0	146.41 (M)	1.91(M)	0.31(M)	0.00(M)	0.00(M)	243.86 (M)	26.01 (M)	2.60(M)	3.32(M)	6.13(M)	1.42(M)	29.48 (M)	0.00(M)	0.00(M)	(M)	(M)
BBQ Diced Chicken Sandwich - ILR1186 (1 ea.)	0	259.31	3.93	0.31	0.00	42.52	690.56	35.01	2.60	4.32	18.28	4.03	29.48	200.00	6.00	(M)	(M)
Italian Sub Sandwich - ILR1170 (1 sandwich)	0	290.80	11.05	3.48	0.00	58.95	1001.78	28.84	2.29	3.86	19.43	2.55	446.80	411.61	1.30	(M)	(M)
Fiesta Salad - ILR1914 (1 salad)	0	191.65	9.64	5.49	0.00	34.10	449.63	12.26	3.80	2.14	15.11	2.14(M)	47.98 (M)	7226.26 (M)	7.19(M)	116.34 (M)	0.61(M)
Turkey Sausage Patty - ILR1188 (2 patty)	0	120.00	9.00	3.00	0.00	70.00	160.00	0.00	0.00	0.00	12.00	0.72	40.00	0.00	0.00	(M)	(M)
Pancakes - ILR1644 (3 pancakes)	0	210.00	6.00	0.00	0.00	9.00	405.00	39.00	3.00	9.00	6.00	0.00	0.00	0.00	0.00	(M)	(M)
Tortilla Chips - SR1065 (1 1/2 oz.)	0	206.18	8.84	1.47	0.00	0.00	169.36	29.45	2.94	0.00	2.94	0.00	29.45	0.00	0.00	(M)	(M)
Blueberries - ILR1366 (1/2 c.)	0	40.00	1.00	0.00	0.00	0.00	1.00	10.00	2.00	7.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Frozen Sliced Strawberries - ILR1418 (1/2 c.)	0	115.20	0.00	0.00	0.00	0.00	0.00	29.44	3.84	21.76	0.00	(M)	(M)	(M)	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W5/D3 - pancakes w/Sausage/Grilled or BBQ Chicken Sandwich :17208 - ServingDate: 01/30/2019</b>																	
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
McCain Tater Tot - ILR1776 (2 5/8 oz.)	0	130.00	6.00	1.00	0.00	0.00	310.00	16.00	2.00	0.00	2.00	0.00	0.00	0.00	3.60	(M)	(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Gravy, Pepper (Country, Biscuit) - SR2091 (1/4 c.)	0	42.86	2.42	2.19	0.00	0.00	179.41	4.57	0.08	0.00	0.37	0.06	6.30	2.21	0.02	52.15	0.69
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W5/D4 - Italian Grill Cheese w/ Dipp Sauce/Cheeseburger :17208 - ServingDate: 01/31/2019</b>																	
Ham & Cheese Sandwich - ILR1757 (1 sandwich)	0	272.82	9.40	4.03	0.00	45.00	837.28	27.40	2.40	5.00	18.24	1.80(M)	40.00 (M)	0.00(M)	0.60(M)	(M)	(M)
Cheese Pizza Cruncher - ILR1737 (4 piece)	0	423.90	20.19	9.08	0.00	30.28	676.22	41.38	6.06	3.03	20.19	2.23	430.96	486.47	1.88	(M)	(M)
Cheeseburger - ILR1389 (1 burger)	0	316.91	12.44	4.83	0.00	52.59	605.74	30.03	3.60	5.33	20.17	1.42(M)	29.48 (M)	0.00(M)	0.00(M)	(M)	(M)
Chicken Caesar Salad - ILR1173 (1 salad)	0	141.59	5.29	1.45	0.00	46.95	321.22	7.07	1.79	1.02	16.29	3.64	84.90	7442.74	3.42	80.84 (M)	0.50(M)
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	0.00	140.00	29.00	3.00	4.00	7.00	1.44	14.10	0.00	0.01	(M)	(M)
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	0	47.62	0.16	0.03	0.00	0.00	0.92	12.65	2.20	9.51	0.24	0.11	5.49	49.45	4.21	78.35	0.17
Orange Smiles - SR1172 (6 slice or w)	0	45.12	0.12	0.01	0.00	0.00	0.00	11.28	2.30	8.98	0.90	0.10	38.40	216.00	51.07	83.28	0.42
Diced Pears - ILR1463 (1/2 c.)	0	60.00	0.00	0.00	0.00	0.00	5.00	16.00	2.00	12.00	0.00	0.21	7.26	0.00	2.02	(M)	(M)
Raisins - ILR1471 (1 Box)	0	113.12	0.00	0.00	0.00	0.00	3.97	29.77	0.99	22.82	0.99	(M)	(M)	(M)	(M)	(M)	(M)
100% Apple Juice - SR1204 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
100% Orange Juice - SR1295 (4 fl oz cup)	0	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	0.00	10.53	2.12	0.83	0.54	0.90	0.23	14.99	198.70	28.45	(M)	(M)
Glazed Carrots can - ILR1269 (1/2 c.)	0	45.15	0.00	0.00	0.00	0.00	293.91	10.22	2.13	5.80	0.01	0.02(M)	1.34(M)	0.26(M)	2.10(M)	0.02(M)	0.00(M)
Mixed Salad Greens - SR1080 (1/2 c.)	0	5.57	0.06	0.01	0.00	0.00	11.56	1.04	0.49	0.27	0.53	0.36	14.79	2687.63	3.87	33.54	0.26
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	0.00	56.61	5.98	2.10	3.46	0.46	0.65	23.22	10008.06	1.89	(M)	(M)
Pizza Sauce for Dipping - ILR1040 (2 oz.)	0	27.00	0.00	0.00	0.00	0.00	243.00	5.40	1.80	1.80	0.90	0.32	0.00	270.00	3.24	(M)	(M)
Spaghetti Sauce w/ Spices - ILR1528 (4 oz.)	0	87.93	3.87	0.97	0.00	0.00	126.65	11.88	1.73	6.96	1.39	0.19(M)	5.93(M)	125.24 (M)	4.50(M)	0.07(M)	0.06(M)
Chocolate Skim Milk - ILR1136 (1 Half Pint)	0	110.00	0.00	0.00	0.00	5.00	180.00	20.00	0.00	18.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00

# Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL  
Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
<b>SIL Winter 19 K8 CH Lunch W5/D4 - Italian Grill Cheese w/ Dipp Sauce/Cheeseburger :17208 - ServingDate: 01/31/2019</b>																	
Strawberry Skim Milk - ILR1139 (1 Half Pint)	0	120.00	0.00	0.00	0.00	0.00	120.00	22.00	0.00	22.00	8.00	0.00	300.00	500.00	1.20	0.00	0.00
Lowfat 1% White Milk - ILR1137 (1 Half Pint)	0	100.00	2.50	1.50	0.00	15.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
White Skim Milk - ILR1138 (1 Half Pint)	0	80.00	0.00	0.00	0.00	5.00	120.00	11.00	0.00	11.00	8.00	1.08	300.00	500.00	1.20	0.00	0.00
BBQ Sauce - ILR1141 (1 oz.)	0	40.00	0.00	0.00	0.00	0.00	390.00	9.00	0.00	1.00	0.00	0.00	0.00	200.00	6.00	(M)	(M)
Honey Mustard - ILR1064 (1 oz.)	0	122.85	10.39	1.89	0.00	14.18	127.58	5.67	0.00	4.72	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ketchup - ILR1143 (1 pump)	0	35.02	0.00	0.00	0.00	0.00	83.38	8.34	0.00	6.67	0.00	0.00	0.00	166.76	2.00	(M)	(M)
Lite Mayo - ILR1142 (1 fl. oz.)	0	88.59	6.20	0.89	0.00	8.86	239.20	7.09	0.00	3.54	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Yellow Mustard - SR1603 (1 pump)	0	0.00	0.00	0.00	0.00	0.00	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Ranch - ILR1231 (1 pump)	0	160.00	17.00	3.00	0.00	10.00	240.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)

**Legend**  
(M) - Missing Nutrient Values

**Report Selections**  
Meal Type: Lunch  
Site Group: The Clubhouse  
Menu Line: CH-Main Event  
Serving Group: K-8  
Nutrients Option: All

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.