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2019 AP EXAM PAYMENT FORMS

All forms and payments must be turned in to H-101 no later than 3:00 pm on Friday, February 15, 2019.

Please see Ms. Yano in the library or Mr. Mc in H-101 with any AP questions or concerns before this date.

Reminder: All students enrolled in an AP course are required to take the CollegeBoard Exam and/or the final evaluation (e.g. AP Drawing portfolio submission). Failure to take the exam will result in the student being graded on a regular 4-point (not the 5-point weighted) scale, AND the class being listed as a regular (non-AP) course on the student's official transcript.

PROJECT GRAD CARWASH, SATURDAY JANURAY 26TH

Get your car squeaky clean at to the Texaco Station near Times Supermarket at Kahala Mall on Saturday, January 26th from 9:00 – 2:00pm. All proceeds will go directly to Project Grad 2019. Pre-payment via Paypal will be up and running soon. Cost = \$10.00 for all cars. See you at the Car Wash!

REMINDER: RESERVED PARKING STALLS

All marked stalls, Reserved, Principal, Vice Principal and Staff are **Reserved 24 hours every day**. Please refrain from parking in these stalls during events. Mahalo!

FRIENDS OF KAISER PTSA SEEKING PARENTS

"Ongoing research shows that family engagement in schools improves student achievement, reduces absenteeism, and restores parents' confidence in their children's education. Students with involved parents or other caregivers earn higher grades and test scores, have better social skills and show improved behavior." From [neaToday](#) (National Education Association, click link for full article.)

It's true.

As we face the last semester of the school year, we have 5 members who will be leaving the PTSA as their teens are graduating and thus moving on. The PTSA welcomes new parents to continue the tradition of providing the needed extra support for Kaiser High School and your teen's education. Among the benefits are meeting like-minded parents, hearing first hand of what is happening on campus (academics, athletics and facilities) and having a direct line to Head of School/Principal Mew. There rewards are endless.

Our next meeting will be on Wednesday, February 13th at 6:00pm in the Admin Conference Room. If you have any questions, feel free to contact me, this is my third year as a PTSA member.
aolson@kaiserhs.k12.hi.us.

FRESHMEN - SOPHOMORE BANQUET, SATURDAY, MARCH 2ND

The Freshman-Sophomore Banquet will be held on March 2, 2019. The banquet will be from 5:30pm to 10:00 pm at Hale Koa Hotel. Doors will open at 5:00pm, with the event to begin at 5:30pm, and dinner will be at 6:00pm. We will be collecting forms and money from January 28 through February 1 behind the library. Table sign-ups will be on February 11-13 behind the library. The total cost for the banquet is \$45.00. Refunds will be in room A303 on February 4th and 5th.

WIKI AND ALTERNATE LUNCH RETURNS!

Thank you for your patience, Cougars. In February, the Alternate Lunch Menu will return! In addition, for those who missed breakfast, or can't wait for lunch a Wiki (snack during 1st recess) will also be served. Cost for Wiki will be the same as breakfast, \$1.10.

WINTER GUARD DANCE-A-THON FUNDRAISER LED BY ZUMBA INSTRUCTORS!

Enjoy a great afternoon workout with Zumba dancing! Please support the Winter Guard on Sunday, February 10th from 3:00-5:00pm at the Kaiser High School Cafeteria, as they raise funds for equipment needed to compete in the Winter Guard International Regional Competition in Denton, TX.

\$10.00 tickets available from any Winter Guard member, at the door, or call Audrey at 808-383-5499. Raffle prizes! Fun for everyone! Click here for flyer: [Winter Guard Zumba](#)

CLASS OF 2022 – CPK FUNDRAISER, TUESDAY, JANUARY 29th

Please support the Freshman Class as they begin raising money for Freshman Sophomore Banquet. Enjoy fresh pizza at California Pizza Kitchen on Monday, January 29th. Don't want to dine-in? Get your pizza to go with their excellent takeout service. Call them at 808 737 9446 to place your order!

Bring THIS flyer when you arrive! [CPK Flyer](#). We appreciate all your support.

We hope you have a wonderful New Year!

PROJECT GRADUATION ANNOUNCEMENTS:

PG 2019 CAR WASH SIGN UP!

Project Grad 2019 participants, sign up for a Car Wash shift today! Car Wash will be held on Saturday, January 26th at the Chevron station near Times Supermarket. There are two shifts 9 - 11:30am and 11:30 - 2:00pm. Grab your family and friends - have fun while raising funds for Project Graduation 2019.

Click here to sign up: [PG2019 Car Wash](#)

PROJECT GRADUATION CLASS OF 2019

December 22nd through graduation - \$300.00

Download your registration form here: [ProjectGrad 2019](#). Forms are also available at the front office. Please fill them out completely and return with your payment to the front office.

Parents... please email kaiserprojectgrad2019@gmail.com if you would like to join the committee and to stay informed.

COLLEGE AND CAREER ANNOUNCEMENTS:

CHAMINADE UNIVERSITY OPEN HOUSE, SUNDAY, JANUARY 27TH

Opportunity's knocking! At Chaminade, we prepare tomorrow's leaders for an ever-changing world, inspiring our students to think critically — and think big — as they follow their dreams. It's not too early to start planning for your life as a Silversword!

Learn about our academic programs, student life, admissions process, financial aid, scholarships and more at our Undergraduate Open House, and see the beauty of this place on our student-led campus tour.

January 27, 2019 11:00

Click [here](#) to RSVP and for more information.

UH MĀNOA COLLEGE OF ENGINEERING VISIT

Engineering Student Ambassadors from the UH Manoa College of Engineering STEM will be here to answer questions, give tips, and let you know about STEM opportunities.

Thursday, February 7, 2019 (A), 11:30-12:10.

Sign up on [Naviance](#)

Also - visit with them at the **Mānoa Experience Preview Day, Saturday, March 2, 2019, 10:00-2:00** at McCarthy Mall. See the flyer for more details: [College of Engineering Preview Day](#)

YOUNG LEADERS SUMMIT – CLASS OF 2020 ONLY

The Young Leaders Summit (YLS) is a free four-day, overnight, college empowerment conference for a diverse cohort of low-income high school juniors, selected through a competitive application process. It is designed to give these young leaders the practical tools they need to successfully apply to top universities, have full access to scholarship and financial aid opportunities, and set a course for academic and career success.

August 8-11, 2019 @ The University of Chicago

Click here to apply: [Young Leaders](#)

Deadline - March 8, 2019

KAPI'OLANI COMMUNITY COLLEGE'S IKE PROGRAM

The IKE (Indigenous Knowledge in Engineering)/Pre-Engineering Education Collaborative II (PEEC II) Program is looking for Native Hawaiian students and other underrepresented minorities in STEM who are interested in engineering and who are ready to take Calculus I, II, or III for our Hawai'i Calculus Academy program (May 20-June 28). Students who have been part of the program have gone to NASA, flown rockets 3500ft into the air, reduced water usage on our campus, gotten paid to do research, and presented their research across the U.S!

Benefits:

FREE tuition for calculus and SCI 295 (4 credits total) and more!

Click here and scroll down for more information: [IKE Program](#)

COLLEGE FIT PRESENTATION: FINDING THE RIGHT ACADEMIC SOCIAL AND FINANCIAL FIT

Hawaii Kai Library, Monday, January 28th at 5:00pm

This presentation will help to guide students and their families to make informed decisions about finding the right fit for college. This free presentation is suitable for high school students and their families.

Younger students and families are also welcome to attend. Click here for more information: [College Fit](#)

SCHOLARSHIPS

Seniors, and not just for Seniors, now is the time to start thinking about scholarships and getting ready for their deadlines. Please click here: [Scholarships](#) to view the many opportunities which are available to you.

CONTESTS

20TH ANNUAL DR. MARTIN LUTHER KING PEACE POETRY CONTEST

The International Peace Poem Project started on Maui in 1996 by volunteer teachers, writers and artists. A 6-year-old girl wrote the first lines of the Peace Poem and it has grown to more than 160,000 lines of poetry from over 120 nations. If you would like to be a part of this living, growing peace poem, please click on the following for more information: [Peace Poem](#).

Deadline – February 15, 2019

CANCER UNWRAPPED WRITING CONTEST

Experiencing a cancer diagnosis can cause a storm of emotions. Whether cancer has made you feel angry, sad, lonely, or even grateful, we want to hear about it. The Cancer Unwrapped Teen Writing Contest invites high school students to submit essays about their experience with cancer for the opportunity to win cash prizes. Since the contest began in 2006, we have received more than 2,900 submissions and handed out over \$135,000 in prize money.

Click [here](#) or the graphic to apply. See the flyer for more information.

Deadline - April 15, 2019

KAISER HS ATHLETICS ANNOUNCEMENTS

CLICK HERE FOR [PARTICIPATION/PARENT CONSENT FORM](#):

CLICK HERE FOR [PHYSICAL EXAM/CONCULSSION RISK ACK FORM](#)

CLICK HERE FOR [PARENT ATHLETE HANDBOOK](#)

CLICK HERE FOR [KAISER ATHLETICS WEBSITE](#)

TRACK & FIELD CONDITIONING HAS STARTED

Track and Field has started their conditioning. Please be sure to have your physical completed and participation form signed before coming out to practice. If you have completed the aforementioned forms, meet at the track for conditioning at 3:00pm daily. If you have any questions, contact Coach Dennis Swart at deswartpic@gmail.com. or during practice.

VARSITY BASEBALL TRYOUTS, MONDAY, FEBRUARY 4TH

Tryouts for the Varsity Baseball Team will begin on Monday, February 4th at 3:00 pm. Please report to the baseball field dressed and ready to go at 3:00 pm. Wear baseball pants, baseball cap, and cleats and bring your own fielding glove. If you have a batting helmet and a bat, you may bring those as well, but you can borrow if you don't have these items.

Tryouts will run from February 4th - 6th.

There will be a parent meeting on Friday, February 8, 2019 at 5:30 pm for parents of players who make the team.

Any questions or concerns, please contact Wendy Shigeta at: ws96825@gmail.com

VARSITY GIRLS SOFTBALL TRYOUTS, MONDAY JANUARY 28TH

Girls interested in trying out for the Varsity Softball team should meet at the softball field on January 28th at 3:00pm Bring your glove and either cleats or athletic shoes. Tryouts will run from January 28th to the 30th, from 3:00 – 5:30pm.

Do not buy new equipment until tryouts are over.

For more information please call Coach Mitch at 306-3610. You will need to have your physical form and participation form completed.

LADY COUGARS BASKETBALL **OIA QUARTER FINALS**

Congratulations Lady Cougars for defeating Radford on their home court, 57 -48! They now move on to face Kahuku @ Radford, 5:00pm tonight. Come on out to cheer on our Lady Cougars!

COUGAR PADDLING – OIA MIXED VARSITY CHAMPIONS!

Congratulations to Kaiser Cougar Paddling for placing 1st – Mixed Varsity, 2nd – Girls Division and 8th for Boys! Mixed Varsity and Girls now move on to the HHSAA Championships. Ho'omaika'i Cougars!

COUGAR SWIM – OIA EAST CHAMPIONS!

Give it up to OIA Swim for putting on a major SPLASH in the OIA East Championships. Lady Cougar Swim placed 1st with 206 points, with the Boys 2nd with 115 points. Total combined placed the Cougars solely in 1st place!

Read today's Star-Advertiser article highlighting Lady Cougar, Sophie Harrison here: [Sophie](#)

Here are some of the results:

Girls 1 Meter Diving: 1st – Jill Chaffee, 2nd – Jaymie Jacobs, 3rd - Ashleigh Summers

Boys 1 Meter Diving: 2nd – Conrad Morgan

Girls 200 Yard Relay: 1st – Erin Patterson, Mari Yasumi, Sophia Harrison, Sofia Carlson

Boys 200 Yard Relay: 2nd – Masing Garding, Brennan Dompe, Sam Delgadillo, Jarrett Takahashi

Girls 200 Yard Free: 3rd – Sophie Harrison, 4th Leigh Farah, 7th Noelle Nakakura

Boys 200 Yard Free: 1st – Jarrett Takahashi, 3rd Sam Delgadillo

Girls 200 Yard IM: 2nd – Reina Kim, 3rd Megan Kanashiro, 6th Kanoko Niimmura

Boys 200 Yard IM: 1st - Brennan Dompe, 6th Frank Diaz

Girls 50 Yard Free: 1st – Sofia Carlson, 4th Sarah Lorenzo

Boys 50 Yard Free: 6th – Kaililauokekoa Molale

Girls 100 Yard Butterfly: 1st – Sophie Harrison, 3rd Katel Chua-Chiaco, 8th Kanoko Niimura,

Boys 100 Yard Butterfly: 4th – Mason Garding, 7th Sam Delgadillo

Girls 100 Yard Free: 1st – Sofia Carlson , 2nd Erin Patterson, 3rd Sarah Lorenzo, 7th Taylor Kuroiwa

Boys 100 Yard Free: 7th - Kaililauokekoa Molale

Girls 500 Yard Free: 1st – Mari Yasumi, 4th Claudia Galaida, 7th Rachel Gorham

Boys 500 Yard Free: 2nd – Brennan Dompe, 5th Shunjiro Horikawa, 7th Isaiah Appasamy

Girls 200 Yard Free Relay: 2nd – Jenna Ikegami, Mina Hanada, Sarah Lorenzo, Reina Kim

Boys 200 Yard Free Relay: 5th – Frank Dias, Shunjiro Horikawa, Isaiah Appasamy, Kaililauokekoa Molale

Girls 100 Yard Back: 1st – Erin Patterson, 4th Mina Hanada, 7th Jenna Ikegami, 8th Sayna Gakiya

Boys 100 Yard Back: 1st – Jarrett Takahashi, 5th Mason Garding

Girls 100 Yard Breaststroke: 2nd – Mari Yasumi, 3rd Noelle Nakakura, 5th Leigh Farah, 8th Megan Kaneshiro

Boys 100 Yard Breaststroke: 3rd – Morgan Conrad,

Girls 400 Yard Relay Free: 1st – Sophie Harrison, Sofia Carlson, Erin Patterson, Mari Yasumi

Boys 400 Yard Relay Free: 2nd – Sam Delgadillo, Brennan Dompe, Mason Garding, Jarrett Takahashi

Top Individual Girls Scores: 1st – Sofia Carlson, 2nd Erin Patterson, 2nd Mari Yasumi, 6th Sophie Harrison

Top Individual Boys Scores: 1st – Jarrett Takahashi, 3rd Brennan Dompe, 8th Conrad Morgan

For Full Results click here: [OIA East Swim](#)

OIA Championships will be on January 26th at VMAC @ 10:00 –Diving, 2:00 – Swimming

BOYS BASKETBALL UPDATE

Vs. Kaimuki, lost 47 – 57; JV won 67 - 50

UPCOMING ATHLETIC EVENTS

Tuesday, January 22

Boys Soccer vs. Pearl City @ Kaiser, 7:00pm *OIA Playoffs**

Girls Basketball vs. Kahuku @ Radford, 5:00pm *OIA Quarter Finals*

Wednesday, January 23

JV Baseball vs Mililani @ Kaiser, 3:00pm *OIA Semi Finals**

Boys Basketball vs. Farrington @ Kaiser, 5:00pm

Friday, January 25

OIA Swim Championship Trials @ VMAC, 5:00pm

Varsity Wrestling OIA Duel Meet Championships @ Farrington, 4:00pm

Saturday, January 26

OIA Diving Championships @ VMAC, 10:00am

Varsity Wrestling Duel Meet Championships @ Farrington, 10:00am

OIA Swim Championships @ VMAC, 2:00pm

KAISER COMPLEX ANNOUNCEMENTS:

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BELLA PROJECT DRESS, SATURDAY JANUARY 26TH

Registration is now open for the Spring 2019 dress giveaway. Open for high school students only and this event is not just for prom.

Do you want to go to prom in the dress of your dreams, but simply cannot find an affordable dress? High school students face challenges every day, and going through this important rite of passage should not be an additional stress. The Bella Project truly believes that every high school woman deserves to feel beautiful on the day of her prom, and we are here to make your dreams come true. We are here to make you the “bella of the ball” – for free! Click on the link to register: [Bella Project Dress](#)

KAISER HIGH SCHOOL FARMER'S MARKET

Farmer’s market returns today and every Tuesday, from 4:00 until sunset. Come on out for tasty treats at the Farmer’s Market held in the Kaiser High School parking lot.

IMPORTANT UPCOMING DATES (Click here for link to [KHS CALENDAR](#))

- Feb 5 Kaiser High Blood Drive
- Feb 6 Class of 2021, IBMYP Personal Project Due
- Feb 11 Teachers’ Institute Day – No Students
- Feb 13 Friends of Kaiser PTSA, 6:00pm in Admin Conference Room
- Feb 15 AP Exam Payments are due to H101
- Feb 18 President’s Day Holiday – No School
- Feb 20 ACT Testing
- Feb 21 – 22 Literature Festival
- Feb 21 SCC Meeting, 5:00pm in the Library

Mahalo,

Ann Olson

Parent Community Network Coordinator (PCNC)

Henry J. Kaiser High School

An International Baccalaureate World School,

AVID Certified, Advanced Placement and Dual Credit School

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