

			Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat
W1D1	Elem Lunch	CHICKEN TENDERS(Gold Kist)	44.5326	4.0564	48.06	0.2205	0.2205	4.1888	1.9841	0.2756	2.4471	0.2205	10.8024	84.2152	0
W1D1	Elem Lunch	MEATLOAF-W-Cheese	190.3124	11	199.9999	9	1.44	60	12	5.9999	8.0938	1	39.9999	392.656	0
W1D1	Elem Lunch	HAM AND CHEESE SANDWICH	272.2592	17.6888	133.9999	0	1.7956	268	8.2753	3.4877	34.6252	4	32.2531	1196.87	0
W1D1	Elem Lunch	(CHICKEN)CHEF SALAD/RANCH	630.1773	29.9761	4773.343	58.8595	7.4487	220.0506	35.2894	10.6565	57.0662	9.8728	71.6249	1364.783	14.33
W1D1	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W1D1	Elem Lunch	FROZEN TURNIP GREENS	30.4293	2.4344	2130.054	4.3818	0.4382	73.5265	0	0	3.6516	2.4344	0	30.9254	16.5183
W1D1	Elem Lunch	Scalloped Potatoes	153.3394	2.023	83.3491	0	0	52.7337	5.1885	3.1933	24.8703	1.9896	7.1709	501.5873	139.9227
W1D1	Elem Lunch	APPLESAUCE (CN)	100	0	0	2.4	0.36	0	0	0	25	2	0	5.0001	0
W1D1	Elem Lunch	FRESH ORANGES	70	1.0001	100	78	0.36	60	0	0	21	7	0	0	0
W1D1	Elem Lunch	MAS WG ROLL	140	5	0	0	1.44	20	2.5	1	32	7	5	80	0
W1D1	Elem Lunch	KETCHUP INDIVIDUAL	10	0	0	0	0	0	0	0	3	0	0	85	0
W1D1	Elem Lunch	DRESSING HONEY MUSTARD CUP	120	0	0	0	0	0	10	1.5	8	0	10	125	0
W1D1	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W1D1	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W1D1	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W1D1	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0
			Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat
W1D2	Elem Lunch	CHICKEN FAJITA- PEPPER ONION	147.6303	18.4796	79.2469	2.4548	1.2837	14.4662	4.3884	1.2223	2.1734	0.3659	69.6662	371.2627	0
W1D2	Elem Lunch	CHICK TACO MEAT (TYSON) 2015	220	26	300	0	1.08	0	11	4.5001	5	0	110	530.0001	0
W1D2	Elem Lunch	TURKEY & CHEESE SANDWICH	245	23.8	134.0001	0	0.7199	208	9.2999	4.5	18.65	2	68.4999	824.5	0
W1D2	Elem Lunch	SOUTHWEST SALAD	347.4729	17.6629	425.8624	34.1468	5.3468	113.5388	8.8412	3.059	48.4484	8.7357	15.1565	623.6073	0
W1D2	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W1D2	Elem Lunch	WHOLE KERNAL CORN (FROZEN)	94.7915	2.0224	245.3651	2.3323	0.3603	2.7527	2.1556	1.0421	15.015	2.002	4.393	0	0.3984
W1D2	Elem Lunch	Juice Brilliant Burst	59.9999	0	90	59.9999	0	0	6	0	14	0	0	24.9999	0
W1D2	Elem Lunch	STRAWBERRY CUPS (DoD)	90	0.9999	0	66	0.3599	20	0	0	22	2	0	0	0
W1D2	Elem Lunch	FRESH BANANA	110	1.0001	0	9	0.36	0	0	0	29	4	0	0	0
W1D2	Elem Lunch	Tostitos Chips (Elim; Mid)	120	2	0	0	0	23	4.5	0.5	18	2	0	100	0
W1D2	Elem Lunch	Tortilla WG 10'	180	5	0	6	0	0	4.5	1.5	29	3	0	250	0
W1D2	Elem Lunch	LETTUCE SHREDDED	0.8818	0	11.7578	0.2116	0	0	0	0	0.1764	0.0588	0	0.5879	0
W1D2	Elem Lunch	SOUR CREAM	25	2	200	0	0	60	0	0	4	0	0	30	0
W1D2	Elem Lunch	CHEESE SLICES (SHREDDED) 2015	70	7	0	0	0	0	4	2.5	2	0	15	210	0
W1D2	Elem Lunch	SALSA MILD THICK & CHUNKY	20	0	0	7.2	0	0	0	0	4	0	0	360	0
W1D2	Elem Lunch	SAUCE TACO	5	0	0	0	0	0	0	0	1	0	0	115	0
W1D2	Elem Lunch	MAYONNAISE REDC FAT REDC CALOR	40	0	100	0	0	0	4	0.5	1	0	5	90	0
W1D2	Elem Lunch	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65	0
W1D2	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W1D2	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W1D2	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W1D2	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0
			Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat
W1D3	Elem Lunch	SPAGHETTI & MEAT SAUC ELE	184.9665	10.8983	326.2186	9.5799	1.8661	31.7143	4.0059	1.4118	24.2143	1.9614	27.7311	146.2186	0
W1D3	Elem Lunch	STUFFED CRUST CHEZ PIZZA 2016	330	16	299.9999	0	2.7	299.9999	14	4.4999	36	2	15	840	0
W1D3	Elem Lunch	HAM AND CHEESE SANDWICH	272.2592	17.6888	133.9999	0	1.7956	268	8.2753	3.4877	34.6252	4	32.2531	1196.87	0
W1D3	Elem Lunch	CAESAR SALAD	586.0426	23.3517	536.835	38.706	7.3933	232.709	40.934	11.9465	36.1274	6.2117	132.6539	927.9182	1.95
W1D3	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W1D3	Elem Lunch	ROMAINE GARDEN SALAD-(DOD)	91.4428	1.9549	8047.493	14.7858	0.7717	44.72	7.2649	1.0365	6.4341	1.9841	5.0625	299.901	69.7647
W1D3	Elem Lunch	FROZEN STEAMED GREEN PEAS	114.2231	4.5899	2107.574	17.0314	1.635	23.8665	3.9086	2.4611	13.625	4.5417	10.3749	107.8649	0.941
W1D3	Elem Lunch	FRUIT PUNCH	52.9101	0	0	3.1746	0	0	0	0	12.3457	0	0	8.8183	0
W1D3	Elem Lunch	PEACH CUPS (DoD)	80	1	300	162	0.36	0	0	0	19	1	0	0	0
W1D3	Elem Lunch	GARLIC BREADSTICK 2015	110	3	0	2.4	1.08	0	4	1	17	2	0	230	0
W1D3	Elem Lunch	PARMESAN CHEESE PKTS. 2017	15	1	0	0	0	40	1	1	0	0	0	55	0
W1D3	Elem Lunch	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65	0
W1D3	Elem Lunch	MAYONNAISE REDC FAT REDC CALOR	40	0	100	0	0	0	4	0.5	1	0	5	90	0
W1D3	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W1D3	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W1D3	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W1D3	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0

			Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat
W1D4	Elem Lunch	MINI CORN DOGS 2015	249.9999	11	0	0	3.6	0	10	1.5	31	1	15	630	0
W1D4	Elem Lunch	CHICKEN POPCORN SMACKERS	293	18	167	0	2	18	17	3	17	3	81	487	0
W1D4	Elem Lunch	TURKEY & CHEESE SANDWICH	245	23.8	134.0001	0	0.7199	208	9.2999	4.5	18.65	2	68.4999	824.5	0
W1D4	Elem Lunch	(CHICKEN)CHEF SALAD/RANCH	630.1773	29.9761	4773.343	58.8595	7.4487	220.0506	35.2894	10.6565	57.0662	9.8728	71.6249	1364.783	14.33
W1D4	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W1D4	Elem Lunch	SIMPLOT-SPUDSTERS	177.5701	2.8037	0	0	0.4206	23.0374	6.5421	0.9346	27.1028	2.8037	0	448.5981	0
W1D4	Elem Lunch	CRINKLE CUT CARROTS	119.7732	2.0605	10092.27	4.7434	0.7114	81.0748	6.8039	4.2839	13.8352	5.9293	18.0598	118.5882	1.638
W1D4	Elem Lunch	FRESH APPLE (GALA)	80	0	100	4.9999	0.36	0	0	0	22.0001	5	0	0	0
W1D4	Elem Lunch	DICED PEARS (CN) W JUICE	59.9999	0	0	0	0	0	0	0	14	2.0001	0	10	0
W1D4	Elem Lunch	GARLIC BREADSTICK 2015	110	3	0	2.4	1.08	0	4	1	17	2	0	230	0
W1D4	Elem Lunch	DRESSING HONEY MUSTARD CUP	120	0	0	0	0	0	10	1.5	8	0	10	125	0
W1D4	Elem Lunch	KETCHUP INDIVIDUAL	10	0	0	0	0	0	0	0	3	0	0	85	0
W1D4	Elem Lunch	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65	0
W1D4	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W1D4	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W1D4	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W1D4	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0

			Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat
W1D5	Elem Lunch	FISH FILLET (2019)	290	15	0	0	1.08	20	15	7	22	2	55	600	0
W1D5	Elem Lunch	BBQ NICKS PULLED PORK	98.0343	13.2723	15.8363	0.1267	1.561	1.0558	4.3738	1.5836	1.4328	0	28.6562	262.4303	0
W1D5	Elem Lunch	HAM AND CHEESE HOAGIE	325.2593	20.4889	268	0	1.4355	296	14.5753	6.4877	30.2752	2.0001	44.7531	1303.37	0
W1D5	Elem Lunch	SOUTHWEST SALAD	347.4729	17.6629	425.8624	34.1468	5.3468	113.5388	8.8412	3.059	48.4484	8.7357	15.1565	623.6073	0
W1D5	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W1D5	Elem Lunch	NORTHERN BEAN	278.5301	9.8208	177.1166	1.9499	2.925	99.2009	6.5335	3.6145	40.6248	9.7499	15.2382	422.5001	1.3821
W1D5	Elem Lunch	COLE SLAW	87.568	0.3983	597.3662	11.9473	0.1434	15.9298	6.5672	1.194	5.5733	0.7964	2.9851	222.8903	0
W1D5	Elem Lunch	FRESH WATERMELON	21.7143	0.2714	271.4286	4.0714	0.1954	5.4286	0	0	7.3286	0.5429	0	2.7143	0
W1D5	Elem Lunch	TROPICAL FRUIT (CN)	90	0.85	0	0	0	0	0	0	22	1.9999	0	0	0
W1D5	Elem Lunch	MACARONI & CHEESE (2016)	208.3586	8.3154	421.3521	0.192	0.522	334.8519	12.7641	7.4334	14.23	0.5799	35.552	311.3632	266.0591
W1D5	Elem Lunch	BREAD/GRAIN BUNS HAMBURGER WW	130	5	0	0	1.44	40	1.5	0	24	2	0	260	0
W1D5	Elem Lunch	SAUCE TARTAR	40	0	0	0	0	0	3	0	3	0	5	100	0
W1D5	Elem Lunch	SAUCE BBQ	15	0	100	0.6	0	0	0	0	4	0	0	160	0
W1D5	Elem Lunch	KETCHUP INDIVIDUAL	10	0	0	0	0	0	0	0	3	0	0	85	0
W1D5	Elem Lunch	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65	0
W1D5	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W1D5	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W1D5	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W1D5	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0

			Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat
W2D1	Elem Lunch	PIZZA STUFFED CRUST/ PEPP 2016	330	16	299.9999	0	2.7	250	14	4.4999	36	2	20	880.0001	0
W2D1	Elem Lunch	CHICKEN RING THINGS	203.1317	18.2818	101.5658	0	1.4626	20.3131	10.1566	2.0313	14.2193	2.0313	55.8612	385.9502	0
W2D1	Elem Lunch	TURKEY & CHEESE SANDWICH	245	23.8	134.0001	0	0.7199	208	9.2999	4.5	18.65	2	68.4999	824.5	0
W2D1	Elem Lunch	CAESAR SALAD	586.0426	23.3517	536.835	38.706	7.3933	232.709	40.934	11.9465	36.1274	6.2117	132.6539	927.9182	1.95
W2D1	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W2D1	Elem Lunch	BAKED SMILES (POTATOES)	130	2	0	2.4	0.36	0	4.5	0.5	20	2	0	180	0
W2D1	Elem Lunch	FROZEN DUTCH BLEND	62.0558	1.3617	737.5136	28.0001	0	27.3471	2.2963	1.4459	5.6621	2.6667	6.0952	40.0001	0.5528
W2D1	Elem Lunch	GRAPE JUICE	80	0.8818	0	0	0	0	0	0	15.8731	0	0	15	0
W2D1	Elem Lunch	FRESH ORANGES	70	1.0001	100	78	0.36	60	0	0	21	7	0	0	0
W2D1	Elem Lunch	GARLIC BREADSTICK 2015	110	3	0	2.4	1.08	0	4	1	17	2	0	230	0
W2D1	Elem Lunch	MAYONNAISE REDC FAT REDC CALOR	40	0	100	0	0	0	4	0.5	1	0	5	90	0
W2D1	Elem Lunch	KETCHUP INDIVIDUAL	10	0	0	0	0	0	0	0	3	0	0	85	0
W2D1	Elem Lunch	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65	0
W2D1	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W2D1	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W2D1	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W2D1	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0

			Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat
W2D2	Elem Lunch	SALISBURY STEAK & GRAVY	223.5088	14	0	1.2001	1.8001	39.9999	14.5878	6	7.5263	1	45	514.5615	0
W2D2	Elem Lunch	CHICKEN BRD DRUMSTICK TYSON	190	16	100	0	1.08	20	11	2.5	5	1	50	450	0
W2D2	Elem Lunch	HAM AND CHEESE SANDWICH	272.2592	17.6888	133.9999	0	1.7956	268	8.2753	3.4877	34.6252	4	32.2531	1196.87	0
W2D2	Elem Lunch	(CHICKEN)CHEF SALAD/RANCH	630.1773	29.9761	4773.343	58.8595	7.4487	220.0506	35.2894	10.6565	57.0662	9.8728	71.6249	1364.783	14.33
W2D2	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W2D2	Elem Lunch	MASHED POTATOES (PEARLS) 2017	70	1	1.9	6.4	0.19	7.11	1	0	15	1	0	340	0
W2D2	Elem Lunch	GREEN BEANS 2015	60.0615	1.1192	340.5725	1.2821	0.3847	22.587	4.1129	2.5896	4.7005	2.1369	10.9168	149.5781	0.9902
W2D2	Elem Lunch	FRESH STRAWBERRIES (whole)	22.5	0.517	0	48	0.36	10	0	0	6.2041	2.068	0	0	0
W2D2	Elem Lunch	MIXED FRUIT (CN) W JUICE	70.0001	0	200.0001	1.2	0	0	0	0	18	1.0001	0	15	0
W2D2	Elem Lunch	MAS WG ROLL	140	5	0	0	1.44	20	2.5	1	32	7	5	80	0
W2D2	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W2D2	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W2D2	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W2D2	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0

			Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat
W2D3	Elem Lunch	BUFFALO CHICKEN WRAP	546.9932	25.6937	94.5601	2.3381	2.1245	40.3524	30.4712	5.2437	42.0037	3.4707	61.2061	902.5869	0
W2D3	Elem Lunch	HAM AND CHEESE HOAGIE	325.2593	20.4889	268	0	1.4355	296	14.5753	6.4877	30.2752	2.0001	44.7531	1303.37	0
W2D3	Elem Lunch	TURKEY & CHEESE SANDWICH	245	23.8	134.0001	0	0.7199	208	9.2999	4.5	18.65	2	68.4999	824.5	0
W2D3	Elem Lunch	CHIP DORITO NACHO RF WG	130	2	100	0	0.36	0	5	0.5	20	2	0	200	0
W2D3	Elem Lunch	SOUTHWEST SALAD	347.4729	17.6629	425.8624	34.1468	5.3468	113.5388	8.8412	3.059	48.4484	8.7357	15.1565	623.6073	0
W2D3	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W2D3	Elem Lunch	FRESH BABY CARROTS	120.445	1.0716	9785.374	1.9675	0.6733	36.9287	9.9863	1.5337	7.1527	2.1205	6.9769	258.8837	64.0355
W2D3	Elem Lunch	STEAM BROC FLORETS (DOD)	57.6799	2.8993	387.0918	74.3294	0.6862	39.0896	3.2805	2.0655	4.7511	2.8588	8.7075	23.8235	0.7897
W2D3	Elem Lunch	MANDARIN ORANGES/w/JUICE (CN)	80.0001	0	500.0001	21	0.3599	20	0	0	20	1	0	10.0001	0
W2D3	Elem Lunch	FRESH PEARS	100.0001	1	0	6.0001	0	20	1	0	24.9999	3.9999	0	0	0
W2D3	Elem Lunch	MAYONNAISE REDC FAT REDC CALOR	40	0	100	0	0	0	4	0.5	1	0	5	90	0
W2D3	Elem Lunch	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65	0
W2D3	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W2D3	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W2D3	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W2D3	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0

			Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat
W2D4	Elem Lunch	CHEESEBURGER (ADVANCE) 2015	293	21.8	234	0	3.24	208	10.8001	4.5	25.65	3	47.5	676.5001	0
W2D4	Elem Lunch	BEEF and Pork H-DOG/W/BU 2015	320	11	100	0	2.16	40	18.5	6	28	4	35.0001	430	0
W2D4	Elem Lunch	CHILI topping 2019	99.8772	9.3916	330.1988	2.1456	1.3116	14.4585	4.8535	1.8484	4.0854	0.3534	53.65	212.8885	19.533
W2D4	Elem Lunch	HAM AND CHEESE SANDWICH	272.2592	17.6888	133.9999	0	1.7956	268	8.2753	3.4877	34.6252	4	32.2531	1196.87	0
W2D4	Elem Lunch	CAESAR SALAD	586.0426	23.3517	536.835	38.706	7.3933	232.709	40.934	11.9465	36.1274	6.2117	132.6539	927.9182	1.95
W2D4	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W2D4	Elem Lunch	TATOR TRIANGLES	230	3.0001	0	3.6	0.72	0	10	1.5	31	3.0001	0	630.0001	0
W2D4	Elem Lunch	BAKED BEANS (hanover)	161.4697	6.4588	0	0	1.9376	64.5878	1.0764	0	32.2939	7.5352	5.3824	581.2909	0
W2D4	Elem Lunch	APPLESAUCE (CN)	100	0	0	2.4	0.36	0	0	0	25	2	0	5.0001	0
W2D4	Elem Lunch	FRESH ORANGES	70	1.0001	100	78	0.36	60	0	0	21	7	0	0	0
W2D4	Elem Lunch	CHEESE SLICES (SHREDDED) 2015	70	7	0	0	0	0	4	2.5	2	0	15	210	0
W2D4	Elem Lunch	MAYONNAISE REDC FAT REDC CALOR	40	0	100	0	0	0	4	0.5	1	0	5	90	0
W2D4	Elem Lunch	KETCHUP INDIVIDUAL	10	0	0	0	0	0	0	0	3	0	0	85	0
W2D4	Elem Lunch	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65	0
W2D4	Elem Lunch	PICKLE DILL SLICE	3	0	0	0.072	0	0	0	0	0.06	0	0	228	0
W2D4	Elem Lunch	LETTUCE SHREDDED	0.8818	0	11.7578	0.2116	0	0	0	0	0.1764	0.0588	0	0.5879	0
W2D4	Elem Lunch	TOMATO VINE RIPE 5X6	5.8333	0.1667	3.3333	6.6667	0.3333	0.3333	0	0	1.1667	0.1667	0	0.8333	0
W2D4	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W2D4	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W2D4	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W2D4	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0

			Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat
W2D5	Elem Lunch	CHILI	199.7544	18.7833	660.3976	4.2912	2.6232	28.9171	9.707	3.6968	8.1707	0.7067	107.3	425.7769	39.0659
W2D5	Elem Lunch	Pizza Chicken Quesadilla	320.0001	18	300	0	2.7001	200	10.9999	10.9999	38.0001	4	19.9999	770	0
W2D5	Elem Lunch	TURKEY & CHEESE SANDWICH	245	23.8	134.0001	0	0.7199	208	9.2999	4.5	18.65	2	68.4999	824.5	0
W2D5	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W2D5	Elem Lunch	(CHICKEN)CHEF SALAD/RANCH	630.1773	29.9761	4773.343	58.8595	7.4487	220.0506	35.2894	10.6565	57.0662	9.8728	71.6249	1364.783	14.33
W2D5	Elem Lunch	SIMPLOT-INFINITY FRIES	130	2	0	0.6	0.36	20	4	0.5	23	2	0	350	0
W2D5	Elem Lunch	WHOLE KERNAL CORN (FROZEN)	94.7915	2.0224	245.3651	2.3323	0.3603	2.7527	2.1556	1.0421	15.015	2.002	4.393	0	0.3984
W2D5	Elem Lunch	FRESH CANTALOUPE	29.1045	0.5821	2910.448	27.9403	0.2096	11.6418	0	0	6.9851	0.5821	0	14.5522	0
W2D5	Elem Lunch	MIXED BERRY CUPS (DoD)	90	0	0	0	0	0	0	0	20	2	0	0	0
W2D5	Elem Lunch	GARLIC BREADSTICK 2015	110	3	0	2.4	1.08	0	4	1	17	2	0	230	0
W2D5	Elem Lunch	CHEESE SLICES (SHREDDED) 2015	70	7	0	0	0	0	4	2.5	2	0	15	210	0
W2D5	Elem Lunch	MAYONNAISE REDC FAT REDC CALOR	40	0	100	0	0	0	4	0.5	1	0	5	90	0
W2D5	Elem Lunch	KETCHUP INDIVIDUAL	10	0	0	0	0	0	0	0	3	0	0	85	0
W2D5	Elem Lunch	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65	0
W2D5	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W2D5	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W2D5	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W2D5	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0

			Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat
W3D1	Elem Lunch	RCS FAMOUS CK/VEG BOWL 2016	578.1249	36.7248	196.0101	8.7299	1.9899	9.37	20.2251	4.5001	60.1748	4	65.0001	1591.5	0
W3D1	Elem Lunch	PEPPER JACK ENCHILADAS	176.03	7.52	403.34	0	1.18	201.44	9.33	5.1	15.85	0.5	20.98	320.46	0
W3D1	Elem Lunch	HAM AND CHEESE SANDWICH	272.2592	17.6888	133.9999	0	1.7956	268	8.2753	3.4877	34.6252	4	32.2531	1196.87	0
W3D1	Elem Lunch	SOUTHWEST SALAD	347.4729	17.6629	425.8624	34.1468	5.3468	113.5388	8.8412	3.059	48.4484	8.7357	15.1565	623.6073	0
W3D1	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W3D1	Elem Lunch	MASHED POTATOES (PEARLS) 2017	70	1	1.9	6.4	0.19	7.11	1	0	15	1	0	340	0
W3D1	Elem Lunch	WHOLE KERNAL CORN (FROZEN)	94.7915	2.0224	245.3651	2.3323	0.3603	2.7527	2.1556	1.0421	15.015	2.002	4.393	0	0.3984
W3D1	Elem Lunch	TROPICAL FRUIT (CN)	90	0.85	0	0	0	0	0	0	22	1.9999	0	0	0
W3D1	Elem Lunch	FRESH APPLE (GALA)	80	0	100	4.7999	0.36	0	0	0	22.0001	5	0	0	0
W3D1	Elem Lunch	MAS WG ROLL	140	5	0	0	1.44	20	2.5	1	32	7	5	80	0
W3D1	Elem Lunch	MAYONNAISE REDC FAT REDC CALOR	40	0	100	0	0	0	4	0.5	1	0	5	90	0
W3D1	Elem Lunch	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65	0
W3D1	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W3D1	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W3D1	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W3D1	Elem Lunch	MILK HALF PINT SKIM	89.9999	7											

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat	
W3D2	Elem Lunch	BBQ NICKS PULLED PORK	98.0343	13.2723	15.8363	0.1267	1.561	1.0558	4.3738	1.5836	1.4328	0	28.6562	262.4303	0
W3D2	Elem Lunch	TACO SOUP (2019)	252.8964	18.506	879.9196	11.4347	4.6258	94.6793	2.455	0.6607	34.4517	8.3767	36.9231	656.8307	62.1342
W3D2	Elem Lunch	TURKEY & CHEESE SANDWICH	245	23.8	134.0001	0	0.7199	208	9.2999	4.5	18.65	2	68.4999	824.5	0
W3D2	Elem Lunch	CAESAR SALAD	586.0426	23.3517	536.835	38.706	7.3933	232.709	40.934	11.9465	36.1274	6.2117	132.6539	927.9182	1.95
W3D2	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W3D2	Elem Lunch	CELERY STICKS-W-RANCH	112.3054	1.7291	456.1558	2.7914	0.0425	58.6932	9.8941	1.5195	1.3127	1.1763	6.9769	281.379	0
W3D2	Elem Lunch	Juice Power Punch	59.9999	0	50	59.9999	0	0	0	0	15	0	0	15	0
W3D2	Elem Lunch	PEACHES (CN) W JUICE	70.0001	0	300	1.2	0	0	0	0	17	0.5	0	10	0
W3D2	Elem Lunch	FRESH RED GRAPES (DOD)	30.82	0.2898	46	1.84	0.1334	6.44	0.161	0.0524	7.889	0.414	0	0.92	37.398
W3D2	Elem Lunch	Tostitos Chips (Elm; Mid)	120	2	0	0	0	23	4.5	0.5	18	2	0	100	0
W3D2	Elem Lunch	SALSA MILD THICK & CHUNKY	20	0	0	7.2	0	0	0	0	4	0	0	360	0
W3D2	Elem Lunch	SOUR CREAM	25	2	200	0	0	60	0	0	4	0	0	30	0
W3D2	Elem Lunch	CHEESE SLICES (SHREDDED) 2015	70	7	0	0	0	0	4	2.5	2	0	15	210	0
W3D2	Elem Lunch	MAYONNAISE REDC FAT REDC CALOR	40	0	100	0	0	0	4	0.5	1	0	5	90	0
W3D2	Elem Lunch	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65	0
W3D2	Elem Lunch	SAUCE BBQ	15	0	100	0.6	0	0	0	0	4	0	0	160	0
W3D2	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W3D2	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W3D2	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W3D2	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat	
W3D3	Elem Lunch	BOSCO STICK CHEESE 6'	280	18	400	0	2.16	400	10	5	30	2	30	420.0001	0
W3D3	Elem Lunch	PIZZA STUFFED CRUST/ PEPP 2016	330	16	299.9999	0	2.7	250	14	4.4999	36	2	20	880.0001	0
W3D3	Elem Lunch	HAM AND CHEESE SANDWICH	272.2592	17.6888	133.9999	0	1.7956	268	8.2753	3.4877	34.6252	4	32.2531	1196.87	0
W3D3	Elem Lunch	(CHICKEN)CHEF SALAD/RANCH	630.1773	29.9761	4773.343	58.8595	7.4487	220.0506	35.2894	10.6565	57.0662	9.8728	71.6249	1364.783	14.33
W3D3	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W3D3	Elem Lunch	SHAKER SALADS	91.4428	1.9549	8047.493	14.7858	0.7717	44.72	7.2649	1.0365	6.4341	1.9841	5.0625	299.901	69.7647
W3D3	Elem Lunch	SQUASH & ZUCCHINI (DOD)	8.7865	0.2996	32.5839	2.268	0.0999	6.469	0.4179	0.2575	1.0737	0.3698	1.1025	1.7683	0.0901
W3D3	Elem Lunch	FRESH BANANA	110	1.0001	0	9	0.36	0	0	0	29	4	0	0	0
W3D3	Elem Lunch	DICED PEARS (CN) W JUICE	59.9999	0	0	0	0	0	0	0	14	2.0001	0	10	0
W3D3	Elem Lunch	MAYONNAISE REDC FAT REDC CALOR	40	0	100	0	0	0	4	0.5	1	0	5	90	0
W3D3	Elem Lunch	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65	0
W3D3	Elem Lunch	SAUCE MARINARA CUP	49.3827	0.9876	0	4.7407	0.3555	0	2.963	0.4938	5.9259	0	0	167.9012	0
W3D3	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W3D3	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W3D3	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W3D3	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat	
W3D4	Elem Lunch	BD CHICK SAND FILET(TYSON)2015	360	27	0	0	2.88	60	11.5	1.9999	38	3.0001	50.0001	640	0
W3D4	Elem Lunch	Hot Honey Sloppy Joe 2019	258	15.9999	698	14	2	36	14	5	20	2	46	892	0
W3D4	Elem Lunch	TURKEY & CHEESE SANDWICH	245	23.8	134.0001	0	0.7199	208	9.2999	4.5	18.65	2	68.4999	824.5	0
W3D4	Elem Lunch	SOUTHWEST SALAD	347.4729	17.6629	425.8624	34.1468	5.3468	113.5388	8.8412	3.059	48.4484	8.7357	15.1565	623.6073	0
W3D4	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W3D4	Elem Lunch	FRZ STEAMED PEAS & CARROTS	70.7785	2.8485	7589.218	8.426	1.0111	19.6794	3.2229	2.0293	8.426	2.8086	8.5547	65.5355	0.7759
W3D4	Elem Lunch	Sweet Potatoe Lattice	283.1501	2.0226	404.5	2.4269	0.8089	40.45	14.1575	2.0226	36.4049	4.0449	0	343.8251	0
W3D4	Elem Lunch	PINEAPPLE TIBITS (CN) W JUICE	70	0	0	6	0.36	20	0	0	16	1	0	0	0
W3D4	Elem Lunch	FRESH APPLE (GALA)	80	0	100	4.7999	0.36	0	0	0	22.0001	5	0	0	0
W3D4	Elem Lunch	BREAD/GRAIN BUNS HAMBURGER WW	130	5	0	0	1.44	40	1.5	0	24	2	0	260	0
W3D4	Elem Lunch	KETCHUP INDIVIDUAL	10	0	0	0	0	0	0	0	3	0	0	85	0
W3D4	Elem Lunch	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65	0
W3D4	Elem Lunch	PICKLE DILL SLICE	3	0	0	0.072	0	0	0	0	0.06	0	0	228	0
W3D4	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W3D4	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W3D4	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W3D4	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0

		Calories	Protein	Vitamin A	Vitamin C	Iron	Calcium	Total Fat	Sat Fat	Carbs	Fiber	Cholesterol	Sodium	Trans Fat	
W3D5	Elem Lunch	CHICKEN POPCORN SMACKERS	293	18	167	0	2	18	17	3	17	3	81	487	0
W3D5	Elem Lunch	TOASTED GRILLED CHEESE SAND.	453.6479	17.3134	819.3866	0	1.4401	714.7216	28.3854	15.7835	34.6	4	74.3809	865.9999	2.2113
W3D5	Elem Lunch	HAM AND CHEESE SANDWICH	272.2592	17.6888	133.9999	0	1.7956	268	8.2753	3.4877	34.6252	4	32.2531	1196.87	0
W3D5	Elem Lunch	CAESAR SALAD	586.0426	23.3517	536.835	38.706	7.3933	232.709	40.934	11.9465	36.1274	6.2117	132.6539	927.9182	1.95
W3D5	Elem Lunch	YOGURT PARFAIT STRWBRYw/granol	378.9999	9.2198	1300	1.7341	0.4806	199.9998	4.1785	1.4398	76.1101	3.7799	5.0002	190.9998	0
W3D5	Elem Lunch	FRESH BROCC FLORET/RANCH (DOD)	80.4044	2.156	114.3529	29.7318	0.2745	35.4971	7.0875	1.0125	3.5497	1.1435	5.0625	282.9044	0
W3D5	Elem Lunch	PINTO BEANS	154.9576	6.6752	76.591	0	1.9136	80.4699	3.1469	1.5632	22.913	11.9602	6.5894	186.047	0.5976
W3D5	Elem Lunch	MIXED FRUIT (CN) W JUICE	70.0001	0	200.0001	1.2	0	0	0	0	18	1.0001	0	15	0
W3D5	Elem Lunch	GRAPE JUICE	80	0.8818	0	0	0	0	0	0	15.8731	0	0	15	0
W3D5	Elem Lunch	GARLIC BREADSTICK 2015	110	3	0	2.4	1.08	0	4	1	17	2	0	230	0
W3D5	Elem Lunch	MAYONNAISE REDC FAT REDC CALOR	40	0	100	0	0	0	4	0.5	1	0	5	90	0
W3D5	Elem Lunch	KETCHUP INDIVIDUAL	10	0	0	0	0	0	0	0	3	0	0	85	0
W3D5	Elem Lunch	MUSTARD INDIVIDUAL	5	0	0	0	0	0	0	0	0	0	0	65	0
W3D5	Elem Lunch	MILK HALF PINT 1% SWEET	110	7.9999	500.0001	2.4	0	299.9999	2.5	1.5001	12.9999	0	10.0001	129.9999	0
W3D5	Elem Lunch	Choc milk 1% half pint	140	7.9999	749.9999	0	0	250.0001	2.5	1.5001	19.9999	0	15.0001	180	0
W3D5	Elem Lunch	MILK HALF PINT STRAWBERRY	110	7.9999	1750	1.2	0	299.9999	0	0	18.9999	0	5	124.9999	0
W3D5	Elem Lunch	MILK HALF PINT SKIM	89.9999	7.9999	500.0001	2.4	0	299.9999	0	0	12.9999	0	5	129.9999	0