

# DECEMBER 2018

## BEARS' DEN CAFÉ

All meals are to be paid for in advance. Lunch \$2.90/ \$14.50 per week

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Dogs Baked Beans Corn <b>3</b>	Mozzarella Stuffed Cheese Sticks with Dipping Sauce Green Beans <b>4</b>	<b>FULL BELLLY DELI</b> <b>5</b> A variety of Yummy Sandwiches to choose from Chips and Carrots	Turkey Casserole Cranberry Sauce Dinner Roll <b>6</b>	<b>FRIDAY PIZZA</b> <b>7</b> <b>PARTY</b> A Variety of Yummy Pizzas to Choose From
Shepherd's Pie Biscuits <b>10</b>	Pulled Pork Sandwich Corn <b>11</b>	<b>SUB STATION</b> <b>12</b> Your Choice of "Rockin" Subs! Carrots/Celery Sticks in a Cup With Dip	Beefy Nachos Salsa, Sour Cream Corn Seasoned Beans <b>13</b>	<b>FRIDAY PIZZA</b> <b>14</b> <b>PARTY</b> A Variety of Yummy Pizzas to Choose From Popcorn
Chicken Nuggets Smiley Potatoes Goldfish Crackers <b>17</b>	Sloppy Joes On a Bun Green Beans <b>18</b>	<b>FULL BELLLY DELI</b> <b>19</b> A variety of Tasty Sandwiches to choose from Chips and Carrots	Salisbury Steak Gravy Mashed Potatoes <b>20</b>	<b>FRIDAY PIZZA</b> <b>21</b> <b>PARTY</b> A Variety of Yummy Pizzas to Choose From Dorritos Celery Sticks
 <b>24</b>	<b>25</b> HAVE A	<b>26</b> GREAT	<b>27</b> VACATION!	 <b>28</b>
 <b>31</b>				



All meals are served with Fruit, Salad and/or Vegetable. Ice cold milk served with every meal. All breaded chicken products used are whole grain and whole muscle, real meat. Our ketchup and tomato products do not contain high fructose corn syrup. All breads, pastas and cereals are whole grain. Questions about the menu or a student balance? Contact Linda Mailhot 422-2017 ext. 119 or lmailhot@rsu24.org During the fall harvest months, we may change the menu to accommodate weekly harvest availability. MENU IS SUBJECT TO CHANGE WITHOUT

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