



Monday	Tuesday	Wednesday	Thursday	Friday
Animal Crackers 1% White Milk 3	String Cheese Ritz Crackers 4	Simply Chex Cheddar 100%Grape Juice 5	Dannon Nonfat Creamy Yogurt Diced Peaches 6	No Program 7
Graham Crackers Fresh Apple slices 10	WG Cheez Its Apple Juice 11	Cheddar Cheese Slice Ritz Crackers 12	Baby Carrots w/ Ranch Applesauce Cup 13	No Program 14
WG Cheddar Goldfish 100%Grape Juice 17	String Cheese Ritz Crackers 18	WG Pretzels 1% White Milk 19	Dannon Nonfat Creamy Yogurt Pineapple Tidbits 20	No School 21
No School 24	No School 25	No School 26	No School 27	No School 28
No School 31				



Thought for Thought

To win without risk is to triumph without glory. - Pierre Corneille

Tips & Information

The oldest pair of skates known date back to about 3000 B.C., found at the bottom of a lake in Switzerland. The skates were made from the leg bones of large animals, holes were bored at each end of the bone and leather straps were used to tie the skates on. Around the 14th Century, the Dutch started using wooden platform skates with flat iron bottom runners. The skates were attached to the skater's shoes with leather straps.

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"or:" = An alternative selection to choose. "WG"=Whole Grain 1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****

This institution is an equal opportunity provider.

