

2018		October			Wolf Bistro Breakfast	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
01	02	03	04	05		
Breakfast Burrito with Eggs, Potatoes, Onions and Green Peppers Seasonal Fruit (GF) Assorted Cereal (GF)	Scratch Pancakes Real Maple Syrup Seasonal Fruit (GF) Assorted Cereal (GF)	Green Eggs and Ham (GF) Seasonal Fruit (GF) Assorted Cereal (GF)	Homemade Banana Muffins String Cheese Seasonal Fruit (GF) Assorted Cereal (GF)	Mixed Berries and Yogurt Smoothies (GF) Seasonal Fruit (GF) Assorted Cereal (GF)		
08	09	10	11	12		
Breakfast Burrito with Eggs, Potatoes, Onions and Green Peppers Seasonal Fruit (GF) Assorted Cereal (GF)	Homemade Cinnamon Rolls Seasonal Fruit (GF) Assorted Cereal (GF)	Berry Parfait Cinnamon Granola (GF) Seasonal Fruit (GF) Assorted Cereal (GF)	Scrambled Eggs Home Fries (GF) w/roll Seasonal Fruit (GF) Assorted Cereal (GF)	Homemade Blueberry Muffins String Cheese Seasonal Fruit (GF) Assorted Cereal (GF)		
15	16	17	18	19		
Breakfast Burrito with Eggs, Potatoes, Onions and Green Peppers Seasonal Fruit (GF) Assorted Cereal (GF)	Scratch Pancakes Real Maple Syrup Seasonal Fruit (GF) Assorted Cereal (GF)	Green Eggs and Ham (GF) Seasonal Fruit (GF) Assorted Cereal (GF)	Homemade Banana Muffins String Cheese Seasonal Fruit (GF) Assorted Cereal (GF)	<b>NO SCHOOL</b>		
22	23	24	25	26		
Breakfast Burrito with Eggs, Potatoes, Onions and Green Peppers Seasonal Fruit (GF) Assorted Cereal (GF)	Homemade Cinnamon Rolls Seasonal Fruit (GF) Assorted Cereal (GF)	Berry Parfait Cinnamon Granola (GF) Seasonal Fruit (GF) Assorted Cereal (GF)	Scrambled Eggs Home Fries (GF) w/roll Seasonal Fruit (GF) Assorted Cereal (GF)	Homemade Blueberry Muffins String Cheese Seasonal Fruit (GF) Assorted Cereal (GF)		
29	30	31	01	02		
Breakfast Burrito with Eggs, Potatoes, Onions and Green Peppers Seasonal Fruit (GF) Assorted Cereal (GF)	Scratch Pancakes Real Maple Syrup Seasonal Fruit (GF) Assorted Cereal (GF)	Green Eggs and Ham (GF) Seasonal Fruit (GF) Assorted Cereal (GF)	Homemade Banana Muffins String Cheese Seasonal Fruit (GF) Assorted Cereal (GF)	Mixed Berries and Yogurt Smoothies (GF) Seasonal Fruit (GF) Assorted Cereal (GF)		
October 12th - Middle School Conferences No Classes at MS October 19th No School both HS/MS October 24th - Keith King Day		<b>Breakfast Served 7:25 - 7:50 AM High School: 7:30-7:50 Middle School</b> Student Meal: \$2.50 Free and Reduced: \$0.00 Adult: \$2.50 Available Daily: Gluten Free and Vegetarian Options, Organic Fruits and Vegetables Beverage Options: Water, 1% Milk and Fat Free Chocolate Milk				

Financial Assistance is available. Please visit [myschoolapps.com](http://myschoolapps.com) and complete the Free and Reduced application, choose "Pinnacle School Food Authority" as your district. Also visit [myschoolbucks.com](http://myschoolbucks.com) to add money to your meal account. Questions? Contact [Jeannine.davison@coloradoearlycolleges.org](mailto:Jeannine.davison@coloradoearlycolleges.org)